

招商信诺寰球至尊高端个人医疗保险(A 款)条款阅读指引 The Reading Guide to CIGNA&CMC Individual Private Medical Insurance (A) Provision

本阅读指引帮助您理解条款,若与条款冲突,以条款为准。

This guide intends to help you better understand the following policy provision. In the case of any conflicts with the policy provision, the policy provision should always be valid and binding.

✓ 您所拥有的重要权益

Highlight of Your Rights

1. 本保险合同的保障人员为国籍国在大中华地区的被保险人,或者国籍国曾经在大中华地区 并且投保时在大中华地区有固定住所的被保险人。

This policy only covers beneficiaries whose country of nationality is in Great China, or beneficiaries who have ever had country of nationality in Great China and have permanent adobe in Great China while application.

若本保险合同不符合您的需求或期望,您可以在收到保险合同并书面签收之日起 10 天内联系我方解除本保险合同。如果尚未发生理赔、付款担保或付款预授权,我方将无息全额退还您方已交纳的全部保险费。粗体词汇的理解请见释义。

If the policy does not meet your needs, or has not been issued in accordance with your intention, you may ask us to cancel it within ten (10) days upon your receipt of your certificate of insurance. If no claims have been made, and no guarantees of payment or prior approvals have been put in place, we will refund any premium which has been paid and without accrued interest. Words and phrases in bold have the meanings given to them in 'Definitions'.

2. 被保险人可以享受本保险合同提供的保障。 Beneficiaries are covered by the benefits on the policy.

✓ 您应特别注意的事项

Matters for attention

- 1. 请您注意理解各项保险责任的保障内容,相应选择您的保障计划。
 Please make sure you know all benefits, and decide your insurance coverage accordingly.
- 2. 请您留意关于保险金给付限额和条件的条款。

Please pay attention to the provisions about the limits and conditions of cover.

- 3. 请您留意责任免除条款,尤其是已加下划线的免除或限制我方责任的条款。
 Please pay attention to the provisions about exclusions, especially those having been underlined.
- 4. 请您留意保险合同中关于保险期间及合同效力终止的条款。

Please pay attention to the provisions about period of cover and policy termination.

- 5. 请您留意续保的条件,如果您方不愿意续保,请在保单周年日前通知我方。
 Please pay attention to the renewal conditions. If you decide not to renew, please inform us prior to your policy anniversary.
- 6. <u>请您留意一些重要术语的定义,如"常住国"、"日间病房治疗"、"专科医生"、"执业医</u>生"等。

<u>Please pay attention to the definitions of some key terms, such as "country of habitual residence"</u>, "day case treatment", "specialist", "medical practitioner" and etc.

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第一章 一般条款及规定 Section 1 - General Terms and Conditions

1. 保险双方协议 Insurance agreement

根据本**保险合同**载明的各条款、赔付条件、赔付限额、责任免除等条款, 我方将支付在本**保险合同保险期间**内、**所选择保险区域**内被**保险人**发生损 伤、疾病、怀孕及分娩而产生的医疗费用及相关费用,在扣除相应**免赔额** 后,以相应赔付限额为限。

Subject to the terms, conditions, limits and exclusions set out in this **policy**, **Cigna** shall reimburse medical and related expenses relating to **treatment** provided within the **selected area of coverage** for **injury**, **sickness**, and medical conditions relating to pregnancy and childbirth. The **treatment** must occur during the **period of cover**, in excess of the **deductible** and up to the limits of cover.

2. 保单合同构成 Policy constitution

- **2.1** 本**保险合同**由投保**申请、保险凭证、保险条款**等其他文件组成,请注意详细阅读。
 - This **policy** consists of **your application**, **your certificate of insurance** and this **provision**. They constitute the entire contract between **us** and **you**. **You** should read them carefully.
- 2.2 如果在你发出**申请**到**保单生效时间**前,**您方的**健康与医疗情况发生 了变化,不同于投保时的健康告知,**您方**应告知**我方**。**我方**将重新 审核**您方的**投保**申请**,并可能增加(额外的)特别责任免除,或重 新评估是否承保。

You must let **us** know of any change in **your** medical condition which occurs between the date of **your application** and the **start time** of **your policy**. **We** will then review **your application** and may need to apply (additional) special exclusions or review coverage acceptance.

3. 保险责任生效 When does the cover begin?

3.1 **保险责任**将于**保险凭证**首页所载**生效时间**起生效,该**保险凭证**将发送给**您方**。如果续保的,**年度续保日**也为每年对应的此日期,如当月无对应的日期,则以该月的最后一日计算。

The cover will begin on the **start time** shown on the first **certificate of insurance** which **we** send to **you**. If the **policy** is renewed, the **annual renewal date** will fall on this date each year.

3.2 如**您方**选择为其他**被保险人**购买本**保险责任**,该**被保险人**保障的**生 效时间**为其所在**保险凭证**首页载明的时间,该**保险凭证**将发送给**您 方**。

If you choose to buy cover for any additional beneficiaries, their cover will begin on the start time shown on the first certificate of insurance on which they are listed, which we send to you.

3.3 请**您**务必及时向**我方**告知在**申请**日与接受承保条件日之间**您方**所发生的任何医疗情况变化**,我方**将重新审核**您方的申请**,并可能增加特别责任免除、或重新评估是否承保。

It is important that **you** notify **us** immediately of any change in **your** medical condition which occurs between **your application** and **your** acceptance of the **policy**. **We** will then review **your application** and may need to apply (additional) special exclusions or review coverage acceptance.

4. 保险责任终止 When does the cover end?

- 4.1 本保险合同为一年期保险合同。即:除非本保险合同提前终止或本保险合同续保,保险责任将在保单终止日终止。
 - This policy is an annual contract. This means that, unless it is terminated

earlier or renewed, the cover will end on the end day.

4.2 在下列情况下,**保险责任**自动终止:
Cover will automatically end for any **beneficiary** if:

4.2.1 被保险人死亡(虽然有些责任在其死亡后仍可获赔偿,如医疗运送回国及遗体运送回国),对该被保险人的保险责任终止;或

the **beneficiary** dies (although any **benefits** which may be payable after death, such as repatriation of mortal remains, will still be paid) ,the insurance liabilities for the corresponding insured will terminate; or

4.2.2 本**保险合同**被终止。**您方**及**我方**可终止本**保险合同**的情形请见第 12 条。

the **policy** is terminated. The circumstances in which **you** or **we** can terminate the **policy** are explained in **provision** 12.

4.3 如果**投保人**死亡,所有**被保险人**的保障将在**投保人**已缴**保险**费所对应的期间届满时终止。在这样的情况下,**我方**将尝试联系本保单下的所有**被保险人**,允许他们选择其中的一位作为新的**投保人**、如此则所有**被保险人**的保障将延续到**保单终止日**。如果**被保险人**确实希望延续保障,他们必须在 30 天内书面确认他们同意延续。如果**被保险人**不希望,所有**被保险人**保障将在**投保人**已缴**保险**费所对应的期间届满时即行终止;**我方**将不支付保障终止日及以后发生的医疗费用及服务。

If you die, cover will end for all beneficiaries when the insured period corresponding the premiums having been paid by you ends. If this happens, we will try to contact any other beneficiaries who are covered under this policy, and offer them the opportunity to continue the cover until the end date, with one of them taking over as policyholder. If the beneficiary does wish to continue the cover, they must respond, in writing, within 30 days, to confirm their acceptance. If they do not do so, all cover will end when the insured period corresponding the premiums having been paid by you ends, and we will not make any payments in relation to treatment or services which are received on or after the date on which the cover ends.

4.4 如果在**保险**终止日前本**保险合同**提前终止,只要**被保险人**在终止日前没有进行理赔、**付款担保**或预先批准,我方将向**您方**退还**未满期净保费**。

If this **policy** ends before the normal **end date**, **unearned net premium** will be refunded on a pro rata basis, so long as no claims have been made and no **guarantees of payment** or prior approvals have been put in place during the **period of cover**.

- 5. 保险合同续保 How is the policy renewed?
- 5.1 **我方**将在本**保单终止日**前至少一个月前书面询问**您**是否希望续保当前保单。**我方**将同时告知**您**续保后保费的变化及续保的承保条件。 **We** will write to **you** at least one month before the **end date** and ask **you** whether **you** want to renew the cover **you** currently have. **We** will also inform **you** of any changes to the premiums or terms and conditions which would apply on renewal.
- 5.2 如果**您方**同意续保,**您方**无需给予任何反应,**您**的保障将延续 12 个月。续保所依据的是在续保时**我方**生效的术语定义、**保险条款**、保障利益等。如果**我方**不同意继续承保,**我方**将根据后面 12.6 条款通知**您方**。如果**您方**不同意续保,**您方**须在**保单终止日**前至少 7 天通知**我方**。

If you choose to renew, you do not need to do anything, and your cover will

be renewed automatically for another 12 months. Renewal is subject to the definitions, **benefits** and terms of the **provision** in force at the time of renewal. If **we** are unable to renew **your** cover, **we** will give **you** notice as described in paragraph 12.6. If **you** do not want to renew **your** cover, **you** must let **us** know at least seven days before **your policy end date**.

- 5.3 如果**您方**不同意续保,本**保险合同**将不延续。本**保险合同**符合条件 的各**被保险人**可以**申请**为自己投保。**我方**将个别审核,分别告知他 们**我方**是否同意承保及承保条件。
 - If you do not renew your cover, the policy will not be renewed. Any beneficiaries who have been covered under the policy can apply for their own cover. We will consider their applications individually, and inform them whether, and on what terms, we are willing to offer them such cover.
- <u>6.</u> 被保障人员 Who is covered?
- A保险合同的保障人员为国籍国在大中华地区的被保险人,或者国籍国曾经是在大中华地区并且投保时在大中华地区有固定住所的被保险人。在本保险合同下被保险人与受益人为同一人。
 This policy only cover beneficiaries whose country of nationality is in Great China, or beneficiaries who have ever had country of nationality in Great China and have permanent adobe in Great China while application. Under this policy, beneficiary is the same person as the insured person.
- 6.2 **您方**可以酌情同时为其他人员投保;如果这样,**您方**需要把相应**被保险人**添加在投保**申请**中。经**我方**审核同意后,该**被保险人**姓名将载于**保险凭证**上,**您方**将可能承担额外的**保险**费,**我方**可能对新增人员适用特别责任免除。
 - You may arrange cover for other people at our discretion. In order to do so, you must include them in your application. If we agree to cover them, we will include their names on your certificate of insurance. Additional premium may be payable, and special exclusions may be applied in relation to them.
- **悠方**可能为他人投保,却不为**您**本人投保。如果这样,**您方**将作为**投保人**并承担交纳本**保险合同保险**费及其他所有本**保险合同**规定的责任,但不享有**保险**保障。所有的**申请**须经医疗核保,**我方**将向**您**方告知**我方**对**保险凭证**上列明的**被保险人**的承保条件。
 It is possible for **you** to take out cover for other people, whilst not taking out cover for **your**self. In this situation, **you** will be the **policyholder**, and will be responsible for payment of premiums and all other obligations under the **policy**, but will not be covered. All **applications** will be subject to medical underwriting and **we** will let the **policyholder** know the terms that will apply to any **beneficiary** named on the **certificate of insurance**.
- 6.4 投保年龄与年龄误告的处理 Issue age and how to deal with incorrectness of age
 - 6.4.1 被保险人在其最初生效时的年龄上限为 70 周岁。并且,如果在某被保险人最初生效时,已经包含或即将同时包含在同一保险合同下的所有被保险人的年龄不超过 18 周岁,该被保险人在其最初生效时的年龄下限为出生后 30 天。投保申请上填写的各被保险人的出生日期以其有效身份证件为准。One beneficiary's oldest age at his initial start time is 70 years old. Besides, at one beneficiary's initial start time, if all beneficiary(ies) which have been covered or will be simultaneously covered under the same policies are less than 18 years old, this beneficiary's youngest age at his initial start time is 30 days of birth. The birth date of beneficiary(ies) on your application should be based upon

effective identity card.

6.4.2 如**您方**申报的**被保险人**年龄不真实,并且其真实年龄不符合本保险合同约定投保年龄限制的,我们有权解除**保险合同**,并向**您方**退还**未满期净保费。我方**行使**保险合同**解除权,该解除权自**我方**知道有解除事由之日起超过 30 日不行使而消灭

If **you** provide **us** with an incorrect date of birth and the real age does not comply with the eligibility requirements of this **policy**, **we** have the right to cancel this **policy**. In this situation, **we** shall refund the **unearned net premium**. The right to cancel the **policy** will be rescinded after 30 days starting from the day **we** notice this error.

6.4.3 如**您方**申报的**被保险人**年龄不真实,致使实付**保险**费少于应付**保险**费的,我们有权更正并要求**您方**补缴**保险**费。若已经发生**保险**事故,**我方**有权在给付**保险**金时按实付**保险**费和应付**保险**费的比例给付。

If **you** provide an incorrect date of birth, which directly leads to a lower premium than it should, **we** have the right to make the correction and charge the additional payment for premium difference. In such cases, **we** will pay **benefits** on a proportional basis (according to the difference between the true and incorrect premium) for any **insurance** event prior to the date of correction.

- 6.4.4 如**您方**申报的**被保险人**年龄不真实,致使实付**保险**费多于应付**保险**费的,**我方**会将多收的**保险**费无息退还给**您**。
 If **you** provide an incorrect date of birth, which directly leads to higher premium than it should be, **we** will refund the difference without interest.
- 7. 增減被保险人 Add or remove beneficiaries
- 7.1 除非发生**重大人生事件,您方**仅可在每一**保险期间**终止时增加或减少被保险人。例如,**您方的保险凭证**所载**生效时间**为 1 月 1 日,您方仅能在下一年度的 1 月 1 日增加或减少被保险人。 Unless there has been a relevant **qualifying life event**, **you** may add or remove a **beneficiary** only when **you** are renewing the cover at the end of an annual **period of cover**. For example, if the **start time** shown on **your certificate of insurance** is appointed within 1 January, **you** may only add or

remove a new **beneficiary** with effect from 1 January the following year.

7.2 如果已发生**重大人生事件**,**您方**将可在**保险期间**中途增加或减少因 受**重大人生事件**影响的**被保险人**。如果**您方**需要增加**被保险人**,请 务必寄给**我方**一份载有所增加的**被保险人**完整信息的**申请,我方**将 及时通知**您方**是否接受此投保以及由于接受这一投保而可能需要增 加的额外责任免除、额外**保险**费等其他条件。新增**被保险人**的**保险** 责任将于我方确认同意接受该申请之日起生效,我方将会出具包含 该新增被保险人的保险凭证并发送给您方。

If there has been a relevant qualifying life event, you may add or remove the other person involved in that qualifying life event as a beneficiary part way through the period of cover. If you would like to add a new beneficiary on this basis, you must send us a completed application for that person. We will then tell you whether we will offer cover to that person and, if so, any special conditions or exclusions and any additional premium which would apply. Cover for the new beneficiary will begin from the date on which we confirm acceptance of the application. We will send you an updated certificate of insurance to confirm that the new beneficiary has been added.

7.3 若**您**或**您**的**配偶**分娩,**您方**可要求增加新生儿至己有的**保险责任**

中:

If **you** or **your spouse** gives birth, **you** may apply to add the newborn as a **beneficiary** to **your** existing plan:

7.3.1 如在新生儿出生前的 10 个月或更长期间内,其父母中至少有一位已经持续有效地作为**我方被保险人**,并且**我方**在该新生儿出生后 7 天内收到该新生儿的投保申请的,该新生儿将无须经医疗核保,**我方**不要求新生儿的健康或医疗信息。根据您的选择,该新生儿的保险责任将于其出生之时或我方确认收到该申请之日起生效。我方将把更新的保险凭证发送给您方。

If at least one parent has been covered by the **policy** for a continuous period of 10 months or more prior to the newborn's birth and the **application** is received by **us** within 7 days of the newborn's date of birth, the newborn will not be subject to medical underwriting, **we** will not require information regarding the newborn's health or a medical examination, and according to your preference, the cover will begin at the newborn's birth or **our** confirmation of receiving the **application**. **We** will send **you** an updated **certificate of insurance** confirming that the new **beneficiary** has been added.

- 7.3.2 如在新生儿出生前的 10 个月或更长期间内,其父母中至少有一位已经持续有效地作为**我方被保险人**,并且**我方**在该新生儿出生后 8-30 天内收到该新生儿的投保**申请**的,该新生儿将无须经医疗核保,**我方**不要求新生儿的健康或医疗信息,该新生儿的**保险责任**将于**我方**确认收到该申请之日起生效。**我方**将把更新的**保险凭证**发送给**您方**。
 - If at least one parent has been covered by the **policy** for a continuous period of 10 months or more prior to the newborn's birth and the **application** is received by **us** from 8 to 30 days of the newborn's date of birth, the newborn will not be subject to medical underwriting, **we** will not require information regarding the newborn's health or a medical examination, and cover will begin when **we** confirm receipt of the **application**. **We** will send **you** an updated **certificate of insurance** confirming that the new **beneficiary** has been added.
- 7.3.3 如在新生儿出生前的 10 个月或更长期间内,其父母中至少有一位已经持续有效地作为我方被保险人,并且我方在该新生儿在出生 30 天后才收到该新生儿的投保申请的,则该新生儿须经医疗核保。我方将及时通知您方是否同意增加,以及适用于该被保险人的特别条件及特别责任免除。若您方接受所列条件,保险责任将于我方确认同意接受该申请之日起生效。我方将会提供更新的保险凭证以确认新增被保险人并发送给您方。

If at least one parent has been covered by the **policy** for a continuous period of 10 months or more prior to the newborn's birth and the **application** is received by **us** more than 30 days after the newborn's date of birth, the newborn will be subject to medical underwriting. **We** will then tell **you** whether **we** will offer cover to the newborn and, if so, any special conditions and exclusions which would apply. If **you** accept the offered terms, cover will begin when **we** confirm acceptance of the **application**. **We** will send **you** an updated **certificate of insurance** confirming that the new

beneficiary has been added.

7.3.4 如果新生儿的父母中没有一位能满足"在新生儿出生前的 10 个月或更长期间内,已经持续有效地作为**我方被保险人**"的条件。该新生儿则须经医疗核保。**我方**将及时通知**您方**是否同意增加,以及适用于该**被保险人**的特别条件及特别责任免除。若**您方**接受所列条件,**保险责任**将于**我方**确认同意接受该申请之日起生效。**我方**将会提供更新的**保险凭证**以确认新增被**保险人**并发送给**您方**。

If neither parent has been covered by the **policy** for a period of 10 consecutive months or more prior to the newborn's birth, the newborn will be subject to medical underwriting. **We** will then tell **you** whether **we** will offer cover to the newborn and, if so, any special conditions and exclusions which would apply. If **you** accept the offered terms, cover will begin when **we** confirm acceptance of the **application**. **We** will send **you** an updated **certificate** of **insurance** confirming that the new **beneficiary** has been added.

8. 保障范围 What is covered?

8.1 本**保险合同**承担经**专科医生**建议并由**我方医疗团队**所确认,因**损伤** 或**疾病**而导致的、属于**医疗必要**的护理及**治疗**费用给付责任,以及 特定服务费用给付责任。

This policy covers certain costs of services or supplies which are recommended by a medical practitioner, and which are medically necessary for the care and treatment of an injury or sickness, as determined by our medical team.

8.2 保险条款中所列的费用。这些费用的支付须符合本**保险合同**的规定 及**保险凭证**所载的限额及责任免除。

The costs which are covered are set out in the **provision**. These costs are subject to the limits and exclusions which are set out in the **provision** and **your certificate of insurance**.

8.3 我方可能给予个别**被保险人**特别责任免除。特别责任免除详细内容 在**保险凭证**上明示。

<u>Special exclusions, imposed on an individual basis, may apply. Details of</u> these special exclusions will be shown on **your certificate of insurance**.

8.4 <u>任何理赔均须符合既定的**免赔额**,以及**保险条款**与**保险凭证**所载的 给付限额。</u>

Any claim is subject to the applicable **deductible** and limits of cover set out in the **provision** and **your certificate of insurance**.

- 8.5 本保险合同将不承担任何发生在保险合同开始前与终止后相关治疗的费用,即使该治疗在保险合同终止前已经获得了我方的批准。
 This policy will not cover any costs relating to treatment received before the cover starts, or after the cover ends (even if that treatment was approved by us before the cover ends).
- 9. 保障选项 Coverage options

9.1 国际医疗保障为**被保险人**的必选保障,具体责任(参考适用的条款、规定、限额及责任免除)详见本**保险合同**中"**保障利益表**"所载。

The International Medical Insurance plan is provided to every **beneficiary**. The **benefits** which are available (subject to the applicable terms, conditions, limits and exclusions) are set out in 'list of benefits' in the **provision**.

9.2 **您方**可以为任一**被保险人**选择下述一个或以上的可选保障,以附加于国际医疗保障,并交纳相应的附加**保险**费:

You may (for additional premium) add to the cover provided under the

International Medical Insurance plan by choosing one or more from the following extra coverage options for any **beneficiary** or **beneficiaries**:

- 9.2.1 国际医疗补充保障;
 International Medical Insurance Plus;
- 9.2.2 国际健康与体检保障; International Health and Wellbeing; and
- 9.2.3 国际眼科与牙科保障。
 International Vision and Dental.
- 9.3 可选保障的**保险责任**具体详见本**保险合同"保障利益表"**所载。 Details of the extra coverage options are set out in '**list of benefits**' in the **provision**.
- 9.4 **保险期间**内不能变更已选定的可选保障。如果**您方**希望增加或减少可选保障选项,请于**年度续保日**前及时通知**我方**。
 Coverage options cannot be changed at **your** request during the **period of cover**. If **you** want to add or remove coverage options, **you** should let **us** know before the **annual renewal date**.
- 9.5 若**您方**增加新的可选保障选项,请向**我方**提交一份详细的健康问 卷,**我方**可能对**您方**新增的保障选项责任适用新的特殊规定或除外 责任。

If **you** want to add new coverage options, **we** may ask for a completed medical history questionnaire, and **we** may apply new special restrictions or exclusions on the new coverage options.

- 9.6 **您方**可以根据**被保险人**的需要来选择以下任一保障区域:
 You may choose between two options, which determine where in the world beneficiaries will be covered.
 - 9.6.1 全球不含美国 Worldwide, excluding USA.
 - 9.6.2 全球含美国
 Worldwide, including USA.
- 10. 保险费及其他 费用的交纳 Premium and other charges
- **10.1 保险**费及其他应支付的费用(如税费),及其应支付的时间与方式 均已载明于**您方的保险凭证**中。

Your certificate of insurance sets out the premium and any other charges (such as taxes) which are payable, and states when and how they must be paid.

- 10.2 支付货币为人民币。
 Payments must be made in Chinese Yuan (CNY).
- 10.3 **您方**应准时交纳**保险凭证**详细载明的**保险**费及任何其他费用。
 You are responsible for paying the premium and any other charges as detailed on your certificate of insurance, and are also responsible for making sure they are made on time.
- 10.4 如果**您**未支付首期保险费,本**保险合同**自始无效。如果**您**未如期缴清到期的续期**保险**费,自该到期日起 60 日内若发生**保险**事故,**我方**仍负**保险责任**,但在给付**保险**金时会扣减应缴的续期**保险**费;超过该到期日起 60 日的 24 时仍未缴清的,本**保险合同**效力终止。 If **you** do not pay first premium, this **policy** will be ineffective from all the beginning. If **you** do not pay any following premium when it is due, **we** will still be responsible for cover of **treatment** within the 60 days after the due date. But **we** will deduct any following premium due when making payment

for **treatment**. If the aforementioned overdue premium remains outstanding upon the end of the 60th day after the due date, this **policy** will be terminated.

10.5 **我方**将根据每年的医疗费用通胀情况对**保险**费率进行调整。**我方**将在**年度续保日**前书面通知**您方**关于下一**保险期间**内将发生的**保险**费及其他费用的变更信息。请注意每年的**保险**费或/及其他费用均可能有所不同。

We will adjust the premium rates each year according to medical cost inflation. **We** will write to **you** before the **annual renewal date** to tell **you** about any proposed changes in premium and/or other charges which will apply during the next **period of cover**. The premium and/or other charges may vary from year to year.

11. 免赔额 Deductible

11.1 对国际医疗保障或国际医疗补充保障的支付,如果**被保险人**的保障 计划中选择了**免赔额,我方**将对**保险期间**内有关**治疗**的每一次理赔 均扣除**免赔额**,直到累积免赔达到了年度**免赔额**。

We will reduce the amount which we will pay towards the cost of treatment in respect of each claim which is made under the International Medical Insurance or International Medical Insurance Plus option (if applicable) by the amount of any deductible until the deductible for the period of cover is reached.

11.2 免赔额将按每一**被保险人**、每个**保险**选项及每个**保险期间**单独计算。

The **deductible** applies separately to each **beneficiary**, each coverage option, and each **period of cover**.

11.3 您方有对国际医疗保障及国际医疗补充保障选择**免赔额**的权利,选 择有**免赔额**的**保险**费将低于选择无**免赔额**的**保险**费。若**您方**计划选 择**免赔额**,请在投保**申请**中注明。

You can choose to have a **deductible** on the International Medical Insurance or International Medical Insurance Plus option. If **you** do so, **your** premium will be lower than it otherwise would be. If **you** would like to apply a **deductible**, **you** should tell **us** so in **your application**.

- 11.4 **住院**津贴**保险责任**、新生儿护理**保险责任**无**免赔额**。
 No **deductible** applies to '**Inpatient** Cash **Benefits**' or 'Newborn Care **Benefits**'.
- 11.5 **您方**应直接负责向**医院、诊所**或**执业医生**支付**免赔额**,具体金额**我** 方会通知**您方**。

You will be responsible for paying the amount of any **deductible** directly to the **hospital**, **clinic** or **medical practitioner**. **We** will let **you** know what this amount is.

11.6 **您方**可于**年度续保日**要求变更**免赔额**。如果**您方**希望取消或减少**您** 方的免赔额,我方有可能要求**您方**提供健康问卷,并可能附加特别 承保条件或特别责任免除。

You can request a change to the **deductibles** with effect from your annual renewal date each year. If you wish to remove or reduce your deductible, we may require a medical history questionnaire, and we may apply new special restrictions or exclusions.

12. 保险合同的终 止 Termination of

cover

12.1 在下面情况下,**我方**将终止**保险合同**: **We** may terminate this **policy** if:

12.1.1 在续期**保险**费或其他应缴的费用(包括税收等)的应缴日期 后 60 天内,未及时支付上述费用。如果**我方**因为此原因解

除本**保险合同**,**我方**将书面向**您方**发出通知。本**保险合同**不 承担任何发生在**保险合同**开始前与终止后相关**治疗**的费用, 即使该**治疗**已经在**保险合同**终止前获得了**我方**的批准;或 any premium or other charge (including any relevant tax) is not paid in full within 60 days of the date on which it is due. **We** will give **you** written notice if **we** are going to terminate the **policy** for this reason. This **policy** will not cover any costs relating to **treatment** received before the cover starts, or after the cover ends (even if that **treatment** was approved by **us** before the cover ends); or

- 12.1.2 本**保险合同**所提供的保障违反了相关法律法规;或 it becomes unlawful for **us** to provide any of the cover available under this **policy**; or
- **12.1.3** 被监管机构处罚而不适宜成为**被保险人**; 或 any **beneficiary** is identified on any sanctions listings of regulator; or
- 12.1.4 向我方告知的信息存在信息误导,或因不如实告知而影响到 我方对本保险合同所承保风险的评估。 we have been given misleading information or not told something which we should have been told which would have affected our assessment of the risks to be insured under this policy.
- 12.2 犹豫期内解除**保险合同**Cancellation during cooling off period
 - 12.2.1 若本保险合同未能满足**您方的**需求,或达不到**您方的**预期, 您可以在收到保险合同并书面签收之日起 10 天内联系**我方** 并取消本保险合同。如果在此期间内未发生理赔、付款担保 或未取得预先批准,**我方**将全额退还**您方**已交纳的全部保险 费。

If the **policy** does not meet **your** needs, or has not been issued in accordance with **your** intention, **you** may ask **us** to cancel it within ten (10) days upon **your** receipt of **your certificate of insurance**. If no claims have been made, and no **guarantees of payment** or prior approvals have been put in place, **we** will refund any premium which has been paid.

- **12.3** 如果**您方**计划解除本**保险合同**及所有**被保险人**的保障,请至少提前**7** 天书面通知**我方**。
 - If you want to terminate this **policy** and end cover for all **beneficiaries**, you may do so at any time by giving **us** at least seven days' notice in writing.
- 12.4 如**您方**要求在**保单终止日**前解除本**保险合同**,只要确认在此**保险期** 间内无理赔、**付款担保**或预授权审核,**我方**将向您方退还**未满期净 保费**。

If this **policy** ends before the normal **end date**, **unearned net premium** will be refunded, so long as no claims have been made and no **guarantees of payment** or prior approvals have been put in place during the **period of cover**.

- 12.5 即使某项治疗已经获预先审核同意,如果该项治疗的发生在**保险合同**终止或某**被保险人**离开保单之后,**我方**不承担该项费用。
 If **treatment** has been authorised, **Cigna** will not be held responsible for any **treatment** costs if the **policy** ends or a **beneficiary** leaves the **policy** before **treatment** has taken place.
- **12.6** 如果**我方**不同意续保本**保险合同**,**我方**将在保单到期前至少一个月 书面通知**您**本**保险合同**在保单期满后不再续保。

We will wherever possible, write to you at least one month before the end date to give you written notice that the policy will not be renewed with effect from the end date.

13. 明确说明和如 实告知 Truthful and Full Disclosure

订立本保险合同时,我方应向投保人明确说明本保险合同的条款内容。对保险条款中免除责任的条款,我方在订立保险合同时应当在投保申请、保险凭证或者其他保险凭证上作出足以引起投保人注意的提示,并对该条款的内容以书面或者口头形式向投保人作出明确说明,未作提示或者明确说明的,该条款不产生效力。我方可以就投保人、被保险人或家属的有关情况提出书面询问,投保人应当如实告知。

When concluding the **policy**, the company shall explicitly describe the contents of the **policy provision** and conditions to the **policyholder** for the **insurance**. Especially for the exclusion clauses, the company shall have striking notes in **application** form, **certificate of Insurance** and other documents, as well as make clear explanations to the applicant in oral or written; otherwise, the exclusion clauses won't be effective. **We** may put forward written inquiry about the relevant information of the **policyholder** and each **beneficiary**. The **policyholder** shall disclose the information fully and truthfully.

14. 未如实告知的 处理

False or withheld information

- **14.1 投保人**故意或者因重大过失未履行如实告知义务,足以影响**我方**决 定是否同意接受投保**申请**或者提高**保险**费率的,**我方**有权解除本**保险**合同。
 - If the **policyholder** intentionally or due to gross negligence, fails to perform the duty of truthful and full disclosure, which suffices to influence **our** decision as to whether to accept the **application** or to raise the **insurance** premium rate, **we** have the right to terminate the **policy**.
- **14.2 投保人**故意不履行如实告知义务的,**我方**对于本**保险合同**解除前发生的**保险**事故,不负担**保险责任**的给付,不退还**保险**费。
 If the **policyholder** fails to perform its obligation of truthful and full disclosure intentionally, **we** shall not be liable to pay **insurance benefits** or refund the **insurance** premiums for insured events that occurred before the termination of the **policy**.
- 14.3 **投保人**因重大过失未履行如实告知义务,对**保险**事故的发生有严重影响的,**我方**对本**保险合同**解除前发生的**保险**事故,不负担**保险责任**的给付,但退还**未满期净保费**。
 If the **policyholder** fails to perform the duty of truthful and full disclosure due to gross negligence, which failure has a material bearing on the occurrence of an insured event, **we** have the right to terminate the **policy**, and shall not be liable to pay **insurance benefits** for the insured events that occurred before the termination of the **policy**, but shall refund the **unearned net premium**.
- **我方在保险合同**订立时已经知道**投保人**未如实告知的情况的,不会解除**保险合同**;发生**保险**事故的,**我方**承担给付**保险**金的责任。 When concluding the **policy**, **we** have aware that the **policyholder** fails to perform the duty of truthful and full disclosure, **we** shall not terminate the **policy**; and shall pay **insurance benefits** for occurred events which are covered in the **benefit** coverage.
- **14.5** 上述规定的**保险合同**解除权,自**我方**知道有解除事由之日起,超过 三十日不行使而消灭。

The right to terminate the **policy** as specified in the preceding paragraph shall be extinguished if it is not exercised within 30 days after the date on which **we** learnt of the reason for termination.

15. 本国国民及常

15.1 被保险人须在投保申请时告知其常住地地址,我方将其常住地所在

住国

Nationals and country of habitual residence 的常住国作为保费计算的必要依据之一。

Beneficiaries are required to fill in the **application** form about the habitual residence; **we** will calculate out due premium according to **country of habitual residence** as one necessary factor.

15.2 被保险人变更常住国的,根据新常住国法律法规,我方保留要求您方补充个人信息、变更/终止保障、或改变保费的权利。如果保费有所增加,我方将提供终止保险合同的选择给您方。如果保险合同在保单终止日前终止,只要在此期间内未发生任何理赔、付款担保或未取得预先批准,我方将向您方退还未满期净保费。
We reserve the right to ask you for further information, to vary or end the cover, or to vary the premium if any beneficiary changes their country of habitual residence, having regard to the laws and regulations of the new

cover, or to vary the premium if any **beneficiary** changes their **country of habitual residence**, having regard to the laws and regulations of the new **country of habitual residence**. If the premium increases, **we** will give **you** the option to terminate the **policy**. If the **policy** is terminated before the **end date**, **unearned net premium** will be refunded, so long as no claims have been made, and no **guarantees of payment** or prior approvals have been put in place during the **period of cover**.

<u>16.</u> 变更地址与国籍

Changes of address and nationality

16.1 我方将按您方投保申请上载明的地址寄送与本保险合同有关的书信及通知。如果您方及其他被保险人的地址、常住地或常住国发生了任何变更,请务必通知我方。

We will send any communications and notices in relation to this **policy** to the address which **you** give **us** in **your application**. **You** must tell **us** if **you** or any other **beneficiary** change **your** address, **country of habitual residence**, or nationality.

我方将给您方寄送更新信息后的保险凭证。 We will then send you an updated certificate of insurance.

- 16.2 关于**您方常住国**或**国籍国**的任何变更请务必及时通知**我方**。
 It is important that **you** tell **us** straight away if there is any change in any **beneficiary**'s **country of habitual residence** or **country of nationality**.
- **16.3** 如果**您方**发生了**常住国**变更,**我方**将按照**常住国**变更后对应的保费 讲行调整。

if **your country of habitual residence** be changed, **we** will charge or refund the premium difference accordingly.

16.4 如果**您方**在一个**保险**年度内在**常住国**外的某国家停留超过 90 天,我 方将视为**您常住国**临时变更;由此应该补缴保费的,在理赔前必须 先补缴保费。

If you visit a country other than your country of habitual residence for more than 90 days, we will regard this as a change to your country of habitual residence. Any premium shortfall should be made up before any claim settlements.

16.5 在某些情况下,如果变更**常住国**将致使原有保障违反当地医疗保健 监管规定,**我方**有可能需要终止**保险责任**,具体的规定可能根据不 同国家及/或不同时期而变化。

In some instances, we may need to end the cover if such a change of country of habitual residence would result in a breach of regulations governing the provision of healthcare cover to local nationals, residents or citizens. The details of regulations vary from country to country and may change from time to time.

17. 联系您方 Contacting you

如果**我方**需要就本**保险合同**的有关事宜联系**您方**,或通知将终止或修改本 **保险合同**,**我方**将依据**您方保险凭证**载明的最新地址寄送书面通知,并视

为已送达给您方。

If we need to contact you in relation to this policy, or if we need to give you notice that we are going to amend or terminate this policy, we will write to you at the address which you gave us in the latest certificate of insurance, and all notices sent will be considered delivered..

18. 联系我方 Contacting us

- 18.1 在本规则所述中的某些情况下,如果**您**需要书面联系**我方**,请按照 **您方**持有的成员身份卡上的地址或电子邮箱地址向**我方**寄送相关资料:
 - In some circumstances, which are explained in these rules, **you** may need to contact **us** in writing. If so, **you** should write to **us** or email **us** at the addresses on **your** membership ID card.
- 18.2 如果在其他情况下**您**需要联系**我方**,请**您**发送电子邮件至**您方**所持的成员身份卡上的电子邮箱地址,**您**也可拨打客户服务热线,客户服务热线电话号码载于**您方**持有的成员身份卡上。 In any other circumstances, **you** may email **us** at the addresses on **your** membership ID card or call **our** Customer Care Team at the phone number on **your** membership ID card.

19. 保险合同变更 Changes to this policy

- 19.1 除**我方**授权代表以外,任何人均无权更改本**保险合同**或取消其中的任意条款,例如:销售代表、经纪人及其他中介方均无权擅自变更或拓展本**保险合同**的任何规定。
 - No person other than an authorized executive officer of **us** has authority to change this **policy** or to waive any of its **provision**s on **our** behalf, for example, sales representatives, brokers and other intermediaries cannot vary or extend the terms of the **policy**.
- **19.2 我方**保留依照相关法律法规变更本**保险合同**的权利,在发生变更时 将书面通知**悠方**。
 - **We** reserve the right to change this **policy** to comply with any changes to relevant laws and regulations. If this happens, **we** will write and tell **you** of the change.
- 19.3 **我方**同时保留变更续保条件的权利,变更将于**年度续保**日起生效,**我方**将至少提前 28 天书面通知**您方**。
 - **We** also reserve the right to make changes to the terms of cover on renewal. **We** will give **you** at least 28 days' notice of such changes and the changes will take effect from the **annual renewal date**.
- 如果有**被保险人**存在特别责任免除,**我方**将可能在**年度续保日**重新 对该被保险人进行评估,以决定我方是否同意去除该特别责任免 除。如果**我方**可能进行评估以决定是否去除特别责任免除,**我方**将 在保险凭证上注明此重新评估的日期。如果您方有特别责任免除需 要进行重新评估,**您方**应该在收到续保通知后、**年度续保日**前至少 14 天期间通知我方。您方应该提供或告知在保单开始日或最近续保 日后重要风险因素的变化,以便于**我方**对特别责任免除进行重新评 估并决定相应的保单承保条件变更。如果我方对特别责任免除进行 了变更,**我方**将就此变更通知**您方**、并且在适当的情况下将变更后 的保险凭证发送您方。特别责任免除的变更将在相关的年度续保日 后生效。我方不承诺在续保时,特别责任免除一定会去除。 If special exclusion(s) have been applied to any **beneficiary** there may be occasions when we can review them at a future annual renewal date, to consider whether we are willing to remove the exclusion. If this is the case, we will show the exclusions review date on the certificate of insurance. You should contact us upon receipt of the renewal notification, and at least 14 days before the annual renewal date if there is an exclusion which is due for

review at that date. **You** should provide information or disclose any changes affecting risks where such changes have occurred since the **policy** inception or last renewal, whichever is the latter, to help **us** review the exclusion and any change to this **policy**. **We** will then advise **you** of changes (if any) **we** have made to the special exclusion(s) and, where appropriate, issue an amended **certificate of insurance**. Amendments to special exclusion(s) will be effective from the relevant **annual renewal date**. **We** do not guarantee that any special exclusion(s) will be removed on review.

20. 保险合同执行

本**保险合同**仅对**您方**与**我方**具有法律权益,只有**您方**或**我方**是本协议的合同执行人(即使本**保险合同**赋予其他**被保险人**进行投诉的权利)。

Who can enforce this policy?

Only **we** and **you** have legal rights in connection with this **insurance**. This means that only **we** or **you** may enforce the agreement (although **we** will allow anyone who is covered under this **policy** to use **our** complaints process).

21. 其他保险 Other insurance

如果其他保险公司也为**您方**提供了保障,**我方**将与其协商具体的赔付比例。

If another insurer also provides cover, **we** will negotiate with them as regards who pays what proportion of any claim.

22. 资料保护 Data protection

22.1 出于办理本保险合同事务、提供保险保障及其他在第22条中所述的目的或原因,我方需要收集及处理您方的个人资料及敏感信息,例如:姓名、地址、出生日期、电话号码及健康信息等等。您方对我方出于必要而合理的需求而按第22条约定的情形收集及处理您方的个人资料及敏感信息的行为予以认可。

We need to collect and process personal and sensitive data relating to you, which includes all identifiable information that relates to you for example: name, address, date of birth, telephone numbers and details of health information relating to you, for the purposes of administering this policy and providing the insurance and other purposes stated in provision 22. Pursuant to the stipulation herein and to the extent reasonably necessary for these purposes, you consent to us collecting and processing all personal and sensitive data relating to you.

22.2 我方将会记录来电或去电以控制质量。

Telephone calls to and from **us** may be recorded for quality control.

我方将出于履行本**保险合同**义务、遵守法律法规的规定、服从监管 机构、行业协会的要求等原因而使用或提供上述信息和资料,并有 可能需要与**我方**授权的第三方分享,在某些情况下需要传输资料到 **中国大陆**之外的地区。

The abovementioned information and data will be processed or provided by **us** for reasons including carrying out **our** obligations, acting pursuant to laws and regulations, or following industry regulator's and insurance association's requests and **we** may need to share it with third parties authorised by **us**, which may mean in certain instances **we** need to transfer data outside **Mainland China**.

以上信息和资料的处理除应符合中国关于信息保护的法律规定外, 还须符合合同中关于机密性及安全性方面的规定。如果**您方**需要一 份**我方**持有的**您方**个人资料复印件,请书面告知**我方您**的成员编 号。**我方**可能对提供的信息收取合理的费用。

Such processing is subject to contractual restrictions with regard to confidentiality and security in addition to the obligations imposed by applicable data protection laws in China. If **you** would like a copy of the information **we** hold about **you**, please write to **us** quoting **your** membership number. Please note that **we** may charge a reasonable fee to provide this

information.

22.3 为更好地防范与核查欺骗行为,**我方**有可能需要与其他保险商或机构分享信息,但该分享仅限于关于欺骗或试图欺骗行为的信息分享,不会涉及任何**被保险人**医疗信息的泄露。

To help **us** detect and prevent fraud, **we** may need to share information with other insurers or organisations. If **we** need to share information for this reason, **we** will only share information relating to fraud or attempted fraud, and will not share information about any **beneficiary**'s medical history.

23. 语言 Language

我方将可能会为**您方**提供**本保险合同文件**的中文版本和英文版本并且提供 中文服务及英文服务,但条款及文件均以中文版本为准。

You may have asked for all of the **policy documents** and all communications in relation to this **policy** to be provided in Chinese and English. All such documents and communications will be provided in Chinese and English. But all **benefits** and details shall always be subject to Chinese version.

<u>24.</u> 申诉及争议处 理

Complaints & Dispute Settlement

24.1 任何申诉请第一时间寄送**我方**,具体地址载明于**您方**持有的成员身份卡上:

Any complaint should in the first instance be sent to **us** at the addresses on **your** membership ID card.

24.2 如果申诉未能解决时,可以从下列两种方式中选择一种争议处理方式:

If the complaint is not resolved, the parties concerned shall resort to either of the following two dispute settlement methods:

24.2.1 因履行本**保险合同**发生的争议,由当事人协商解决,协商不成的,提交仲裁委员会仲裁;

The relevant disputing parties shall solve the disputes arising from the performance of this **policy** through consultation. If the disputes cannot be solved through consultation, they shall be submitted to the arbitration committee for arbitration;

24.2.2 因履行本**保险合同**发生的争议,由当事人协商解决,协商不成的,依法对本**保险合同**有管辖权的人民法院提起诉讼。
The relevant disputing parties shall solve the disputes arising from the performance of this **policy** through consultation. If the disputes cannot be solved through consultation, a lawsuit can be submitted to the People's Court in accordance with legal regulations.

25. 适用的法律法规

Applicable law and jurisdiction

- 25.1 本**保险合同**依据中华人民共和国法律制定,并严格遵循该法律。 This **policy** is governed by, and will be interpreted in accordance with, laws of the People's Republic of China.
- **25.2** 关于本**保险合同**的任何争议包括合同的有效性、构成及终止条款, 将由中华人民共和国法庭管辖。

Any disputes about this **policy**, including disputes about its validity, formation and termination, will be determined in the courts of People's Republic of China.

第二章 保险责任 Section 2 - Benefits

26. 国际医疗保障 International Medical Benefit

国际医疗保障为**您**提供所需要的**住院**费用、**日间病房**的**手术**费用及病房膳食费等费用的保障。另外,对**癌症、妊娠责任和精神心理治疗**,保障的范围包括**住院**费用、**门诊**费用及**日间病房**费用。

International Medical Insurance protects **you** for as many everyday needs as possible including all **inpatient**, **day-patient surgery** and accommodation costs. **You**

will also have essential cover for cancer, maternity benefit and psychiatric treatment on an inpatient, outpatient and day-patient basis.

- 26.1 住院或日间病 房的病房膳食 费
 - Accommodation for inpatient or day-patient treatment
- **我方**将支付满足下列条件之一的费用: **We** will pay for:
 - (a) **被保险人**接受**住院**或**日间病房治疗**期间的护理费、病房膳食费;或 nursing care and accommodation whilst a **beneficiary** is receiving **inpatient** or **day-patient treatment**; or
 - (b) 被保险人在接受门诊手术时所支付的手术治疗室收费。 the cost of a **treatment** room while a **beneficiary** is undergoing **outpatient surgery**, if one is required.
- 26.1.2 仅在满足下列全部条件时,**我方**才支付上述费用: **We** will only pay these costs if:
 - (a) 被保险人接受住院治疗或日间病房治疗是出于医疗必要; it is **medically necessary** for the **beneficiary** to be treated on an **inpatient** or **day-patient** basis;
 - (b) **被保险人住院**的时间长度是合理的; they stay in **hospital** for a medically appropriate period of time;
 - (c) 所接受的**治疗**由**专科医生**亲自执行或在其有效监控之下; 并且 the **treatment** which they receive is provided or managed by a **specialist**; and
 - (d) 如果入住单人间,入住标准不超过带独立卫生间(或类似设施)的标准单人房。
 they stay in a standard single room with a private bathroom (or equivalent).
- **26.1.3** 如果有多规格的单人间病房且**被保险人**入住超过标准单人间规格的病房的,**我方**将按照带独立卫生间(或类似设施)的标准单人房的规格给付。

If a **hospital**'s fees vary depending on the type of room which the **beneficiary** stays in, then the maximum amount which **we** will pay is the amount which would have been charged if the **beneficiary** had stayed in a standard single room with a private bathroom (or equivalent).

26.1.4 如果主持被保险人治疗的执业医生决定需要延长留院治疗时间并超出**我方**的预先批准时长,或者已获**我方**审核同意的治疗方案将有所变动,必须尽快向**我方**寄送由主持治疗的执业医生出具的医疗报告,并载明下列全部信息:

If the treating **medical practitioner** decides that the **beneficiary** needs to stay in **hospital** for a longer period than **we** have approved in advance, or decides that the **treatment** which the **beneficiary** needs is different to that which **we** have approved in advance, then that **medical practitioner** must provide **us** with a report, explaining:

- (a) **被保险人**预期需要留院**治疗**的时长; how long the **beneficiary** will need to stay in **hospital**;
- (b) 被保险人的诊断信息(如果诊断发生了变更);以及 the diagnosis (if this has changed); and
- (c) 被保险人已经接受的治疗和需要接受的治疗。 the **treatment** which the **beneficiary** has received, and needs to

receive.

26.2 手术室及麻醉 复苏室费用 如果相应的**手术**费经**我方**审核可赔付,**我方**将支付与之相关的**手术**室及麻醉复苏室费用。

Operating theatre and recovery room costs

We will pay any costs and charges relating to the use of an operating theatre or recovery room, if the **treatment** being given is covered under this **policy**.

26.3 药品费及敷料 费 **26.3.1 我方**将支付**被保险人**接受**住院治疗**或**日间病房治疗**期间发生的有处方的药品费及敷料费;

Medicines, drugs and dressings

We will pay for medicines, drugs and dressings which are prescribed for the **beneficiary** whilst he or she is receiving **inpatient** or **day-patient treatment**.

26.3.2 除非**被保险人**接受的是**癌症治疗**,否则,只有**被保险人**也选择了 国际医疗补充保障,**我方**才支付**被保险人**在**门诊治疗**发生的药品 费及敷料费。

We will only pay for medicines, drugs and dressings which are prescribed for use at home if the **beneficiary** has cover under the International Medical Insurance Plus option (unless they are prescribed as part of **cancer treatment**).

26.4 重症监护室 Intensive care **26.4.1** 如符合下列全部条件,**我方**承担**被保险人**入住**重症监护**室,重症**治疗**室,加护病房或冠心病监护室的费用:

We will pay for a **beneficiary** to be treated in an **intensive care**, intensive therapy, high dependency or coronary care facility if:

- (a) 此病房是为**被保险人**提供恰当**治疗**的最佳场所; that facility is the most appropriate place for them to be treated;
- (b) 在此病房接受此**治疗**是所需**治疗**的必要部分;以及 the care provided by that facility is an essential part of their **treatment**; and
- (c) 在此病房所接受的**治疗**是与**被保险人**病情/伤情相仿者通常接受的**治疗**、或相同的**治疗**。
 the care provided by that facility is routinely required by patients suffering from the same type of illness or **injury**, or receiving the same type of **treatment**.

26.5 父母或监护人 陪护费 Hospital accommodatio n for a parent or guardian

26.5.1

如果**被保险人**在接受**住院治疗**时为 17 周岁或以下的未成年人,符合下列全部条件时,我方将承担其父母中的一位或一位法定监护人在同一**医院**中的陪同住宿费用:

If a **beneficiary** who is 17 years old or younger needs **inpatient treatment** and has to stay in **hospital** overnight, **we** will also pay for **hospital** accommodation for a parent or legal guardian, if:

- (a) 该**医院**可以进行陪护;且 accommodation is available in the same **hospital**; and
- (b) 其陪同住宿费用是合理的。 the cost is reasonable.
- **26.5.2** 仅当**被保险人**接受的是属于本**保险合同**约定范围内的**治疗**时,**我 方**才承担此陪护费用;

We will only pay for **hospital** accommodation for a parent or legal guardian if the **treatment** which the **beneficiary** is receiving during their stay in **hospital** is covered under this **policy**.

26.6 手术的外科医 生及麻醉师费 用 Surgeons' and anaesthetists'

fees

- **26.6.1 我方**将支付在**住院、日间病房或门诊**发生的下列费用: **We** will pay for **inpatient**, **day-patient** or **outpatient** costs for:
 - (a) 手术中发生的外科医生及麻醉师费用;及 surgeons' and anaesthetists' surgery fees; and
 - (b) **手术**前或**手术**后发生的与**手术**直接相关的**治疗**(与**手术**同一天发生)中的外科**医生**及麻醉师费用; surgeons' and anaesthetists' fees in respect of **treatment** which is needed immediately before or after **surgery** (i.e. on the same day as the **surgery**).
- 26.6.2 除非**被保险人**接受的是**癌症治疗**; 否则,只有**被保险人**也选择了 国际医疗补充保障,**我方**才支付**被保险人**在**手术**前或**手术**后的**门 诊治疗**费用。

We will only pay for outpatient treatments received before or after surgery if the beneficiary has cover under the International Medical Insurance Plus option (unless the treatment is given as part of cancer treatment).

26.7 专科医生诊疗 费

Specialists' consultation fees 26.7.1

26.8.1

如果满足下列条件之一,**我方**将支付在**医院**发生的下列**专科医生** 诊疗费。

We will pay for consultations with a **specialist** during stays in a **hospital** where the **beneficiary**:

- (a) 因**住院**或**日间病房治疗**而发生; is being treated on an **inpatient** or **day-patient** basis;
- (b) 因**手术**而发生;或者 is having **surgery**; or
- (c) 因**医疗必要**而发生的诊疗费。 where the consultation is a medical necessity.

26.8 器官、骨髓及干细胞移植费用

Transplant services for organ, bone marrow and stem cell transplants 如果满足下列全部条件,**我方**将支付与器官移植直接相关的**住院** 医疗费用:

We will pay for **inpatient treatment** directly associated with an organ transplant, for the **beneficiary** if:

- (a) 移植是出于**医疗必要**;并且 the transplant is **medically necessary**, and
- (b) 器官来源为其家属捐献,或具有已验证的、合法的来源。 the organ to be transplanted has been donated by a member of the **beneficiary**'s family or come from a verified and legitimate source.
- **我方**将支付在**住院**期间发生的移植后抗排异药物费用。 **We** will pay for anti-rejection medicines following a transplant, when they are given on an **inpatient** basis.
- **26.8.3** 如果满足下列全部条件,**我方**将支付与骨髓及干细胞移植直接相 关的**住院**医疗费用:

We will pay for **inpatient treatment** directly associated with a bone marrow or peripheral stem cell transplant if:

- (a) 移植是出于**医疗必要**;并且 the transplant is **medically necessary**; and
- (b) 骨髓或干细胞来源为其自体骨髓或干细胞,或具有已验证 的、合法的来源。

the material to be transplanted is the **beneficiary**'s own bone marrow or stem cells, or bone marrow taken from a verified and legitimate source.

26.8.4 如果骨髓及干细胞移植是**癌症治疗**的一部分,则此费用将不作为 移植费用承担,而是按照本**保险合同**有关**癌症治疗**部分的条款进 行承担。

We will not pay for bone marrow or peripheral stem cell transplants under this part of this **policy** if the transplants form part of **cancer treatment**.

关于**癌症治疗**的内容见本条款相关部分。

The cover which **we** provide in respect of **cancer treatment** is explained in other parts of this **policy**.

- 26.8.5 如果有捐献者捐献骨髓或器官给**被保险人**,**我方**将承担**:**If a person donates bone marrow or an organ to a **beneficiary**, **we** will pay for:
 - (a) 获取器官或骨髓的**手术**费用; the harvesting of the organ or bone marrow;
 - (b) **医疗必要**的组织配型检测费用; any **medically necessary** tissue matching tests or procedures;
 - (c) 捐献者因捐献行为而发生的必要**医院**收费;及 the donor's **hospital** costs; and
 - (d) 捐献者因捐献而发生的并发症**治疗**费用,但限于捐献进行后 30 天内的**治疗**费用。 any costs which are incurred if the donor experiences complications, for a period of 30 days after their procedure;

无论捐献者是否是本**保险**的**被保险人**。 whether or not the donor is covered by this **policy**.

- 26.8.6 对本**保险合同**规定范围内的捐献者费用,如果捐献者可以从其他**保险**或费用承担者获得赔偿或补偿,**我方**承担的部分相应减少。 The amount which **we** will pay towards a donor's medical costs will be reduced by the amount which is payable to them in relation to those costs under any other **insurance policy** or from any other source.
- 26.8.7 只有被保险人也选择了国际医疗补充保障,我方才支付被保险人或捐献者所需要在门诊进行的上述治疗费用。
 We will not pay for outpatient treatment for either the beneficiary or donor, unless the beneficiary has cover under the International Medical Insurance Plus option for the specific outpatient treatment required.
- 26.8.8 如果某一位**被保险人**捐献器官、且受捐献者也是本**保险合同的被保险人**,**我方**对捐献者的赔付仅包括摘取器官的**手术**费用。
 If a **beneficiary** donates an organ, **we** will only pay for the harvesting of the organ if the intended recipient is also a **beneficiary** under this **policy**.
- **26.8.9 我方**仅支付**医疗必要**的移植,对其他非**医疗必要**的移植(如实验性的移植等)不予承担。"**医疗必要"**的规定和限制见本**保险合同**相关条款,如释义条款。

We will consider all **medically necessary** transplants. Those transplants (such as transplants which are considered to be experimental procedures) are not covered under this **policy**. This is because of conditions or limitations to coverage which are explained elsewhere in

this policy.

26.8.10 在**被保险人**接受器官、骨髓或干细胞移植前需要事先通知**我方**并获得**我方**同意。

A **beneficiary** must contact **us** and get approval in advance before they incur any costs relating to organ, bone marrow or stem cell donation or transplant.

26.9 肾透析 Kidney dialysis 26.9.1 如果在**被保险人**的**常住国**内可以进行肾透析**治疗**,**我方**将支付**被 保险人**在**日间病房**进行的肾透析**治疗**。

Treatment for kidney dialysis will be covered if such **treatment** is available in the **beneficiary**'s country of residence. **We** will pay for this on a **day-patient** basis.

26.9.2 对**被保险人**到其**常住国**外的**所选择保障区域**内进行的肾透析**治 疗,我方**支付其在**日间病房**进行的肾透析费用,但不承担其旅行费用。

We will pay for kidney dialysis treatment outside the beneficiary's country of habitual residence if the country where that treatment is provided is within the beneficiary's selected area of coverage. We will pay for this on a day-patient basis. We will not pay travel costs.

26.10 病理检测、放射检查及其他诊断性检查化验

型 Pathology, radiology and other diagnostic tests 26.10.1 我方将支付:

We will pay for:

- (a) 病理检测; pathology tests;
- (b) 放射学检查;及 radiology; and
- (c) 诊断性检查化验; diagnostic tests;

但应符合:这些检查化验是**医疗必要**的、并且是在**被保险人**进行**住院**或**日间病房治疗**时由**专科医生**明确要求进行。 where they are **medically necessary** and are recommended by a **specialist** as part of a **beneficiary**'s **hospital** stay for **inpatient** or **daypatient treatment**.

26.11 住院及日间病 房发生的物理 治疗及补充治 疗 Inpatient and day-patient

and

physiotherapy

complementary therapies

26.11.1 我方将支付:

We will pay for:

- (a) 专科物理**治疗师**进行的物理**治疗**;及 treatment provided by physiotherapist and
- (b) 专业**补充治疗师**(专业针灸师、专业顺势**治疗师**及专业中 医**医生**等)进行的专业补充**治疗; complementary therapist**s (acupuncturists, homeopaths, and practitioners of Chinese medicine);

但应符合:这些**治疗**在**被保险人**进行**住院**或**日间病房治疗**期间由**专科医生**明确要求进行(但该**被保险人**不能主要因为接受这些**治疗**而进行此**住院**或**日间病房治疗**)。

if these therapies are recommended by a **specialist** as part of the **beneficiary**'s **hospital** stay for **inpatient** or **day-patient treatment** (but are not the primary **treatment** which they are in **hospital** to receive).

26.12 核磁共振、计 算机断层扫描 及正电子发射 26.12.1 我方将支付:

We will pay for:

断层扫描 MRI, CT & PET scans

- (a) 核磁共振; magnetic resonance imaging (MRI);
- (b) 计算机断层扫描;和/或 computed tomography (CT); and / or
- (c) 正电子发射断层扫描; positron emission tomography (PET);

但应符合:这些检查是在**被保险人**进行**住院、日间病房治疗**或**门 诊**期间由**专科医生**明确要求进行。

if they are recommended by a **specialist** as a part of a **beneficiary**'s **inpatient**, **day-patient** or **outpatient treatment**.

26.13 家庭护理 Home nursing

26.13.1 如果满足下列全部条件,**我方**将支付**被保险人**每年最长 **30** 天的 **家庭护理**费用:

We will pay for a **beneficiary** to have up to 30 days of **home nursing** care, per **period of cover**, if:

- (a) **被保险人**进行可获本**保险合同**赔偿的**住院**或**日间病房治疗** 期间由**专科医生**明确要求进行; it is recommended by a **specialist** following **inpatient** or **daypatient treatment** which is covered by this **policy**;
- (b) 在**被保险人**出院后立即开始;并且 it starts immediately after the **beneficiary** leaves **hospital**; and
- (c) 进行**家庭护理**可以实质减少**被保险人**继续在**医院**就医的时间。

it reduces the length of time for which the **beneficiary** needs to stay in **hospital**.

26.13.2 我方将只支付符合下列全部条件的**家庭护理:**

We will only pay for home nursing if:

- (a) 由具有**合格资质的专职护士**提供; it is provided in the **beneficiary**'s home by a **qualified nurse**;
- (b) 护理的内容须是**医疗必要**的护理,且这些护理通常在**医院** 才能提供的服务。**我方**不支付非医疗性质的护理或私人服 务。

it comprises **medically necessary** care that would normally be provided in a **hospital**. **We** will not pay for **home nursing** which only provides non-medical care or personal assistance.

26.14 康复治疗 Rehabilitation treatment

- 26.14.1 我方将支付在被保险人遭受损伤(如中风或脊髓损伤等)后由专科医生明确要求进行的医疗必要的康复治疗,包括理疗、职业治疗及言语治疗等。每一保险期间内,对单一原因导致的康复治疗,我方最多支付 30 天的费用,包括病房膳食费和生活费。We will pay for rehabilitation treatments (physical, occupational and speech therapies) which are recommended by a specialist and are medically necessary after a traumatic event such as a stroke or spinal injury. This includes up to 30 days accommodation and living costs, per period of cover, for each separate condition which requires rehabilitation treatment.
- 26.14.2 若在整形外科治疗后、或脊髓/神经系统疾病治疗后由专科医生明确为有医疗必要进行康复治疗,并且经我方预先审核批准后,我 方可以承担超过 30 天的康复治疗费用。

If the rehabilitation treatment is required following an orthopaedic,

spinal or neurological event, **we** will, subject to prior approval being obtained prior to the commencement of any **treatment** pay for **rehabilitation treatment** for more than 30 days, if further **treatment** is **medically necessary** and is recommended by the treating **specialist**.

26.14.3 对"30 天"限制的计算:

In determining when the 30 day limit has been reached:

(a) 如果**被保险人住院**进行**康复治疗**的,每在**医院**过一个夜晚 计作"一天"; 并且

we count each overnight stay during which a beneficiary receives inpatient treatment as one day; and

- (b) 如果被保险人在门诊或日间病房部进行康复治疗的,每一个发生门诊或日间病房治疗的日历日计作"一天"。 we count each day on which a beneficiary receives outpatient and day-patient treatment as one day.
- 26.14.4 我方将只支付符合下列全部条件的康复治疗:

We will only pay for rehabilitation treatment if:

(a) 导致**康复治疗**的**疾病**本身也在本**保险合同**可赔偿范围内; 并且

it is needed after, or as a result of, **treatment** which is covered by this **policy**; and

(b) **康复治疗**开始的时间在导致**康复治疗的疾病治疗**结束后 30 天内。

it begins within 30 days of the end of that original treatment.

26.14.5 所有的**康复治疗**必须经**我方**事先审核同意,且须由**治疗**的**专科医 生**向**我方**出具包含下列全部内容的证明资料:

All **rehabilitation treatment** must be approved by **us** in advance. **We** will only approve **rehabilitation treatment** if the treating **specialist** provides **us** with a report, explaining:

- (a) **被保险人**预计在**医院**停留的时间; how long the **beneficiary** will need to stay in **hospital**;
- (b) 诊断;及 the diagnosis; and
- (c) 被保险人已经接受的治疗及需要接受的治疗。 the **treatment** which the **beneficiary** has received, or needs to receive.
- 26.15 临终关怀及姑 息治疗 Hospice and palliative care

如果**被保险人**被诊断为终末期状态,且现有医学技术没有有效的**治疗**手段,**我方**将支付在**医院**进行临终**治疗**或护理而发生的病房膳食费、护理费、处方药品费、理疗及心理关怀等。

If a **beneficiary** is given a terminal diagnosis, and there is no available **treatment** which will be effective in aiding recovery, **we** will pay for **hospital** or hospice care and accommodation, nursing care, prescribed medicines, and physical and psychological care.

26.16 修复体、设备 及装置 内置修复体、设备及装置

Internal prosthetics devices and appliances

Prosthetics, devices and appliances

26.16.1 我方将支付为了对**被保险人**进行**治疗**、在**手术**过程中植入**被保险 人**体内的修复体、设备及装置。

We will pay for internal prosthetic implants, devices or appliances which

are put in place during surgery as part of a beneficiary's treatment.

外置修复体、设备及装置

External prosthetics devices and appliances

26.16.2 我方将支付为了对**被保险人**进行**治疗**所必不可少的、满足下述条件的外置修复体、设备及装置。

We will pay for external prosthetics, devices or appliances which are necessary as part of a **beneficiary**'s **treatment** (subject to the limitations explained below).

- 26.16.3 **我方**将支付满足下列条件的外置修复体、设备及装置: **We** will pay for:
 - (a) 手术后立即需要的、**医疗必要**的修复性设备或装置; a prosthetic device or appliance which is a necessary part of the **treatment** immediately following **surgery** for as long as is required by medical necessity;
 - (b) 在病后恢复阶段内**短期**内需要的、**医疗必要**的修复性设备或装置。
 a prosthetic device or appliance which is **medically necessary** and is part of the recuperation process on a **short-term** basis.
- 26.16.4 对 17 周岁及以上的**被保险人**,每一**保险期间我方**最多承担一个外置修复体、设备或装置。

We will pay for one external prosthetic device for **beneficiaries** aged 17 or over per **period of cover**.

- 26.16.5 对 16 周岁及以下的**被保险人**,每一**保险期间我方**最多承担一个外置修复体、设备或装置的初装费用、及两次更换费用。
 We will pay for an initial external prosthetic device and up to two replacements for **beneficiaries** aged 16 or younger per **period of cover**.
- 26.17.1 如为**医疗必要,我方**将支付下列运送**被保险人**的当地救护车费用:

Where it is **medically necessary**, **we** will pay for a local ambulance to transport a **beneficiary**:

- (a) 从意外或**损伤**发生地到**医院**; from the scene of an accident or **injury** to a **hospital**;
- (b) 从一**医院**转送另一**医院**;或者 from one **hospital** to another; or
- (c) 从其家中到**医院**。 from their home to a **hospital**.
- **26.17.2** 只有在当地救护车的使用是为了到**医院**进行医疗性质的**治疗**时,**我方**才支付其费用。

We will only pay for a local ambulance where its use relates to **treatment** which a **beneficiary** needs to receive in **hospital**.

- 26.17.3 如为**医疗必要,我方**将支付下列运送**被保险人**的空中救援费用:
 Where it is **medically necessary**, **we** will pay for an air ambulance to transport the **beneficiary**:
 - (a) 从意外或**损伤**发生地到**医院**;或者 from the scene of an accident or **injury** to a **hospital**; or
 - (b) 从一**医院**转送另一**医院**。 from one **hospital** to another.

26.17 当地救护车及 空中救援服务 Local ambulance and air ambulance services 空中救援的使用适用下列条件及限制:

Air ambulance cover is subject to the following conditions and limitations:

26.17.4 某些情况下,空中救援的使用是不可能的、无法操作的或有难以 承担的风险。在这些情况下**我方**将不予安排或支付空中救援。另 外,空中救援需要适用下列两项条件。因而,即使满足**医疗必要** 的条件,本**保险合同**并不保证任何情况下**被保险人**一定可以得到 空中救援的服务;

In some situations it will be impossible, impractical or unreasonably dangerous for an air ambulance to operate. In these situations, **we** will not arrange or pay for an air ambulance. This **policy** does not guarantee that an air ambulance will always be available when requested, even if it is medically appropriate;

(a) **我方**可支付的空中救援最长运送距离是 100 公里(160 英 里): 并且

we will only pay for an air ambulance to transport a **beneficiary** for distances up to 100 miles (160 kilometres); and

(b) <u>只有在空中救援的使用是为了到**医院**进行医学**治疗**时,**我**</u> 方才支付其费用。

we will only pay for an air ambulance where its use relates to treatment which a beneficiary needs to receive in hospital.

- 26.17.5 <u>本保险合同不承担山地救援的服务。</u>
 This **policy** does not provide cover for mountain rescue services.
- 26.17.6 本保险合同不承担国际紧急救援服务。
 This **policy** does not provide cover for international emergency services.
- 26.18 住院津贴 Inpatient Cash Benefit

如果**被保险人**进行可获本**保险合同**赔偿的**住院治疗**,但未就任何病房膳食费、**治疗**等医疗费用进行理赔,**我方**将向**被保险人**支付**住院**津贴。

We will make cash payments directly to a **beneficiary** who has received **inpatient treatment** but has not been charged for that **treatment** or for accommodation, if the **treatment** is covered under this **policy**.

26.19 住院紧急牙科 治疗 Emergency inpatient dental treatment 如果**被保险人**在**住院**期间由主持**治疗**的**专科医生**明确要求因牙科紧急症状需要在**住院**期间进行**紧急牙科治疗,我方**将支付此**治疗**(但此**牙科治疗**不能构成**住院**的主要**治疗**,否则**住院**本身将不成立**医疗必要**性)。

We will pay for emergency dental treatment which is required by a beneficiary while they are in hospital as an inpatient, if that emergency inpatient dental treatment is recommended by the treating medical practitioner because of a dental emergency (but is not the primary treatment which the beneficiary is in hospital to receive).

如果**住院**发生的某次**紧急牙科治疗**既可以在本保障获偿,也可以在其他保障中获偿,则按本保障中进行赔偿,而不按其他保障。

This **benefit** is paid instead of any other dental **benefits** the **beneficiary** may be entitled to in these circumstances.

- 26.20 精神疾病或异 常治疗 Treatment of mental health conditions and disorders
- **26.20.1 我方**将按照下述条件支付精神**疾病**或异常的**治疗**。
 Subject to the limits explained below, **we** will pay for the **treatment** of mental health conditions and disorders.
- 26.20.2 我方仅支付循证治疗及有医疗必要性的治疗。
 We will only pay for evidence-based treatment and medically necessary treatment.
- 26.20.3 任一保险期间内,我方支付下列两项治疗的总和不超过 90 天:

We will pay for up to a combined maximum total of 90 days of:

- (a) 精神**疾病**或异常的**治疗**;及 treatment for mental health conditions and disorders; and
- (b) 成瘾性嗜好的治疗; (见下述成瘾性嗜好的条款) addiction **treatment** (see additional **treatment** below);
- 26.20.4 在任一**保险期间**内,可支付的**住院治疗**最多不超过 30 天。 in any one **period of cover**, including up to 30 days of **inpatient treatment**.
- **26.20.5** 任意连续五年时间内,**我方**支付下列两项**治疗**的总和不超过 **180** 天:

We will pay for up to a combined maximum total of 180 days of:

- (a) 精神**疾病**或异常的**治疗**;及 treatment for mental health conditions and disorders; and
- (b) 成瘾性嗜好的**治疗**; (见下述成瘾性嗜好的条款) addiction **treatment** (see additional **treatment** below);

例如,在某一**保险期间**内,某**被保险人**使用了 90 天的精神**疾病** 或成瘾性**治疗**,又在随后的**保险期间**内使用了 90 天的精神**疾病** 或成瘾性**治疗**,则在再随后的连续 3 年时间里**我方**将不再支付任何精神**疾病**或成瘾性**治疗**。

in any consecutive five year period. For example, if a **beneficiary** uses 90 days of psychiatric or addiction **treatment** in one **period of cover**, and 90 days of psychiatric or addiction **treatment** in the following **period of cover**, **we** will not pay for any further psychiatric or addiction **treatment** for the next three consecutive years of cover.

- 26.20.6 在确定上述"30 天"、"90 天"、"180 天"的限制时:
 In determining when these 30, 90 and 180 day limits have been reached:
 - (a) 如果**被保险人住院**进行**治疗**的,每在**医院**过一个夜晚计作 "一天",以及

we count each overnight stay during which a beneficiary received inpatient treatment as one day; and

- (b) 如果**被保险人**在**门诊**或**日间病房**进行**治疗**的,每一个发生**门诊**或**日间病房治疗**的日历日计作"一天"。

 we count each day on which a beneficiary receives outpatient and day-patient treatment as one day.
- 26.21 成瘾性治疗 Addiction treatment
- 26.21.1 **我方**将支付: **We** will pay for:
 - (a) 成瘾性症状(包括嗜酒)的诊断;及 diagnosis of addictions (including alcoholism); and
 - (b) 在提供此类专项**治疗**的遵循**循证治疗**的专业**治疗**中心进行 的**医疗必要**的、并由**专科医生**所明确要求的一个阶段或一 个疗程的成瘾性**治疗**。

one course or programme of addiction **treatment** at a **specialist** centre providing **evidence-based treatment**, if that **treatment** is **medically necessary** and recommended by a **medical practitioner**.

26.21.2 在正式的**门诊**成瘾**治疗**疗程前,**我方**最多将支付三次**断瘾治疗**费用。

We pay for up to three attempts at detoxification, following which we

will only pay for further **detoxification treatment** if the **beneficiary** completes a formal **outpatient** course or programme of addiction **treatment**.

26.21.3 我方不承担:

We will not pay for:

- (a) <u>其他对酗酒、成瘾性状态的**治疗**;或</u> any other **treatment** related to alcoholism or addiction; or
- (b) 对任何并发症的**治疗**(包括抑郁,痴呆或肝功能衰竭等);

<u>treatment of any related condition (such as depression, dementia</u> or liver failure);

<u>——如果我们有理由认为这些并发症是由酗酒或成瘾直接导致</u>的。

where we reasonably believe that the condition which requires treatment was the direct result of alcoholism or addiction.

26.21.4 我方仅支付循证治疗及有医疗必要性的治疗。

We will only pay for evidence-based treatment and medically necessary treatment.

- **26.21.5** 在任一**保险期间**内,**我方**支付的下列两项的共计上限为 90 天: **We** will pay for up to a combined maximum total of 90 days of:
 - (a) 成瘾性**治疗**;及 addiction **treatment**; and
 - (b) 精神**疾病**及异常的**治疗**; (见前述有关部分) treatment for mental health conditions and disorders (see additional **treatment** above);

包括最多30天的住院治疗。

in any one **period of cover**, including up to 30 days of **inpatient treatment**.

26.21.6 任意连续五年期间内,**我方**支付的下列两项的共计上限为 **180**

We will pay for up to a combined maximum total of 180 days of:

- (a) 成瘾性**治疗**;及 addiction **treatment**; and
- (b) 精神**疾病**及异常的**治疗**; (见前述有关部分) treatment for mental health conditions and disorders (see additional **treatment** above);

例如,在某一**保险期间**内,某**被保险人**使用了 90 天的精神**疾病** 或成瘾性**治疗**,又在随后的**保险期间**内使用了 90 天的精神**疾病** 或成瘾性**治疗**,则在再随后连续 3 年时间里**我方**将不再支付任何精神**疾病**或成瘾性**治疗**。

in any consecutive five year period. For example, if a **beneficiary** uses 90 days of psychiatric or addiction **treatment** in one **period of cover**, and 90 days of psychiatric or addiction **treatment** in the following **period of cover**, **we** will not pay for any further psychiatric or addiction **treatment** for the next three consecutive years of cover.

26.21.7 在确定上述"30 天"、"90 天"、"180 天"的限制时:
In determining when these 30, 90 and 180 day limits have been reached:

(a) 如果**被保险人住院**进行**治疗**的,每在**医院**过一个夜晚计作 "一天";以及

we count each overnight stay during which a beneficiary receives inpatient treatment as one day; and

(b) 如果被保险人在门诊或日间病房进行治疗的,每一个发生门诊或日间病房治疗的日历日计作"一天"。 we count each day on which a beneficiary receives outpatient treatment as one day.

26.22 癌症治疗 Cancer treatment 我方将支付对癌症进行的积极治疗及循证治疗。包括:被保险人在住院、 日间病房或门诊发生的化疗、放疗、肿瘤病理、检查化验及药物等。 We will pay costs for the **treatment** of **cancer** if the **treatment** is considered by **us**

to be active treatment and evidence-based treatment. This includes chemotherapy, radiotherapy, oncology, diagnostic tests and drugs, whether the beneficiary is staying in a hospital overnight or receiving treatment as a daypatient or outpatient.

26.23 生育及新生儿 护理 Parent and

baby care

常规妊娠

Routine maternity benefit care

26.23.1 如母亲为**被保险人**,且在生育之前本**保险合同**连续生效达 10 个月或以上,**我方**将支付本**保险合同**连续生效 10 个月后**被保险人** 发生的常规妊娠、常规分娩有关的下列**门诊**及**住院治疗**费用,包括:

We will pay for the following parent and baby care and treatment incurred after 10 months of start date, on an inpatient or outpatient basis as appropriate, if the mother has been a beneficiary under this policy for a continuous period of at least 10 months prior to the birth of the child:

- (a) 正常分娩有关的**医院**收费、产科**医生**及助产士费用;及 **hospital**, obstetricians' and midwives' fees for routine childbirth; and
- (b) 被保险人正常分娩后需要立即进行的产后护理费用。 any fees as a result of post-natal care required by the mother immediately following routine childbirth.

复杂妊娠

Complicated maternity benefit care

- 26.23.2 如母亲为**被保险人**,且在生育之前本**保险合同**连续生效达 10 个月或以上,**我方**将支付本**保险合同**连续生效 10 个月后因**被保险人**的妊娠、分娩直接导致并发症而发生的**门诊**及**住院治疗**费用。 We will pay for inpatient or outpatient treatment incurred after 10 months of start date, relating to complications resulting from pregnancy or childbirth if the mother has been a beneficiary under this policy for a continuous period of at least 10 months prior to the birth of the child. This is limited to conditions which can only arise as a direct result of pregnancy or childbirth.
- 26.23.3 复杂**妊娠责任**不含家中分娩导致并发症的情况。
 This part of this **policy** does not provide cover for home births.
- **26.23.4** 如因**医疗必要**而须进行剖腹产,**我方**将按照复杂妊娠承担相应的 医疗费用。如不能证实确有必要进行剖腹产,**我方**将按常规妊娠 费用承担相应的医疗费用。

We will pay for a Caesarean section, where it is medically necessary. If

we can not confirm that it was **medically necessary**, **we** will only pay up to the limit of the mother's routine **maternity benefit** care cover.

26.23.5 本保险合同不予承担任何代孕及与代孕有关治疗的保险责任。无 论代孕者是被保险人,还是被代孕者是被保险人,我方不予支付 其任何妊娠费用。

We will not pay for surrogacy or any related treatment. We will not pay for maternity benefit care or treatment for a beneficiary acting as a surrogate, or anyone acting as a surrogate for a beneficiary.

家中分娩

Home births

26.23.6 如母亲为**被保险人**,且在其生育之前本**保险合同**连续生效达 10 个月或以上,**我方**将支付本**保险合同**连续生效 10 个月后发生的与**被保险人**家中分娩有关的**治疗**费用,包括助产士或其他**专科医生**费用。

We will pay midwives' and specialists' fees incurred after 10 months of start date, relating to routine home births if the mother has been a beneficiary for a continuous period of 10 months or more before the birth.

26.23.7 请注意:家中分娩导致的并发症不包含在上述复杂**妊娠责任**中,而是包含在家中分娩责任中进行赔付。即,如为在家中分娩的情况,**我方**对任何怀孕或分娩并发症的费用作为家中分娩的费用、按家中分娩的费用限额进行赔付。

Please note that the complicated **maternity benefit** cover explained above does not include cover for home childbirth. This means that any costs relating to complications which arise in relation to a home childbirth will only be paid in accordance with the home childbirth limits, as explained in the **list of benefits**.

新生儿护理

Newborn care

- **26.23.8** 新生儿成为本合同**被保险人**后,**我方**将支付下列费用**: We** will pay for:
 - (a) 累计不超过 10 天的新生儿常规护理;以及 up to 10 days routine care for the baby following birth; and
 - (b) 出生后 90 天内所需的所有**治疗**。此两项费用均在本保障中 承担,不在其他责任中承担。 all **treatment** required for the baby during the first 90 days after birth instead of any other **benefit**;

对于父母亲中至少一位是本**保险合同被保险人**,且新生儿出生前 10 个月或更长期间内其**保险合同**连续有效的情形:如果新生儿于出生 30 天内申请加入本**保险合同**,我方将不要求提供其医疗资料、并且无须医疗核保加入本**保险合同**;如果新生儿于出生 30 天后申请加入本保险合同,我方将要求进行医疗核保、并要求您方完成相应的医疗健康问卷、我方有可能适用特别限制条件或特别责任免除。

If at least one parent has been covered by the **policy** for a continuous period of 10 months or more prior to the newborn's birth. **We** will not require information about the newborn's health or a medical examination if an **application** is received by **us** to add the newborn to the **policy** within 30 days of the newborn's date of birth. If an **application** is received after 30 days of the newborn's date of birth, the newborn will

be subject to medical underwriting and **we** will require the completion of a medical health questionnaire whereby **we** may apply special restrictions or exclusions.

- **26.23.9** 新生儿成为本合同**被保险人**后,**我方**将支付下列费用**: We** will pay for:
 - (a) 累计不超过 10 天的新生儿常规护理;以及 up to 10 days routine care for the baby following birth; and
 - (b) 出生后 90 天内所需的所有**治疗**。此两项费用均在本保障中承担,不在其他责任中承担。 all **treatment** required for the baby during the first 90 days after birth instead of any other **benefit**;

如果新生儿的父母中没有一位能满足"在新生儿出生前 10 月或更长时间内,已经持续有效地作为我方的被保险人"的条件,而我们收到该新生儿投保申请的:则须经医疗核保,我方将要求您方完成其医疗及健康信息问卷。我方将根据医疗核保结果决定是否承保及承保条件,我方有可能适用特别限制条件或特别责任免除。If neither parent has been covered by the policy for a continuous period of 10 months or more prior to the newborn's birth and an application is received by us to add the newborn to the policy as a beneficiary. The newborn will be subject to medical underwriting and we will require the completion of a medical health questionnaire. Cover for the newborn will be subject to medical underwriting whereby we may apply special restrictions or exclusions.

26.23.10 所有经不育**治疗**后出生的儿童(如试管婴儿)、代孕者所生儿童或领养儿童须在出生满 **90** 天后才可投保本**保险合同**。

The newborn care **benefits** explained above are not available for children who are born following fertility **treatment** (such as IVF), are born to a surrogate, or have been adopted. In these circumstances children can only be covered by the **policy** when they are 90 days old.

除另有特别说明,为新生儿投保均须填写健康信息问卷并经医疗 核保,**我方**可能根据其健康情况适用一定的特别限制条件或特别 除外责任。

Cover for the baby will be subject to completion of a medical health questionnaire whereby **we** may apply special restrictions or exclusions.

- 26.24 先天性疾病 Congenital conditions
- 26.24.1 如果**被保险人** 18 周岁以前已经明确患有某**先天性疾病,我方**将支付与该**先天性疾病**有关的**住院**或**日间病房治疗**费用。
 We will pay for **treatment** on an **inpatient** or **day-patient** basis of **congenital condition**s which manifest themselves before the **beneficiary**'s 18th birthday.
- **26.24.2** 若**您方**同时购买有国际医疗补充保障、国际健康与体检保障或国际眼科与牙科保障的保障,这些保障下所有因**先天性疾病**导致的赔付总和受本责任限额的限制。

If **you** have cover under the International Medical Insurance Plus, International Emergency Evacuation, International Health and Wellbeing or International Vision and Dental options, the stated limits will apply for cover which is available under those options.

先天性疾病详细清单请联系**我方**的客户服务团队进行查询。 A full list of the conditions which **we** define as congenital can be obtained from **our** Customer Care Team. 26.24.3 本保障不适用于所有被保险人均不足 18 周岁的保险合同。如果 订立保险合同时所有被保险人的年龄均不足 18 周岁,则先天性 疾病不在保险合同保障范围内。

This benefit does not apply for the **policies**, under which all **beneficiary** (ies) are less than 18 years old. If all **beneficiary** (ies) under one **policy** are less than 18 years old when entering into the **policy**, then **congenital conditions** are excluded from the **policy**.

27. 国际医疗补充 保障(可选保 障) 国际医疗补充保障给予**您**更全面的关于门诊的保障,包括:门诊诊疗费、门诊处方药费、门诊敷料费、门诊理疗、门诊整骨治疗、门诊脊椎治疗、妊娠门诊费用等。

International Health Insurance Plus Option International Medical Insurance Plus covers **you** more comprehensively for **outpatient** care and includes **specialist** consultations, prescribed **outpatient** drugs and dressings, physiotherapy, osteopathy, chiropractic, **maternity outpatient** visits and much more.

- 27.1 执业医生及专科医生诊疗费 Consultations with Medical Practitioners and Specialists

We will pay for consultations or meetings with a **medical practitioner** which are necessary to diagnose an illness, or to arrange or receive **treatment**.

27.1.2 如**被保险人**经**专科医生**明确建议需要在**门诊**进行**医疗必要**的非**手术治疗**,我**方**将支付在**门诊**进行的该非**手术治疗**费,包括病理学、放射学及放射影像学。

We will pay for non-surgical **treatment** on an **outpatient** basis, which is recommended by a **specialist** as being **medically necessary** including, but not limited to, pathology, radiology and radiography.

27.2 门诊诊断性检 查化验费 Outpatient diagnostic testing 如**被保险人**经**执业医生**明确建议需要进行检查或化验以诊断或评估其**疾病** 状况,**我方**将支付在**门诊**发生的**诊断性检查化验**费。

We will pay for any diagnostic test that is carried out on an outpatient basis, if recommended by a medical practitioner in order to diagnose or assess a beneficiary's conditions.

- 27.3 物理治疗 Physiotherapy treatment
- **27.3.1 我方**将支付**医疗必要**的、以恢复**被保险人**日常生活的正常生理功能为目的的物理**治疗**。

We will pay for physiotherapy **treatment** that is **medically necessary**, restorative in nature to help **you** to carry out **your** normal activities of daily living.

27.3.2 这些物理**治疗**必须由拥有**治疗**所在国恰当专业资格认证的合格物理**治疗师**进行。

The **treatment** must be carried out by a properly qualified practitioner and holds the appropriate license to practice in the country where the **treatment** is received.

27.4 正骨治疗及脊椎治疗 Osteopathy and Chiropractic treatment 如果由**执业医生**建议进行正骨**治疗**或脊椎**治疗**、并进行了推荐,在一个**保险期间**内**我方**将支付总计不超过 30 次的正骨**治疗**或脊椎**治疗**。同时,这些治疗必须是循证治疗、且**医疗必要**的,并且主持对被保险人进行治疗的专科医生也建议进行。这些治疗必须由拥有治疗所在国专业资格认证的合格治疗师进行。

We will pay for a combined maximum total of 30 consultations in any one period of cover for osteopathy and chiropractic treatment which is evidence-based treatment, medically necessary and recommended by a treating specialist, if a medical practitioner recommends the treatment and provides a referral. The treatment must be carried out by a properly qualified practitioner and holds the

appropriate license to practice in the country where the **treatment** is received.

27.5 针灸治疗、顺 势治疗及中医 治疗

石灯 Acupuncture, Homeopathy, and Chinese medicine 27.5.1 如果**被保险人**经**执业医生**明确要求进行针灸**治疗**、顺势**治疗**或中 医**治疗**,在一个**保险期间**内**我方**将支付总计不超过 20 次的针灸 **治疗**、顺势**治疗**或中医**治疗**。

We will pay for a combined maximum total of 20 consultations with acupuncturists, homeopaths and practitioners of Chinese medicine for each **beneficiary** in any one **period of cover**, if those **treatment**s are recommended by a **medical practitioner**.

27.5.2 这些**治疗**必须由拥有**治疗**所在国恰当的专业执业资格的**合法注册 护士**进行。

We will only pay for these therapies if the practitioner is an appropriately qualified nurse and entitled to practise in the country where treatment is given.

27.6 言语复健治疗 Restorative Speech therapy 27.6.1 **我方**将支付满足下列全部条件的言语复健**治疗:** We will pay for restorative speech therapy if:

(a) 言语复健**治疗**是紧随着可获本**保险合同**赔偿的**治疗**后立即 发生的(如作为**被保险人**中风后续**治疗**必要一部分的言语 **治疗**);

it is required immediately following **treatment** which is covered under this **policy** (for example, as part of a **beneficiary**'s follow-up care after they have suffered a stroke);

- (b) 该治疗经专科医生明确是短期的、且是医疗必要的。 it is confirmed by a **specialist** to be **medically necessary** on a **short-term** basis.
- **27.6.2 我方**不予承担不是以恢复原有言语能力为目的的言语**治疗**,如下列任一情况:

We will only pay for speech therapy if the aim of that therapy is to restore impaired speech function. We will not pay for speech therapy which:

- (a) 用于改善发育不完全的言语能力; aims to improve speech skills which are not fully developed;
- (b) <u>出于教育提高言语能力的目的;</u> <u>is educational in nature;</u>
- (c) <u>出于维持语言交流能力为目的;</u> is intended to maintain speech communication;
- (d) <u>为纠正言语障碍(例如口吃);或</u> aims to improve speech or language disorders (such as stammering); or
- (e) 因学习困难及发育问题引起的,例如阅读障碍,注意力缺陷多动障碍(ADHD)或自闭症等。 is as a result of learning difficulties, developmental problems (such as dyslexia), behavioural problems (such as attention-deficit hyperactivity disorder), or autism.

27.7 药品费及敷料 费 **我方**将支付**被保险人**在**门诊**发生的由**执业医生**开具处方的处方药或敷料费。

Drugs and dressings

We will pay for prescription drugs and dressings which are prescribed by a **medical practitioner** on an **outpatient** basis.

27.8 耐用医疗设备 27.8.1 如果由**专科医生**明确要求须租赁专用医疗设备以辅助**治疗被保险**

租赁费 Rental of durable medical equipment 人,每一**保险期间**内**我方**将支付最多 45 天的医疗设备租赁费。 **We** will pay for the rental of durable medical equipment for up to 45 days per **period of cover**, if the use of that equipment is recommended by a **specialist** in order to support the **beneficiary**'s **treatment**.

27.8.2 可被支付的耐用医疗设备须满足下列全部条件:

We will only pay for the rental of durable medical equipment which:

- (a) 非一次性用品、可多次反复使用; is not disposable, and is capable of being used more than once;
- (b) 以医疗为目的; serves a medical purpose;
- (c) 适于家庭使用;并且 is fit for use in the home; and
- (d) 不能用于除**治疗疾病**或**损伤**以外的任何其他目的。 is of a type only normally used by a person who is suffering from the effect of a disease, illness or **injury**.
- 27.9 成人疫苗接种 Adult vaccinations

27.9.1

我方将支付下列疫苗或免疫费用,包括:

We will pay for certain vaccinations and immunisations namely:

- (a) 破伤风(每 10 年一次); tetanus (once every 10 years);
- (b) 甲肝; hepatitis A;
- (c) 乙肝; hepatitis B;
- (d) 脑膜炎; meningitis;
- (e) 狂犬病; rabies;
- (f) 霍乱; cholera;
- (g) 黄热病; yellow fever;
- (h) 乙型脑炎; Japanese encephalitis;
- (i) 脊髓灰质炎; polio booster;
- (j) 伤寒;以及 typhoid; and

27.10.1

- (k) 疟疾(以片剂形式,每日或每周)。 malaria (in tablet form, either daily or weekly).
- 27.10 牙科意外门诊 治疗 Dental accidents

如果**被保险人**因遭受意外事故而导致**健康自体牙**发生**损伤,牙齿损伤的治疗**在意外事故后立即开始、且在意外事故后 30 天内完成的,**我方**将支付该项牙科意外**门诊治疗**费用。

If a **beneficiary** needs **dental treatment** as a result of injuries which they have suffered in an accident, **we** will pay for **outpatient dental treatment** for any **sound natural tooth/teeth** or teeth damaged or affected by the accident, provided the **treatment** commences

immediately after the accident and is completed within 30 days of the date of the accident.

27.10.2 为加快理赔过程,须同时提供进行**治疗**的牙科**医生**提供的下列全部信息:

In order to approve this **treatment**, **we** will require confirmation from the **beneficiary**'s treating **dentist** of:

- (a) 意外事故的具体日期;及 the date of the accident; and
- (b) 确认所**治疗**的牙齿为**健康自体牙**。
 the fact that the tooth/teeth which are the subject of the proposed **treatment** are **sound natural tooth/teeth**.
- 27.10.3 如果某次意外伤害的**牙科治疗**既可以在本保障获偿,也可以在其他保障中获偿,则按本保障中进行赔偿,而不按其他保障。(但如果也可在"**住院紧急牙科治疗**"中获偿,则优先按"**住院紧急牙科治疗**"本担赔偿。)

We will pay for this **treatment** instead of any other **dental treatment** the **beneficiary** may be entitled to under this **policy**, when they need **treatment** following accidental damage to a tooth or teeth.

27.10.4 <u>在本项**保险责任**中,**我方**将不支付任何对种植牙、冠修复体及义</u> 齿的修补与更换费用。

We will not pay for the repair or **provision** of dental implants, crowns or dentures under this part of this **policy**.

27.11 儿童健康检查 Well child tests 27.11.1 **我方**将支付在每一**适当的年龄间隔**内进行的一次儿童发育咨询, 且终身累积不到 13 次。具体包括

We will pay for one child development consultation visit at any of the appropriate age intervals (up to a total of 13 visits for each child), including

- (a) 由**执业医生**提供的下列咨询服务: for a **medical practitioner** to provide below consultations:
 - (i) 根据健康信息评估健康状况; evaluating medical history;
 - (ii) 体格检查,

physical examinations;

仅包含手法检查,或常规器械如耳镜、口镜、听诊器等进行的常规检查;不包含单独收费的仪器检查、专科仪器检查、实验室检验。

only including manually, or with routine instruments such as ear speculum, mouth mirror or stethoscope; excluding equipment examinations which are separately charged, equipment examinations which are done by special laboratories, or laboratorial tests.

- (iii) 发育评估; development assessment;
- (iv) 成长发育指导;以及 anticipatory guidance; and
- (b) 必要的血常规、尿常规检验。 appropriate routine blood test and routine urine test.

27.11.2 我方将支付 5 周岁及以下儿童的一次性入学健康检查,包括发育、听力和视力;

We will pay for one school entry health check, to assess growth, hearing and vision, for each child aged 5 or younger;

27.11.3 我方将支付大于 **12** 周岁的糖尿病患儿的一次糖尿病视网膜病变 筛查。

We will pay for one diabetic retinopathy screening for children over the age of 12 who have diabetes.

27.12 儿童免疫 Child immunisations

27.12.1 我方将支付 17 周岁及以下儿童的下列免疫费用:

We will pay for the following immunisations for children aged 17 or younger;

- (a) 白百破(白喉、百日咳和破伤风); DPT (diphtheria, pertussis and tetanus);
- (b) MMR(麻疹、腮腺炎和风疹); MMR (measles,mumps and rubella);
- (c) B 型流行感冒嗜血杆菌; HIB (haemophilus influenza type b);
- (d) 脊髓灰质炎; polio;
- (e) 流感; influenza;
- (f) 乙肝; hepatitis B;
- (g) 水痘; chick pox;
- (h) 肺炎; pneumonia;
- (i) 脑膜炎;及 meningitis; and
- (j) 人乳头状瘤病毒; human papilloma virus (HPV).

27.13 每年常规检查 Annual routine tests

27.13.1 我方将支付 15 周岁或以下儿童如下两项费用。

We will pay for the following routine tests for children aged 15 or **you**nger:

- (a) 一次视力检查;及 one eye test; and
- (b) 一次听力检查。 one hearing test.

28. 国际健康与体 检保障(可选 保障)

International Health and Wellbeing Cover Option 国际健康与体检保障给予**被保险人**关于**疾病**筛查、化验及检查的保障,并通过在线健康教育、健康风险评估给**被保险人**提供关于健康评估及生活危机处理等一系列量身定制的个性化的咨询建议方案,以帮助**被保险人**按照他们喜欢的方式维护其健康。

International Health and Wellbeing covers the **beneficiary** for screenings, tests, examinations, counselling support for a range of life crises and tailored advice and support through **our** online health education and health risk assessment, helping the **beneficiary** to take control and manage their health the way they want.

28.1 成人健康筛查 Adult Screening

- 28.1.1 每一**保险**年度内,**我方**将支付下列由**执业医生**执行的检查:
 During each **period of cover we** will pay for the following tests to be carried out by a **medical practitioner**:
 - (a) 每年一次帕帕尼科拉乌检查,通常被称为巴氏涂片(检查);
 - an annual papanicolaou test (pap smear) for female beneficiaries;
 - (b) 每年一次针对 50 周岁及以上男性**被保险人**进行的前列腺筛查,通常称为前列腺特异性抗原(PSA)检查;an annual prostate examination (prostate specific antigen (PSA) test) for male **beneficiaries** aged 50 or over;
 - (c) 35 周岁到 39 周岁无症状女性**被保险人**,限一次的基准乳腺 X 线摄影检查; one baseline mammogram for asymptomatic female **beneficiaries** aged between 35 and 39;
 - (d) 40 周岁到 49 周岁无症状女性**被保险人**,每两年一次**医疗必 要**的乳腺 X 线摄影检查; one mammogram every two years for asymptomatic female beneficiaries aged between 40 and 49 (or more often, if **medically necessary**);
 - (e) 50 周岁及以上**被保险人**,每年一次的乳腺 X 线摄影检查; one mammogram per year for female **beneficiaries** aged 50 or over;
 - (f) 55 周岁及以上的**被保险人**的肠癌筛查,每年一次; one bowel **cancer** screening per year for **beneficiaries** aged 55 or over;
 - (g) 每年一次的骨密度扫描; one bone density scan per **period of cover**;
 - (h) 每一**保险期间**内不超过 4 次的营养师咨询,以提供对于某些诊断**疾病**需要的饮食建议与要求;以及up to 4 consultations with a dietician per **period of cover**, if the **beneficiary** requires dietary advice relating to a diagnosed disease or illness such as diabetes; and
 - (i) 常规成人体检,其赔付以**保障利益表**中所列金额为限。 routine adult physical examinations, within the limits set out in the **list of benefits**.

28.2 个人关爱服务 Life management

- 28.2.1 每天 24 小时、每周 7 天、每年 365 天随时可获得本项服务。 Available 24 hours a day, 7 days a week, 365 days a year.
- **28.2.2** 最多 5 次的与专业顾问当面咨询的机会。
 Up to 5 face-to-face sessions with a professional counsellor.
- 28.2.3 服务的内容包括:在工作、生活、个人及家庭事务等方面为**被保险人**提供信息或资源的获取、专家咨询等专业支持。
 Provides information, resources, and counselling on any work, life, personal, or family issue that matters to **you**.
- 28.2.4 电子咨询平台提供方便的在线咨询。
 Convenient online counselling via E-counselling.
- **28.2.5** 不限次的电话咨询服务。 Unlimited telephonic support.

- **28.2.6 您方**还可以用短信发送所需服务,**我方**将进行电话回访。 SMS texting text the support **you** need and receive a call back.
- 28.2.7 危机支援。 Crisis support.
- 28.3 在线健康教育、健康风险评估及健康指导
 Online health education, health assessments and web-based

您方可在线登录到**我方**提供健康咨询服务的安全网站。

Online access to our health and wellbeing section in our secure customer area.

29. 国际眼科与牙 科保障(可选 保障)

coaching

International
Vision and Dental
Cover Option

国际眼科与牙科保障为**被保险人**提供广泛范围的牙科预防**治疗**、牙科常规 **治疗**、牙科重大**治疗**及牙科正畸**治疗**等保障。另外,它还提供常规视力维 护的费用,包括验光、视力矫正眼镜、框架眼镜、有处方的太阳镜及隐形 眼镜。

International Vision and Dental gives the **beneficiary** access to a wide range of preventative, routine, major and orthodontic **treatments**. It also pays for the **beneficiary**'s routine vision care costs, including eye tests, corrective lenses, eyeglass frames, prescription sunglasses and contact lenses.

29.1 视力 Vision

29.1.1 我方将支付下述费用:

We will pay for:

- (a) 每一**保险期间**一次验光师或眼科**医生**实施的眼科检查; one eye examination per **period of cover**, to be carried out by either an ophthalmologist or optometrist;
- (b) 根据验光师或眼科**医生**的医嘱所配的眼镜或隐形眼镜; glasses or contact lenses, when prescribed by an ophthalmologist or optometrist;
- (c) 根据验光师或眼科**医生**的医嘱所配的眼镜框架; frames for glasses or lenses which are prescribed by an ophthalmologist or optometrist; and
- (d) 根据验光师或眼科**医生**的医嘱所配的太阳镜; sunglasses, when prescribed by an ophthalmologist or optometrist.
- **29.1.2 我方**将不支付下述费用:

We will not pay for:

- (a) 每一保险期间一次以上的眼科检查; more than one eye examination in any one **period of cover**;
- (b) 太阳镜,除非是**医疗必要**的且根据验光师或眼科**医生**的医嘱所配; sunglasses, unless medically prescribed, by an ophthalmologist or optometrist;
- (c) <u>非**医疗必要**的、或者不是根据验光师或眼科**医生**的医嘱所配的眼镜或隐形眼镜;</u> glasses or lenses which are not **medically necessary** or not prescribed by an ophthalmologist or optometrist; or

(d) 除上面列明项目外的其他**治疗**或**手术**,包括以矫正视力为 目的的**手术**,如:激光矫正**手术**、屈光角膜切开**手术**及屈 光性角膜切削术等。

treatment or surgery, including treatment or surgery which aims to correct eyesight, such as laser eye surgery, refractive keratotomy (RK) or photorefractive keratectomy (PRK).

(e) 就视力矫正眼镜进行理赔时,需要向**我方**提供医嘱或发票的复印件。

A copy of a prescription or invoice for corrective lenses will need to be provided to **us** in support of any claim for frames.

29.2 牙科 预防性**牙科治疗**Dental Preventative **dental treatment**

29.2.1 我方为国际眼科与牙科保障持续有效达 6 个月及以上的**被保险人** 支付下列牙科预防**治疗**费用,包括:

We will pay for the following preventative **dental treatment** recommended by a **dentist** after a **beneficiary** has had International Visual and Dental cover for at least six months:

- (a) 每一**保险期间**内两次牙科检查; two dental check-ups per **period of cover**;
- (b) X 光检查包括咬翼片、牙片及口腔全景片; X-rays, including bitewing, single view, and orthopantomogram (OPG);
- (c) 每一**保险期间**两次的洁牙及抛光,包括必要情况下局部氟化剂处理; scaling and polishing including topical fluoride **application** when necessary (two per **period of cover**);
- (d) 每一**保险期间**一付护齿的费用; one mouth guard per **period of cover**;
- (e) 每一**保险期间**一付夜间咬合垫的费用;以及 one night guard per **period of cover**; and
- (f) 窝沟封闭**治疗**。 Fissure sealant.

常规牙科治疗

Routine dental treatment

29.2.2 我方为国际眼科与牙科保障持续有效达 6 个月及以上的**被保险人** 支付如下牙科常规**治疗**费用(如果这些**治疗**是出于维护**口腔健康** 所必须的并且由牙科**医生**要求):

We will pay for the following routine dental treatment after a beneficiary has had International Visual and Dental cover for at least 6 months (if that treatment is necessary for continued oral health and is recommended by a dentist):

- (a) 根管**治疗**; root canal **treatment**;
- (b) 拔牙; extractions;
- (c) 牙科**手术**; surgical procedures;

(d) 暂时性牙科处理(包括开髓、换药、引流、暂封、暂时充填等);

occasional treatment;

- (e) 麻醉药;以及 anaesthetics; and
- (f) 牙周**治疗**。 periodontal **treatment**.

重大牙科治疗

Major restorative dental treatment

29.2.3 我方将为国际眼科与牙科保障持续有效达 **12** 个月及以上的**被保 险人**全额支付牙科修复性**治疗**费用。

We will pay for the following major restorative **dental treatment** in full after a **beneficiary** has had International Visual and Dental cover for at least 12 months:

- (a) 义齿—丙烯酸树脂/合金复合义齿,金属义齿或金属/丙烯酸树脂复合义齿; dentures (acrylic/synthetic, metal and metal/acrylic);
- (b) 冠修复体; crowns;
- (c) 嵌体;以及 inlays; and
- (d) 种植牙。 placement of dental implants.

若被保险人在其国际眼科与牙科保障持续有效不足 12 个月时要求对其修复性义齿治疗进行理赔,我方将按其实际治疗费用的50%作为理赔计算中的治疗费用;

If a **beneficiary** needs major restorative **dental treatment** before they have had International Visual and Dental cover for 12 months, **we** will pay 50% of the amount which **we** would pay if they had been covered for 12 months or more.

正畸治疗

Orthodontic treatment

29.2.4 我方将为国际眼科与牙科保障持续有效不少于 **24** 个月且年龄在 **18** 周岁及以下的**被保险人**支付牙齿正畸**治疗**费用。但**我方**仅支付 满足下列全部条件的正畸**治疗**:

We will pay for orthodontic **treatment** for **beneficiaries** aged 18 or **you**nger, if they have had International Visual and Dental cover for at least 24 months. **We** will only pay for orthodontic **treatment** if:

- (a) 为**被保险人**主持进行正畸**治疗**的牙科**医生**应事先向**我方**提 供有关正畸**治疗**的详细资料(包括 X 光片及牙科模型的情况),以及预期的费用;并且
 - the **dentist** or orthodontist who is going to provide the **treatment** provides us, in advance, with a detailed description of the proposed **treatment** (including X-rays and models), and an estimate of the cost of **treatment**; and
- (b) 事先得到**我方**审核同意。
 we have approved the **treatment** in advance.

父母或监护人陪同住院的病房膳食费

Hospital accommodation for a parent or guardian

29.2.5 如果 17 周岁或以下的被保险人需要住院进行牙科治疗并且需要在医院停留过夜:如果满足下面全部条件,我方将支付其父母或监护人中的一人陪同被保险人住院的病房膳食费用:
If a beneficiary who is 17 years old or younger needs inpatient dental treatment and has to stay overnight in hospital, we will pay for hospital

(a) 该**医院**可以进行陪护;且 accommodation is available in the same **hospital**, and

accommodation for a parent or legal guardian, if:

(b) 其陪同住宿费用是合理的。 the cost is reasonable.

仅当**被保险人**接受的是属于本**保险合同**约定范围内的**牙科治疗**时,**我方**才承担此陪护费用:

We will only pay for **hospital** accommodation for a parent or legal guardian if the **dental treatment** which the **beneficiary** is receiving during their stay in **hospital** is covered under this **policy**.

其他牙科治疗

Other dental treatment

29.2.6 如果**被保险人**进行了本条款列明外的某**牙科治疗,被保险人**可以 (在**治疗**开始前)联系**我方**查询**我方**是否同意承担该项**治疗。我** 方将考虑其要求,审慎决定:

If a **beneficiary** requires a form of **dental treatment** which is not provided for in this **provision**, they may contact **us** (before the **treatment** is received) to enquire whether **we** will provide cover for that **treatment**. **We** will consider the request, and will decide, at **our** discretion:

- (a) **我方**是否将支付该项**治疗**; whether **we** will pay for the **treatment**;
- (b) 如果同意支付,**我方**是全部支付还是部分支付;以及 if so, whether **we** will pay all or part of the cost; and
- (c) 该项**治疗**将作为哪部分的保障利益进行支付(对各部分保障利益的限额计算将产生影响)。 which of the areas of cover it will come within (for the purposes of calculating when limits of cover are reached).
- **29.2.7** 预先批准应该在各项**治疗**开始之前进行。
 Prior approval should be obtained before any **treatment** is received.

一般事项

General conditions

- 29.2.8 <u>所有保障应受到下列限制:</u> All cover is subject to:
 - (a) 保障利益表中所列的对各项保障利益的次数的限制; the limits shown in the **list of benefits** as to the number of times we will pay for a particular **treatment**;
 - (b) **保障利益表**中所列的对各项保障利益的赔偿最高额度的限制;以及

the limits shown in the **list of benefits** as to the maximum amounts **we** will pay in relation to a particular **treatment**; and

(c) 本保险条款中所述的各术语、支付条件、限制(包括次数 及额度)及责任免除。

all of the terms, conditions, limits and exclusions set out in this **policy**.

牙科责任免除

Dental exclusions

29.2.9 <u>除了后文通用责任免除条款所列的责任免除外,下列责任免除也</u>适用于**牙科治疗**。

The following exclusions apply to **dental treatment**, in addition to those set out elsewhere in this **policy** and in **your certificate of insurance**.

我方将不支付:

We will not pay for:

(a) 单纯的**美容**性治疗,或其他不是为维持或改善**口腔健康**而 必须进行的治疗;

<u>Purely cosmetic treatments</u>, or other treatments which are not necessary for continued or improved oral health.

(b) 被保险人以非法活动为目的(不论是完全还是部分以此为 目的)所需要进行的**牙科治疗**;

<u>Treatment which is, to any extent, made necessary by a beneficiary engaging in any illegal activity.</u>

- (c) 为了填写理赔**申请**表或其他日常事务而导致的费用;

 Fees or costs which relate to the filling of a claim form, or any other administrative service.
- (d) 已经或者应该由第三方保险公司、个人、组织或公共机构 承担的费用。如果被保险人也在其他保险公司拥有承担相 应费用的保险,我方将按比例承担我方应该适当承担的部 分。如果我方承担的费用中的全部或部分应该由第三方保 险公司、个人、组织或公共机构承担,我方将可能适当地 向他们追讨此全部或部分费用。

Fees or costs which either have been paid, or could be paid, by another insurance company, person, organisation or public body. If the beneficiary is also covered by other insurance, we will only pay a proportion of the cost of treatment, as appropriate. If all or any of the cost of the treatment could also be met by some other person, organisation or public body, we may claim back all or any of the amount we have paid from them, as appropriate.

- (e) 因牙具遗失或被盗而进行的更换;

 The replacement of any dental appliance which is lost or stolen, or associated **treatment**.
- (f) 按照被保险人常住国内拥有普通能力技术的牙医的正常合理的意见:被保险人的牙桥、冠修复体或义齿可以修理并达到正常可用的状态。但被保险人更换该牙桥、冠修复体或义齿;

The replacement of a bridge, crown or denture which (in the reasonable opinion of a dentist of ordinary competence and skill in the beneficiary's country of habitual residence) is capable of being repaired and made usable.

(g) <u>初次安装后不足五年的牙桥、冠修复体及义齿的更换,除</u> 非:_ <u>The replacement of a bridge, crown or denture within five years</u> of its original fitting unless:

- (i) **保险期间**内被保险人因外力伤害导致牙桥、冠修复体及义齿受损后无法修复达到正常可用的状况;或 it has been damaged beyond repair, whilst in use, as a result of an **dental injury** suffered by the **beneficiary** whilst they are covered under this **policy**; or
- (ii) 在被保险人必须拔除健康自体牙后,从医疗上必须对与被拔除牙齿有邻接关系或对合关系的原义齿进行更换;或 the replacement is necessary because the beneficiary requires the extraction of a sound natural tooth/teeth; or
- (iii) 在对颌牙初次安装半口义齿时,为进行全口牙列的咬合关系配置,原义齿必须更换。
 the replacement is necessary because of the placement of an original opposing full denture.
- (h) <u>树脂贴面或瓷贴面。</u> Acrylic or porcelain veneers.
- (i) <u>对上下颌的第一、第二及第三颗磨牙安装冠修复体或假</u> <u>牙,除非:</u>

<u>Crowns or pontics on, or replacing, the upper and lower first, second and third molars unless:</u>

- (i) <u>是全瓷、烤瓷或全金属的冠修复体或假牙,如镍铬合金冠;或</u>
 they are constructed of either porcelain; bonded-to-metal or metal alone (for example, a gold alloy crown); or
- (ii) <u>常规或**紧急牙科治疗**中所需要的临时冠或假牙。</u> a temporary crown or pontic is necessary as part of routine or emergency **dental treatment**.
- (j) <u>实验性的或不符合通常**牙科治疗规范**的**牙科治疗**、操作或 材料:</u> Treatments, procedures and materials which are experimental or
- (k) <u>直接或间接由下述原因造成的种植牙**治疗**:</u>

 <u>Treatment for dental implants directly or indirectly related to:</u>
 - (i) 种植融合失败; failure of the implant to integrate;
 - (ii) <u>种植体骨结合部位破裂;</u> <u>breakdown of osseo-integration;</u>
 - (iii) <u>种植体周围炎;</u> peri-implantitis;
 - (iv) <u>更换冠修复体、牙桥及义齿;或</u> replacement of crowns, bridges or dentures; or
 - (v) <u>或任何意外或紧急的**牙科治疗**,包括任何假体设备。</u> <u>any accident or **emergency treatment** including for any prosthetic device.</u>
- (I) 口腔卫生咨询建议,如牙菌斑控制、口腔卫生及饮食等;

Advice relating to plaque control, oral hygiene and diet.

(m) 单纯的服务或商品,包括但不限于漱口水、牙刷及牙膏 等;_

<u>Services and supplies, including but not limited to mouthwash, toothbrush and toothpaste.</u>

(n) 国际眼科与牙科保障不包含在**医院**进行的应包含在国际医疗保障及/或国际医疗补充保障(如果**被保险人**购买了该项可选责任)内的**牙科治疗**;另外,如果该**牙科治疗**是导致被保险人住院的原因,则该治疗也不包含在国际医疗保障及/或国际医疗补充保障内;

Medical **treatment** carried out in **hospital** by an oral **specialist** may be covered under International Medical Insurance plan and/or International Medical Insurance Plus, if this option has been bought, except when **dental treatment** is the reason for **you** being in **hospital**.

- (o) <u>被保险人</u>在 19 周岁生日后进行的正畸**治疗**; Orthodontic **treatment** for anyone after their 19th birthday.
- (p) <u>咬合关系取模,精密/半精密附着体;</u> <u>Bite registration, precision or semi-precision attachments.</u>
- (q) <u>主要出于如下目的的**治疗**方法、用具及修复物(全口义齿</u>除外):

Any **treatment**, procedure, appliance or restoration (except full dentures) if its main purpose is to:

- (i) <u>改变上下(颌间)距离;或者</u> change vertical dimensions; or
- (ii) <u>颞下颌关节功能障碍的诊断或**治疗**;或者</u> <u>diagnose or treat conditions or dysfunction of the</u> temporomandibular joint; or
- (iii) <u>牙周病患牙固定;或者</u> <u>stabilise periodontally involved teeth; or</u>
- (iv) <u>咬合运动障碍解除。</u> restore occlusion.

第三章 责任免除

Section 3 - Exclusions

30. 通用责任免除

下述通用责任免除对本**保险合同**所有保障均适用:

General Exclusions

Cover under this **policy** is subject to the following general exclusions:

30.1 <u>违反法律规定的行为,包括但不限于违反外汇管理的规定、当地的</u> <u>法律法规、贸易制裁或管制规定。</u>

We will not offer cover or pay claims when it is illegal for us to do so under applicable laws. Examples include but are not limited to, exchange controls, local licensing regulations, sanctions or trade embargo.

30.2 即使已经**我方**批准,**我方**仍将不对任何因接受**医院治疗**或由于**执业 医生**所导致的损失、损害、**疾病或损伤**承担**保险责任**。

We cannot be held responsible for any loss, damage, illness and/or injury that may occur as a result of receiving medical treatment at a hospital or from a medical practitioner, even when we have approved the treatment as

being covered.

30.3 如果**您方**未购买国际医疗补充保障、国际健康与体检保障或国际眼科与牙科保障,**我方**将不支付任何与上述**保险责任**有关的**治疗**费用。

If a beneficiary does not have cover under the International Medical Insurance Plus, International Health and Wellbeing, or International Vision and Dental options, we will not pay for any of the treatments or other benefits which are available under those options.

30.4 <u>下述责任免除适用于国际医疗保障及任一可选保障。</u>
The following exclusions apply to the International Medical Insurance plan and to all of the extra coverage options.

除了我们下面列出的责任免除外,**我方**将按照**被保险人**当时所拥有的保障 来支付符合规定条件的**治疗**费用。

Where, in the exclusions which are set out below, we have stated that we will pay for treatment in some circumstances, this is subject to the beneficiary having cover under the appropriate coverage option or options.

30.5 我方将不予支付:

We will not pay for:

30.5.1 人工维持生命,包含仪器辅助呼吸,除非此**治疗**有使**被保险** 人复原或恢复到患病前健康状况的合理预期。

Life support **treatment** (such as mechanical ventilation) unless such **treatment** has a reasonable prospect of resulting in the **beneficiary**'s recovery, or restoring the **beneficiary** to his or her previous state of health.

30.5.2 下列**治疗**:

Treatment for:

- (a) <u>既往症;或</u> <u>a pre-existing condition; or</u>
- (b) 投保前被保险人已经知道(或者应该已经知道)但未 告知的既往症所导致或相关的任何疾病或症状; any condition or symptoms which result from, or are related to, a pre-existing condition which the beneficiary knew about (or should have known about) before the start of their cover, but which was not disclosed to us.

对任何**既往症**,只有在投保**申请**过程中向**我方**告知并 **且我方**医疗核保同意接受后,才能在本**保险合同**中得 到支付。

<u>Pre-existing conditions</u> will only be covered under this <u>policy</u> if they were disclosed during the <u>application</u> process and <u>our</u> medical underwriters agreed to provide that cover.

- 30.5.3 医疗核保所作出的任何特别责任免除中所涉及疾病或症状导致的治疗。特别责任免除详见您的保险凭证。
 Treatment for a condition which is the subject of a special exclusion.
 Special exclusions are set out in your certificate of insurance.
- 30.5.4 非出于**医疗必要**的入院或**住院**,包括:

 Non medical admissions or stays in **hospital** which includes:
 - (a) <u>可以在**日间病房**或**门诊**进行的**治疗**;</u> treatment that could take place on a **day-patient** or

outpatient basis;

- (b) <u>病后自然恢复过程;</u> convalescence;
- (c) <u>社会性或家庭性事务导致的入院,如洗衣、穿着及沐浴等。</u>
 <u>social or domestic reasons e.g. washing, dressing and bathing.</u>
- 30.5.5 <u>豪华套间、行政套间、贵宾病房等高级病房费用。</u>
 Costs of **hospital** accommodation for a deluxe, executive or VIP suite.

30.5.6 器官捐献

- **Donor organs:**
- (a) 机械性人工器官、或动物器官,除非在等待移植过程中为**短期**维持身体机能而临时使用的机械设备; mechanical or animal organs, except where a mechanical appliance is temporarily used to maintain bodily function whilst awaiting transplant;
- (b) 通过任何渠道购买捐献器官的费用;或 purchase of a donor organ from any source; or
- (c) <u>针对未来可能出现的**疾病**而预先保存干细胞的费用。</u> <u>harvesting and storage of stem cells, when a preventative</u> <u>measure against possible future disease.</u>

Foetal surgery, i.e. treatment or surgery undertaken in the womb before birth, unless this is resulting from complications arising through maternity and shall be subject to the limits detailed in the 'Complicated Maternity' section of your policy.

- 30.5.8 足部护理,包括由手足病**治疗**专家或足科**医生**进行的。 Foot care by a Chiropodist or Podiatrist.
- 30.5.9 睡眠异常;除非有证据表明该**被保险人**经受着严重的呼吸睡眠综合症(窒息),在这样的情况下**我方**将支付:
 Sleep disorders unless there are indications that the **beneficiary** is suffering from severe sleep apnoea. in these circumstances, **we** will only pay for:
 - (a) <u>一次睡眠情况评估;</u> <u>one sleep study;</u>
 - (b) <u>医学上合理的**手术**;以及</u> <u>surgery</u>, if medically appropriate; and
 - (c) 仪器租借使用费,如其他方法都失败的情况下使用持续气道正压(CPAP)通气仪器,但仅限于购买了国际医疗补充保障的**被保险人**。
 the hire of equipment such as a Continuous Positive Airway Pressure (CPAP) machine because all other methods have failed to resolve the issue (only if the **beneficiary** has cover under the International Medical Insurance Plus option).

30.5.10 下列**医生、医院、诊所**及机构提供的**治疗**:

Treatment which is provided by:

(a) 医疗从业人员没有得到**治疗**所在国有关当局认可为具 有**治疗**相应**疾病**、病症或**损伤**所需要的适当专业知识 和技能的;

a medical practitioner who is not recognised by the relevant authorities in the country where the treatment is received as having specialist knowledge of, or expertise in, the treatment of the disease, illness or injury being treated;

- (b) 我方已经以书面形式致函执业医生、治疗师、医院、 诊所及机构通知:我方不再承认其作为我方认可的医 疗服务主体(我方已经作出这样通知的执业医生、治 疗师、医院、诊所及机构的信息可询问我方的信息查 询热线);或者
 - a medical practitioner, therapist, hospital, clinic, or facility to whom we have given written notice that we no longer recognise them as a treatment provider. Details of individuals, institutions and organisations to whom we have given such notice may be obtained by calling our general enquiries number; or
- (c) 根据**我方**的合理意见,没有得到有效认证或授权、或 没有适当的能力进行相应**治疗的执业医生、治疗师、 医院、诊所**及机构。

a medical practitioner, therapist, hospital, clinic, or facility which, in our reasonable opinion, is either not properly qualified or authorised to provide treatment, or is not competent to provide treatment.

30.5.11 <u>提供**治疗**的人员与**被保险人**在同一居所,或为**被保险人**的家</u> 庭成员:

<u>Treatment which is provided by anyone who lives at the same</u> address as the **beneficiary**, or who is a member of the **beneficiary**'s family.

30.5.12 戒烟及其相关治疗。

<u>Treatment for, or in connection with, smoking cessation.</u>

- 30.5.13 <u>由于武装冲突或灾难导致的必要**治疗**,包括但不限于:</u>
 <u>Treatment which is necessary as a result of conflict or disaster including but not limited to:</u>
 - (a) <u>核爆炸及化学污染;</u> <u>nuclear or chemical contamination;</u>
 - (b) 战争,恐怖主义入侵,叛乱(无论是否已宣战),内战,骚乱或军事篡位,戒严,暴乱或任何法律下组织的临时政府;

war, invasion, acts of terrorism, rebellion (whether or not war is declared), civil war, commotion, military coup or other usurpation of power, martial law, riot, or the act of any unlawfully constituted authority;

(c) <u>当地卫生机构宣布的疫情爆发,并且相应进行的疫情</u> 控制,以及

<u>outbreaks of disease which are declared to be epidemics and</u> put under the control of the local public health authorities;

and

- (d) 其他武装冲突或灾难,如果**被保险人**有如下情况: any other conflict or disaster events if the **beneficiary** has:
 - (i) 进入众所周知的武装交战地区(由**您国籍国**的政府所宣布,例如由英国外事及公共安全办公室宣布);或 put him or herself in danger by entering a known area of conflict (as identified by a Government in **your** Country of nationality, for example the British Foreign and Commonwealth Office);
 - (ii) <u>为主动介入冲突者; 或</u> actively participated in the conflict; or
 - (iii) 表现出明显不顾及个人安危。 displayed a blatant disregard for their own safety.
- 30.5.14 因被保险人的自杀、自伤及其他故意行为所导致的治疗;
 Treatment that arises from, or is in any way connected with attempted suicide, or any injury or illness that the beneficiary inflicts upon him or herself.
- 30.5.15 <u>不是以使原有言语能力复原为目的的言语**治疗**,包括但不限</u>于下述任一情况:

<u>Treatment for or in connection with speech therapy that is not</u> restorative in nature, or if such therapy is:

- (a) <u>用于改善发育不完全的言语能力;</u> used to improve speech skills that have not fully developed;
- (b) <u>作为家庭监护或家庭教育的;或</u> <u>can be considered custodial or educational; or</u>
- (c) <u>出于维持语言交流能力为目的。</u> is intended to maintain speech communication.
- 30.5.16 发育问题,包括:

Developmental problems including:

- (a) <u>学习困难如阅读障碍;</u> <u>learning difficulties such as dyslexia;</u>
- (b) <u>行为问题如注意力缺陷或多动症(ADHD);</u> <u>behavioural problems such as autism or attention deficit</u> <u>disorder (ADHD);</u>
- (c) <u>身体发育问题如身材矮小。</u> physical development problems such as short height.
- 30.5.17 <u>颞下颌关节功能障碍的(TMJ).</u>
 Disorders of the temporomandibular joint (TMJ).
- 30.5.18 <u>治疗肥胖或其并发症,包括但不限减肥课程、减肥指导或药</u>物减肥。

<u>Treatment for obesity, or which is necessary because of obesity.</u>
This includes, but is not limited to, slimming classes, aids and drugs.

<u>当被保险人</u>符合在如下情况时,**我方**将支付胃束带或胃旁路 <u>手术:</u>

We will only pay for gastric banding or gastric bypass surgery if a

beneficiary:

- (a) <u>体重指数(BMI)达到 40 或以上并被诊断为病态肥胖,或;</u> has a body mass index (BMI) of 40 or over and has been
 - has a body mass index (BMI) of 40 or over and has been diagnosed as being morbidly obese;
- (b) <u>能够提供文件证明:过去24个月内已经尝试过其他减肥方法;</u>
 can provide documented evidence of other methods of

weight loss which have been tried over the past 24 months;

- (c) 在手术前已经历了心理评估,并确认被保险人适宜进行这样的手术。
 has been through a psychological assessment which has confirmed that it is appropriate for them to undergo the procedure.
- 30.5.19 <u>在自然**治疗诊所**、水疗养院或温泉疗养院、疗养院或任何非</u> <u>**医院**性质的或不被认为是合格的医疗服务提供者的机构提供的**治疗**:</u>

<u>Treatment in nature cure clinics</u>, health spas, nursing homes, or <u>other facilities which are not hospitals or recognised medical treatment providers</u>.

- 30.5.20 <u>部分或全部由于家庭事务因素导致在**医院**居住,或在**医院**居住期间实际上并不需要进行**治疗**,或**医院**已经成为**被保险人**的住所或永久居住的住所。</u>
 - Charges for residential stays in **hospital** which are arranged wholly or partly for domestic reasons or where **treatment** is not required or where the **hospital** has effectively become the place of domicile or permanent abode.
- 30.5.21 <u>任何因吸毒或其并发症导致的相关**治疗**;</u>
 <u>Treatment for a related condition resulting from addictive conditions and disorders.</u>
- 30.5.22 <u>任何因酗酒、滥用酒精或其他所导致的**治疗**。</u>

 <u>Treatment for a related condition resulting from any kind of</u> substance or alcohol use or misuse.
- 30.5.23 <u>妊娠检测,或艾滋病检测;除非有医学上合理的实质症状,</u> 并且由**执业医生**建议进行;

maternity tests or HIV tests; unless there are physical symptoms to suggest possible problems and they are suggested by **medical practitioner**

- <u>"实质症状"是指机体外观或生理检测发生客观改变,并且符合妊娠或艾滋病的诊断特征;</u>
- 'physical symptoms' requires that body appearance or physiological testing has objective changes, and is meeting the diagnostic characteristics of maternity or HIV infection.
- 30.5.24 <u>维生素(自用)、益生菌、人参、冬虫夏草、养生方剂等主</u> 要用于养生的费用;
 - mainly for nourishing, such as vitamins (self-service), probiotics, ginsengs, Chinese caterpillar fungus, nourishing prescriptions and etc;
- 30.5.25 任何与男性或女性有关的生育控制产生的治疗,包括但不限

于:

<u>Treatment needed because of or relating to male or female birth</u> control, including but not limited to:

- (a) <u>手术避孕,即:</u> surgical contraception, namely:
 - (i) 输精管切除术、绝育术或皮下埋置避孕术等; vasectomy, sterilisation or implants;
- (b) <u>非手术避孕,即:</u> non surgical contraception, namely:
 - (i) <u>避孕药或避孕套;</u> pills or condoms;
- (c) <u>生育咨询,即:</u> family planning, namely:
 - (i) <u>当面向**医生**咨询怀孕或避孕**治疗;**</u>
 <u>meeting a **doctor** to discuss becoming pregnant or contraception.</u>
- 30.5.26 <u>与不孕不育(除了为确诊不孕不育而进行的检查)或各种生育问题相关的**治疗**、及对这些**治疗**导致并发症的后续**治疗**,包括但不限于:</u>

<u>Treatment relating to infertility (other than investigation to the point of diagnosis)</u>, fertility **treatment** of any sort, or **treatment** of complications arising as a result of such **treatment**. This includes, but is not limited to:

- (a) <u>试管婴儿(IVF);</u> <u>in-vitro fertilisation (IVF);</u>
- (b) <u>卵子输卵管内移植(GIFT);</u> gamete intra-fallopian transfer (GIFT);
- (c) <u>受精卵输卵管内移植(ZIFT);</u> zygote intra-fallopian transfer (ZIFT);
- (d) <u>人工受孕(AI);</u> artificial insemination (AI);
- (e) <u>处方药物治疗;</u> prescribed drug **treatment**;
- (f) 胚胎转移(从身体的一处转移至另一处); 或 embryo transportation (from one physical location to another); or
- (g) <u>卵子/精子捐赠及其相关费用。</u> ovum and/or semen donation and related costs.

如果满足下列全部条件,**我方**将支付确诊不孕不育的检查费 用:

We will pay for investigations into the cause of infertility if:

- (a) <u>主持治疗的专科医生</u>希望明确医学原因; the **specialist** wishes to rule out any medical cause;
- (b) 被保险人在接受检查前已连续两年投保本保险;且 the **beneficiary** has been covered under this **policy** for two consecutive years before the investigations have

commenced; and

(c) **被保险人**在投保时对其不孕不育的问题一无所知,且 没有出现过明显的征兆。

the **beneficiary** was unaware of the existence of any infertility problem, and had not suffered any symptoms, when their cover under this **policy** commenced.

30.5.27 <u>意图终止怀孕的措施,除非怀孕会危及到**被保险人**的生命或</u> 精神稳定;

<u>Treatment by way of the intentional termination of pregnancy, unless the pregnancy endangers a **beneficiary**'s life or mental stability.</u>

30.5.28 <u>任何与代孕直接有关的**治疗**。**我方**不予支付以下情况的**妊娠 责任**费用:</u>

<u>Treatment directly related to surrogacy.</u> **We** will not pay **maternity benefits**:

- (a) <u>被保险人是代孕者;或者</u> to a **beneficiary** who acts as a surrogate; or
- (b) <u>为被保险人</u>代孕的任何人。 to anyone else acting as a surrogate for a **beneficiary**.
- 30.5.29 <u>"新生儿护理"责任中,对因采取**治疗**</u>不孕不育手段出生的新生儿如试管婴儿、或代孕所生的儿童、或被收养的儿童,这些儿童须出生满 90 天后方可投保本**保险合同**,且须经过医疗核保:

'Newborn Care **Benefits**' for children born as a result of fertility **treatment**, such as IVF, or for children born to a surrogate, or who have been adopted. These children can only join once they are 90 days old, and will be subject to medical underwriting.

30.5.30 新生儿在**医院**的托管护理,除非其母亲因**医疗必要**须**住院**接 受本**保险合同**规定范围内的**治疗**:

Nursery care for a newborn in **hospital**, unless the mother is required to remain in **hospital** due to **medical necessity** for **treatment** that is covered by this **policy**.

30.5.31 <u>被保险人</u>因永久性神经**损伤**和/或**永久植物人状态**(PVS)超过90 天的**治疗**费用:

Treatment for more than 90 continuous days for a **beneficiary** who has suffered permanent neurological damage and/or is in a **persistent vegetative state** (PVS).

30.5.32 任何对个性或人格障碍的治疗,包括但不限于:

<u>Treatment for personality and/or character disorders, including but not limited to:</u>

- (a) <u>情感性人格障碍;</u> <u>affective personality disorder;</u>
- (b) 精神分裂人格(非精神分裂症);或 schizoid personality disorder; or
- (c) <u>表演型人格障碍;</u> histrion<u>ic personality disorder.</u>
- 30.5.33 <u>预防性**治疗**:包括但不限于健康筛查、常规体检及疫苗接种</u> (除非**被保险人**已投保了包含这些**保险责任**的可选保障)。

Preventative **treatment**, including but not limited to health screening, routine health checks and vaccinations (unless that **treatment** is available under one of the options under which a **beneficiary** has cover).

<u>我方将支付如下疾病的预防性手术费用:</u>
We will pay for preventative surgery when a beneficiary:

- (a) 有明显家庭遗传史的**疾病**、或作为某种遗传性肿瘤综合征的症状之一的**疾病**(例如卵巢癌);以及 has a significant family history of a disease which is part of a hereditary **cancer** syndrome (such as ovarian **cancer**); and
- (b) 已经进行基因检查,并且结果显示患有某种遗传性肿瘤综合征(请注意**我方**不支付基因检查的费用);
 has undergone genetic testing which has established the presence of a hereditary cancer syndrome. (Please note that we will not pay for the genetic testing).

在国际医疗保障下,除**癌症治疗**外,对**先天性疾病**和遗传性 疾病的预防性手术计算在先天性疾病的限额内。 Under the International Medical Insurance plan, the limits of cover for preventative **surgery** in respect of congenital and hereditary

30.5.34 <u>任何原因引起的性功能障碍的**治疗**,如阳痿**治疗**或其他性方面的问题。</u>

conditions will apply, other than for cancer.

<u>Treatment for sexual dysfunction disorders (such as impotence) or</u> other sexual problems regardless of the underlying cause.

30.5.35 如果**您方**投保时未选择**全球含美国**地区,**我方**将不会支付在 **美国**接受**治疗**的费用。

Treatment in the **USA**, unless the **beneficiary** has purchased **Worldwide including USA** cover under this **policy**.

30.5.36 <u>如果**我方**获知或有理由怀疑下列情况</u>,**我方**不承担在**美国**的治疗:

Treatment in the **USA** if **we** know or reasonably suspect that:

- (a) <u>该治疗</u>在保障范围内;并且 the cover was purchased; and
- (b) <u>被保险人旅行到美国;</u> the **beneficiary** travelled to the **USA**;

<u>且该旅行是为了对投保时即存在的既往病症进行**治疗**(无论</u>该**治疗**是否其前往**美国**的主要或唯一原因)。

for the purpose of receiving **treatment** for a pre- existing condition (whether or not **treatment** was the main or sole purpose of the visit).

30.5.37 单眼或双眼屈光不正的治疗,包括但不限于:激光治疗、屈光性角膜切开术及屈光性角膜切削术。如因病情所需,**我方**将支付符合条件的视力治疗费用,如白内障或视网膜脱落。 Treatment which is intended to change the refraction of one or both eyes, including but not limited to laser **treatment**, refractive keratotomy and photorefractive keratectomy. **We** will pay for **treatment** to correct or restore eyesight if it is needed as a result of a disease, illness or **injury** (such as cataracts or a detached retina).

- 30.5.38 <u>在**您方所选择保障区域**外进行的任何治疗。</u>
 Any **treatment** outside **your selected area of coverage**.
- 30.5.39 <u>除非另有说明,**治疗**期间的任何旅行花费如出租车费、公共</u> <u>汽车费用、汽油费或停车费。</u> <u>Travel costs for **treatment** including any fares such as taxis or buses, unless otherwise specified, and expenses such as petrol or parking fees.</u>
- 30.5.40 <u>任何国际紧急救援服务。</u>
 Any expenses for international emergency services.
- 30.5.41 医疗异地转运、医疗转运回国及第三方陪护等跨国援助费用。 services expenses for emergency evacuation, medical repatriation and transportation costs for third parties.
- 30.5.42 <u>任何船运到岸的转运费用。</u>
 <u>Any expenses for ship-to-shore evacuations.</u>
- 30.5.43 变性手术及任何该手术所需的准备及恢复性治疗(例如心理辅导),包括由该手术引起的并发症。
 Sex change **operations** or any **treatment** needed to prepare for or recover from these **operations** (for example, psychological counselling) including complications arising out of such **treatment**.
- 30.5.44 因参与如下活动导致身体**损伤、疾病**或残疾而接受的**治疗**:

 <u>Treatment which is necessary because of, or is any way connected with, any **injury** or **sickness** suffered by a **beneficiary** as a result of:</u>
 - (a) <u>参与职业运动项目;</u>
 <u>taking part in a sporting activity on a professional basis;</u>
 - (b) <u>独自进行水肺潜水运动;或</u> <u>solo scuba-diving; or</u>
 - (c) 30 米以上深度的水肺潜水,除非**被保险人**获得适当的 潜水资格(即:深度潜水资格证或同等资格证书)认 证为可以潜水到此深度。 scuba-diving at a depth of more than 30 metres unless the beneficiary is appropriately qualified (namely PADI or equivalent) to scuba-dive at that depth.
- 30.5.45 根据**我方**的合理观点认为是实验性的、非**规范**的、或未被证实为有效的治疗。这些治疗包括但不限于:

 Treatment which (in **our** reasonable opinion) is experimental, is not **orthodox**, or has not been proven to be effective. This includes but is not limited to:
 - (a) <u>临床试验性质的**治疗**;</u> treatment which is provided as part of a **clinic**al trial;
 - (b) 未被**治疗**发生所在国权威部门批准的**治疗**; 或 treatment which has not been approved by the relevant public health authority in the country in which it is received; or
 - (c) <u>药品或药物没有获得药品或药物使用地所在国政府许可或批准。</u>
 any drug or medicine which is prescribed for a purpose for which it has not been licensed or approved in the country in which it is prescribed.

- 30.5.46 除了是**医疗必要**的并且由**疾病**、意外伤害或其他**手术**而导致的整形、**美容**或重建**手术**外,任何形式(包括出于生理原因导致)的整形、**美容**或重建**手术**或改进人的外表的**治疗**费用,即使是出于心理原因。这些**治疗**包括但不限于:
 Any form of plastic, **cosmetic** or reconstructive **treatment**, the purpose of which is to alter or improve appearance even for psychological reasons, unless that **treatment** is **medically necessary** and is a direct result of an illness or an **injury** suffered by the **beneficiary**, or as a result of **surgery**. This includes but is not limited to:
 - (a) <u>面部提升术(皱纹切除术);</u> facelifts (rhytidectomy);
 - (b) <u>鼻部塑形术(鼻整形术);</u> nose reshaping (rhinoplasty);
 - (c) <u>吸脂术及其他去除脂肪的**治疗**;</u> <u>liposuction and other procedures which remove fat tissue;</u>
 - (d) <u>植发术;以及</u> hair transplants; and
 - (e) 改变乳房形状的手术、乳房增大或缩小手术(癌症治疗后的乳房重塑术除外)。 surgery to change the shape of, enhance or reduce breasts (other than breast reconstruction following treatment for cancer).

在被保险人的保险合同有效期内,我方将支付被保险人在现有保险期间内因疾病、意外、损伤或外科手术而接受整形、 美容或重建手术的费用。

We will only pay for plastic, **cosmetic** or reconstructive **treatment** if the illness, **injury** or **surgery** as a result of which the **treatment** is required took place during the **beneficiary**'s current continuous **period of cover** and is itself covered under the **policy**.

- 30.5.47 各项杂费如报纸、出租车、电话、接待餐费及旅馆住宿费用。
 - <u>Incidental costs including newspapers, taxi fares, telephone calls, guests' meals and hotel accommodation.</u>
- 30.5.48 <u>填写理赔**申请**表的费用及其他行政费用。</u>
 Costs or fees for filling in a claim form or other administration charges.
- 30.5.49 任何其他保险公司、个人、组织或公共机构应支付或已经支付的费用。如果**被保险人**已在其他**保险**中获得了赔偿,**我方** 仅支付剩余的部分。如果**我方**所支付的费用应为其他保险公司、个人、组织、机构所承担,**我方**将有权要求偿还该笔费用。

Costs that have been or can be paid by another **insurance** company, person, organisation or public programme. If a **beneficiary** is covered by other **insurance**, **we** may only pay part of the cost of **treatment**. If another person, organisation or public programme is responsible for paying the costs of **treatment**, **we** may claim back any of the costs **we** have paid.

30.5.50 由于被保险人的违法行为而导致的任何形式治疗或必要治

<u>疗。</u>

<u>Treatment that is in any way caused by, or necessary because of, a</u> <u>beneficiary carrying out an illegal act.</u>

第四章 预先批准 Section 4 - Prior approvals

31. 预先批准清单 List of prior approvals

下述所有的**治疗**均需取得**我方**的预先批准。若**您方**未取得**我方**的预先批准,将可能对**您方的**理赔造成延迟,也有可能使**我方**拒绝向**您方**给付全部或部分理赔款项。

Prior approval should be obtained from **us** for the following **treatments**: If it is not, there may be delays in processing claims, or **we** may decline to pay all or part of the claim.

31.1 被保险人必须在每次住院前联系我方;

A beneficiary must contact us before each hospitalizations;

如果主持被保险人治疗的执业医生决定需要延长留院治疗时间并超出我方的预先批准时长,或者已获我方审核同意的治疗方案将有所变动,必须尽快向我方寄送治疗的专科医生出具的医疗报告,并载明下列全部信息:

If the treating **medical practitioner** decides that the **beneficiary** needs to stay in **hospital** for a longer period than **we** have approved in advance, or decides that the **treatment** which the **beneficiary** needs is different to that which **we** have approved in advance, then that **medical practitioner** must provide **us** with a report, explaining:

- 31.1.1 被保险人预期需要留院治疗的时长; how long the **beneficiary** will need to stay in **hospital**;
- **31.1.2 被保险人**的诊断信息(如果诊断发生了变更);以及 the diagnosis (if this has changed); and
- 31.1.3 **被保险人**所接受过的**治疗**和未来需要接受的**治疗**。 the **treatment** which the **beneficiary** has received, and needs to receive.
- 31.2 被保险人必须在每次所有手术(包括器官移植、骨髓移植或外周血 干细胞移植)及操作性治疗前联系我方,包括在门诊、住院或日间 病房发生的;

A **beneficiary** must contact **us** before each surgical procedures (including organ donation, bone marrow or peripheral stem cell procedures) and minor operating procedures, wherever occurred in **in-patient**, **out-patient** or **day patient**;

- 31.3 被保险人必须在每次生育就诊前联系**我方**,包括**住院**和**门诊**;
 A **beneficiary** must contact **us** before each maternity visits, including **inpatients** and **outpatients**;
- 31.4 **被保险人**必须在每次计算机断层扫描(CT)、核磁共振成像(MRI) 或正电子发射断层扫描(PET)前联系**我方**; A **beneficiary** must contact **us** before each CT scans, MRI scans and PET scans;
- 31.5 无论是在门诊、住院或日间病房,被保险人都必须在每次物理治疗、职业治疗、言语治疗或任何以康复为目的的治疗前通知我方; A beneficiary must contact us before each physiotherapies, occupational and speech therapies, or any treatments for rehabilitations, wherever

occurred in in-patient, out-patient or day patient;

因需要物理**治疗**、职业**治疗**、言语**治疗**或任何**康复治疗**的**疾病**往往 较为复杂,**您方**通知**我方**时必须提交主持该次**治疗**的**专科医生**的医 疗报告,该报告须载明:

As conditions requiring physiotherapies, occupational and speech therapies, or **treatments** for **rehabilitations** can be very complex, as part of the prior approval process **we** must receive a medical report from the treating **specialist**, detailing the following:

- 31.5.1 被保险人预计在医院停留的时间; how long the **beneficiary** will need to stay in **hospital**;
- 31.5.2 诊断;及 the diagnosis; and
- **31.5.3 被保险人**已经接受的**治疗**及需要接受的**治疗**。
 the **treatment** which the **beneficiary** has received, or needs to receive.

每一**保险期间**内**我方**承担的对单一**疾病的康复治疗**以 30 天/次治疗为限;若为整形外科、脊髓或神经系统**疾病治疗**的需要进行**康复治疗,我方**可以承担超过 30 天的**康复治疗**费用,但须事先联系**我方**并取得预先批准;

In each **period of cover**, for each disease, the cover of **rehabilitation** is up to 30 days/visits. If **rehabilitation treatment** is needed following orthopaedic, spinal or neurological events, **we** may pay for **rehabilitation treatment** for more than 30 days. But **you** should contact **us** for prior approval.

- 31.6 **被保险人**必须在每次**精神心理治疗**前联系**我方**;
 A **beneficiary** must contact **us** before each **psychiatric treatment**;
- 31.7 被保险人必须在每次疼痛控制治疗前联系**我方**,包括**住院**和门诊;
 A **beneficiary** must contact **us** before each pain management, including **inpatient** and **out-patient**;
- 31.8 被保险人必须在每次家庭护理前联系我方; A **beneficiary** must contact **us** before each **home nursing**;
- 31.9 被保险人必须在每次姑息治疗、每次长期护理治疗前联系**我方**;
 A **beneficiary** must contact **us** before each **palliative care** or long term care;
- 31.10 被保险人必须在每次种植牙治疗、每次正畸治疗前联系**我方**; A **beneficiary** must contact **us** before each dental implant or dental orthodontic procedure;

某些情况下,若被保险人确实无法预先联系我方取得批准(如发生紧急事件,或突然生病必须立刻接受治疗),在这样的情况下,如条件允许,您方应在接受治疗后尽快联系我方,以便我方决定是否应承担后续的治疗费用。在这种情况下,您方须向我方说明需立即接受治疗的原因,并且我方有可能请您方举证。若我方确定您方确实无法事先联系我方,即使未经预先批准,我方仍将承担在本保险合同规定范围内的第一次紧急治疗费用(包括任何处方药物)。

We appreciate that there will be times when it will not be practical or possible for a beneficiary to contact us for prior approval (for example, emergencies, or when a family member is suddenly sick and the priority is to get treatment for them as soon as possible). In circumstances like these, we simply ask that you or the affected beneficiary get in touch with us as soon as is reasonably possible after treatment has been sought, so that we can confirm whether subsequent treatment will be covered. In this situation, we will ask for an explanation of why the

treatment was needed urgently, and may ask for evidence of this. If **we** agree that it was not reasonably possible or practicable to seek prior approval, **we** will cover the cost of the initial **treatment** (including any prescribed medication) which was urgent, even without prior approval (within the terms of this **policy**).

尽管**紧急治疗**不需要经过**我方**的预先批准,若**被保险人**在紧急情况下被送往**医院治疗**,应该安排**医院**或其家庭成员在其入院后 48 小时内联系**我方**(或者在入院 48 小时后尽早联系**我方**),以使**我方**能确认**被保险人**合理使用了相关的保障。

Although emergency treatment does not require our prior approval, if a beneficiary is taken to hospital in an emergency, he or she should arrange for the hospital or a family member to contact us within 48 hours of admission (or as soon as reasonably possible after that). This will allow us to make sure that the beneficiary is making the best use of the cover.

若被保险人被送往的**医院、执业医生**或诊所不在我方医疗网络范围内,在确认不影响医治的情况下,经被保险人同意,我方将安排被保险人转至我方医疗网络范围内的**医院、执业医生**或诊所继续接受治疗。

If a **beneficiary** has been taken to a **hospital**, **medical practitioner** or **clinic** which is not part of the **Cigna** network, then **we** may make arrangements (with the **beneficiary**'s consent) to move the **beneficiary** to a **Cigna** network **hospital**, **medical practitioner** or **clinic** to continue **treatment**, once it is medically appropriate to do so.

32. 在美国以外地 区治疗的预先 批准 Prior approval for treatment

outside the USA

对于**美国**以外地区的**治疗**,若**您方**已寻求该**治疗**预先批准,但尚未取得**我**方的书面答复,**我方**将按照预先批准程序应予批准的额度进行支付。若**您**方无法证明曾寻求过就该**治疗**的预先批准,**我方**将假设:如果**您方**事先寻求预先批准,实际发生的**治疗**费用将减少 20%,因而我们将按照 80%的治疗费用进行理赔,赔付金额相应减少。

If prior approval is not obtained for **treatment** outside the **USA**, **we** will pay only the amount which **we** would have paid if prior approval had been sought. In the absence of evidence to the contrary, **we** will assume that the **treatment** costs would have been reduced by 20% if **our** prior approval had been sought, and the amount which **we** will pay will be reduced accordingly.

33. 在美国地区治 疗的预先批准 Prior approval for treatment in the USA 33.1 对于**美国**地区的**治疗**,若**您方**已寻求该**治疗**预先批准,但尚未取得**我方**的书面答复,**我方**将仅支付按照预先批准程序应予批准的额度进行支付。若**您方**无法证明曾寻求过关于该**治疗**的预先批准,**我方**将假设:如果**您方**事先寻求预先批准,实际发生的**治疗**费用将减少50%,因而我们将按照 50%的**治疗**费用进行理赔,赔付金额相应减少。

If prior approval is not obtained for **treatment** in the **USA**, **we** will pay only the amount which **we** would have paid if prior approval had been sought. In the absence of evidence to the contrary, **we** will assume that the **treatment** costs would have been reduced by 50% if **our** prior approval had been sought, and the amount which **we** will pay will be reduced accordingly.

- 33.2 若已取得**我方**对预先批准的书面答复,但是**被保险人**决定接受**我方** 医疗网络范围以外**医院、执业医生**或**诊所**的**治疗,我方**将按应支付 额度的 80%支付。
 - If prior approval is obtained, but the **beneficiary** decides to receive **treatment** at a **hospital**, **medical practitioner** or **clinic** which is not part of the **CIGNA** network, **we** will reduce any amount which **we** pay by 20%.
- 33.3 如果确实由于合理的原因,**被保险人**无法接受**我方**医疗网络范围以 内的**医院、执业医生**或**诊所**的**治疗,我方**将按应支付额度的 100%支 付,例如:

There may be occasions when it is not reasonably possible for **treatment** to be provided by a **CIGNA** network **hospital**, **medical practitioner** or **clinic**. In these cases, **we** will not apply any reduction to the payments **we** will make. Examples include:

- 33.3.1 距被保险人住所 50 公里(或 30 英里)以内无**我方**医疗网络范围以内的**医院、执业医生或诊所**,以及When there is no **CIGNA** network **hospital** , **medical practitioner** or **clinic** within 30 miles/50 kilometres of the **beneficiary**'s home address; and
- 33.3.2 当地**我方**医疗网络范围以内的**医院、执业医生**或**诊所**无法为**被保险人**提供其所需的**治疗**。
 When the **treatment** the **beneficiary** needs is not available from a

local CIGNA network hospital, medical practitioner or clinic.

34. 严格遵从理赔 流程

Strict compliance with claim procedure

对于每一次的理赔**,被保险人**必须严格按照本节所述的理赔流程,否则**我** 方将减少或不予支付理赔款项。

Beneficiaries must comply strictly with the claims procedures set out in this section in respect of every claim. If they do not do so, **we** will reduce **benefits** or not pay the claim as specified above.

第五章 保险金申请 Section 5 - Claims application

35. 提供信息 Providing information

您方在要求理赔时有向**我方**提供与理赔相关的合理信息或证据的责任。 **You** (or the **beneficiary**) must provide **us** with any information or proof that **we** may reasonably ask for to support any claim.

36. 诉讼时效 Claiming period **您方**向**我方**请求给付**保险**金的诉讼时效期间为自**您方**知道或者应当知道**保 险**事故发生之日起 2 年。

The period of prescription for the lodging of a claim with **us** for payment of **insurance benefits** by the **beneficiary** shall be two years, counting from the date on which **you** learnt or ought to have learnt of the occurrence of the insured event.

- 37. 美国地区治疗 的理赔 Claims for treatment in the United States
- 37.1 如果被保险人在美国地区接受治疗的医院、执业医生或诊所不属于我方医疗网络范围之内,我方将按照 80%支付相关的医疗费用。我方医疗网络的医院、执业医生或诊所名单可以查询您方会员卡上的网址。但被保险人确实无法在我方医疗网络范围内的成员机构接受治疗的情况除外,如因为地点限制、或需要立即接受紧急治疗。If a beneficiary receives treatment in the USA from a hospital, medical practitioner or clinic which is not part of the Cigna network, any payment we make in respect of this treatment will be reduced by 20%. A list of Cigna network hospitals, clinics and medical practitioners is available upon request at the address in your membership card. The only exceptions to this are when it is not reasonably possible to obtain treatment from a member of the Cigna network, for example because of location, or in the case of emergency treatment.
- 37.2 如果被保险人在美国地区接受治疗并要求理赔,如有必要,我方将要求其接受入院前证明(PAC)和持续留院观察(CSR)的评估。被保险人将在每次住院时或日间病房治疗时,被送至医疗审核联盟接受入院前评估。被保险人必须按照以下时间规定与医疗审核联盟商议:

If a **beneficiary** makes a claim for **treatment** in the **USA**, he or she may be required to keep to the **pre-admission certification** (PAC) and **continued stay review** (CSR) requirements. The **beneficiary** will be transferred to

CareAllies for PAC for each **inpatient** or **day-patient hospital** admission in the **USA**. The **beneficiary** must discuss the PAC with **CareAllies** either:

- 37.2.1 一般情况下在入院前;或者 before the **beneficiary** goes into **hospital**; or
- 37.2.2 接受**紧急治疗**时,在入院后的第一个工作日之前。 in the case of **emergency treatment**, by the end of the first working day after the date on which the **beneficiary** goes into **hospital**.

被保险人必须安排为其进行治疗的执业医生完成入院前证明并转介至医疗审核联盟。医疗审核联盟将据此核准治疗天数并通知被保险人。如果被保险人需要住院治疗的时间超过了医疗审核联盟的核准的天数,则为其治疗的执业医生必须为其建议持续留院观察评估。对于紧急入院治疗,主持治疗的执业医生应致电客户服务热线,由客户服务热线安排转介至医疗审核联盟获取入院证明。

The **beneficiary** must arrange for the **medical practitioner** who is to carry out the **treatment** to complete the PAC, which should then be sent to **CareAllies**. **CareAllies** will advise the **beneficiary** of the length of the agreed stay. If the **beneficiary** needs **inpatient treatment** for longer than agreed by **CareAllies**, then the **medical practitioner** who is carrying out the **treatment** must ask for **CSR** for the extra days. For emergency **inpatient** admissions, the attending **medical practitioner** should call the Customer Care Team, who will then transfer him or her to **CareAllies** for an admission certificate.

美国地区接受治疗的相关理赔申请表格和文档请发送至**您方**持有的成员身份卡上的地址,所有的资料注意均须注明保单编号。 Claim forms and documentation relating to **treatment** received in the **USA** should be sent to the address on **your** membership ID card. Please clearly state the **policy** number on all documentation.

- 37.3 如有必要,**我方**会要求**您方**额外提供以下资料来核定理赔**: We** may need to ask for extra information to help **us** process a claim, for example:
 - 37.3.1 医疗报告或关于**被保险人**状况的其他资料;
 Medical reports or other information about the **beneficiary**'s condition;
 - 37.3.2 任何**我方**要求提供并予承担费用的独立医疗体检报告;
 The results of any independent medical examination that **we** may ask and pay for.
- **37.4** 理赔**申请**表可以通过电邮或传真的形式发送至**我方**,但在这种情况下,**申请**资料原件仍须邮寄给**我方**。

Claims may be submitted in electronic format (by email or fax) but in that case the original hard copy document must also be sent to **us** by post.

38.1 完整填写一份正本理赔**申请**表 complete the claim form

您的**招商信诺**会员文件包中附有一份理赔**申请**表,或者**您**可以致电我们的客服团队,我们的客服专员会为**您**提供一份理赔**申请**表。建议**您**就诊时带好理赔**申请**表,但如果**您**忘记带了,也没有关系,可以致电我们的客服团队。

A **beneficiary** could get the claim forms from his/her **CIGNA** & CMC member pack (there is one claim form included in it) or call **our** Customer Care Team to get one claim form. **You** are highly recommended to take one claim form with **you** while medical visits. In cases that **you** forget to take it, **you** could

38. 中国大陆地区 治疗的理赔 Claims for treatment in Mainland China call our Customer Care Team.

38.2 随附所有的医疗文件

include all relevant medical documents

例如:**医生**诊断书,以及/或医疗记录/医疗手册。医疗报告/医疗手 册必须有主持**治疗**的**执业医生**的签字以及/或印章(正式的医疗诊断 章)。这些文件的副本是可以接受的。

including: certificate of diagnosis, and/or medical records. The signatures of treating **medical practitioners** are necessary in Medical records. Copies of these documents are also acceptable.

38.3 随附所有的收据和发票原件 include all original receipts and invoices

例如:发票、盖章的医疗费收据等。

including: invoices, sealed medical receipts and so on.

39. 其他地区治疗 的理赔申请 Claims for treatment in other areas

39.1 被保险人在向**我方**要求理赔时,应详细填写理赔**申请**表的具体内容。理赔**申请**表请**您**在网站下载,并在填写完成后寄送至**您方**持有的成员身份卡上的地址:

In order to make a claim, a **beneficiary** should give **us** details of the claim on a **CIGNA** claim form. **You** can download this form from website, and please send to address on **your** membership ID card.

- 39.2 如有必要,**我方**会要求**您方**额外提供以下资料来核定理赔,例如**:** We may need to ask for extra information to help **us** process a claim, for example:
 - 39.2.1 医疗报告或关于**被保险人**状况的其他资料;
 Medical reports or other information about the **beneficiary**'s condition;
 - 39.2.2 任何**我方**要求提供并予承担费用的独立医疗体检报告。
 The results of any independent medical examination that **we** may ask and pay for.
- 39.3 理赔**申请**表可以通过电邮的形式发送给**我方**,但同时也必须将书面资料原件寄送**我方**。

Claims may be submitted in electronic format (by email or fax) but in that case the original hard copy document must also be sent to **us** by post.

40. 保险金的给付 How we pay claims

40.1 在某些情况下,**我方**可能给予**被保险人**或**医院、执业医生**或**诊所**提供**付款担保**。此担保意味着:**我方**事先同意就某一特定**治疗**支付部分或全部费用。

In some circumstances, we may give a beneficiary or a hospital, medical practitioner or clinic a guarantee of payment. This means that we agree in advance to pay some or all of the cost of a particular treatment.

如果**我方**出具**付款担保**,待**治疗**结束,在收到相关的**申请**表和发票 复印件后,**我方**将按照**付款担保**向该**被保险人**或该**医院、执业医生** 或**诊所**支付担保的款项。

Where we have given a guarantee of payment, we will pay the beneficiary or hospital, medical practitioner or clinic the agreed amount on receipt of an appropriate request and a copy of the relevant invoice, after the treatment has been provided.

40.2 一些**医院、执业医生**或诊所愿意直接向**我方**结算,只要实际的医疗费用在**被保险人**的**保险责任**范围内,在这些**医院、执业医生**或诊所向**我方**寄送原始医疗账单原件后,**我方**将向其直接支付**我方**所担保

的费用。

Some hospitals, medical practitioners or clinics are willing to invoice us directly. If the treatment is covered, the hospital, medical practitioner or clinic should send us the original invoice and we will pay them directly.

40.3 如果某**医院、执业医生**或诊所向被保险人要求结算,在医疗费用还没有支付的情况下,若要求**我方**将直接向**医院、执业医生**或诊所直接结算,被保险人必须把医疗账单原件发给**我方**。

If a hospital, medical practitioner or clinic invoices a beneficiary directly, and the hospital, medical practitioner or clinic has not been paid, the beneficiary must send the original invoice to us, and we will make any payment under this policy to that hospital, medical practitioner or clinic directly.

40.4 如果某**医院、执业医生**或诊**所向被保险人**要求结算,在医疗费用已经支付的情况下,被保险人可以把原始医疗账单和其支付医疗费用的发票原件发送**我方。我方**将就其在**保险责任**范围内的费用赔偿被保险人。

If the hospital, medical practitioner or clinic invoices to a beneficiary directly, and the invoice is paid, the beneficiary may send us the original invoice and a receipt for the payment which has been made to the hospital, medical practitioner or clinic. We will then reimburse the beneficiary for any portion of the cost of the treatment which is covered.

- 40.5 在各种情况下,**我方**将仅支付在**保险责任**范围内的部分。**我方**将告知**您方我方**是否认为某部分费用在**保险责任**范围内。
 In each case, **we** will only pay the parts of the costs incurred which are covered. **We** will let **you** know if **we** believe that any part of the cost incurred is not covered.
- 40.6 理赔**申请**表可以通过电邮的形式发送给**我方**,但同时也必须将书面资料原件寄送**我方**。地址在**您方**持有的成员身份卡上。
 Claims may be submitted in electronic format (by email or fax) but in that case the original hard copy document must also be sent to **us** by post. **Our** contact details may be found on **your** membership ID card.

41. 其它核定结果 Other decisions

41.1 谎称发生保险事故

Claim for false insurance event

未发生**保险**事故,**被保险人**谎称发生了**保险**事故,向**我方**提出索赔 **申请**的,**我方**有权解除**保险合同**,并不退还**保险**费。

If an insured event has not occurred by the **beneficiary** falsely claims that such an event has occurred, and lodges a claim with **us** for the payment of **insurance benefits**, **we** shall have the right to terminate the **policy** and shall not return the **insurance** premium.

41.2 故意制造保险事故

Claim for deliberate caused insurance event

投保人、被保险人故意制造**保险**事故的,**我方**有权解除**保险合同**, 不承担给付**保险**金的责任也不退还**保险**费。

If the **policyholder** or the **beneficiary** deliberately causes an insured event, **we** shall have the right to terminate the **policy** and shall neither be liable for the payment of **insurance benefits** nor return the **insurance** premium.

41.3 虚假证明

Claim for forged proofs

保险事故发生后,**投保人**或被保险人以伪造、变造的有关证明、资

料或者其他证据,编造虚假的事故原因或者夸大损失程度的,**我方**对虚报的部分不承担给付**保险**金的责任。

If the **policyholder**, the **beneficiary** fabricates false causes for an insured event or overstates the extent of the losses, by means of forged or altered relevant proofs, information or other evidence after the occurrence of such event, **we** shall not be liable for payment of **insurance benefits** for the portion that is false.

41.4 退回或赔偿处理

Claw back or reimbursement

投保人或被保险人有以上规定行为之一,致使我方支付保险金或者支出费用的,应当在收到我方相关通知之日起 30 日内向我方退回或者赔偿。

If the **policyholder**, the **beneficiary** commits any of the acts specified in the preceding three paragraphs and causes **us** to pay **insurance benefits** or incur expenses, he or she shall return the **insurance** proceeds to or compensate **us** within 30 days after he or she receives the relevant notice sent by us.

第六章 释义

Section 6 - Definitions

<u>42.</u> 术语定义 Defined terms

下列名词或术语按照下面所指明的定义为准。本条款及**保障利益表**中按照下列定义的名词或术语将标为粗体字。

The words and phrases set out below have the meanings specified. Where those words and phrases are used with those meanings, they will appear in bold in these **provisions**, including the **list of benefits**.

带星号的名词或术语定义仅适用于在**美国**发生的**治疗**。除非特别指明,下列术语定义中单数的情况也适用于复数,指男性"他"的也适用于女性"她";反之亦然。

All definitions that are marked with an asterisk apply to admissions in the **USA** only. Unless otherwise provided, the singular includes the plural and the masculine includes the feminine and vice versa.

42.1 积极治疗 Active treatment 指为了缩小肿瘤、制止或延缓其扩散而进行的**治疗**。不包括单纯减轻症状的**治疗**。

treatment which is intended to shrink a **cancer**, stabilise it or slow down the spread of the disease. This excludes **treatment** given solely to relieve symptoms.

42.2 急性发作 Acute 指**疾病**或**损伤**并需要迅速接受**治疗**,该**治疗**的目的是为了迅速恢复**被保险** 人至遭受**疾病**或**损伤**前的状态,或是为了使**被保险人**完全复原。

a disease, illness or **injury** that is likely to respond quickly to **treatment** which aims to return the **beneficiary** to the state of health he or she was in immediately before suffering the disease, illness or **injury**, or which leads to his or her full recovery.

42.3 年度续保日 Annual renewal date 指每年与**生效时间**所对应的日期日期,如当月无对应的日期,则以该月的最后一日计算。

the anniversary of the start time.

42.4 申请 Application 指**投保人**的申请(不管是直接邮寄申请表给**我方**、通过中介机构提出、在 线申请还是通过电话专员提出),以及在保障期内就自己或投保的**被保险 人**所做的声明。

the **policyholder**'s application (whether they have sent in a form directly to **us** or through a broker or applied online or through **our** telemarketers), and any declarations that they made during their enrolment for them and any **beneficiaries** included in the application.

42.5 适当的年龄间 下列每两个相邻时间点之间的时间间隔:出生,出生后满2个月,出生后 满 4 个月, 出生后满 6 个月, 出生后满 9 个月, 出生后满 12 个月, 出生 隔 **Appropriate** 后满 15 个月, 出生后满 18 个月, 2 周岁, 3 周岁, 4 周岁, 5 周岁及 6 周 age intervals 岁。 birth, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 2 years, 3 years, 4 years, 5 years and 6 years. 指保险凭证所载的享有本保险合同保障的人员,包括新生儿。 42.6 被保险人 anybody named on your certificate of insurance as being covered under this policy, Beneficiaries, beneficiary including newborn children. 保险责任 指任何载于**保障利益表**中的保险责任。 42.7 Benefit(s) any benefit(s) shown in the list of benefits. 指恶性的肿瘤、组织或细胞,表现为恶性细胞及入侵组织不可控制的生长 42.8 癌症 Cancer 与扩散。 a malignant tumour, tissues or cells, characterised by the uncontrolled growth and spread of malignant cells and invasion of tissue. 即 CareAllies,是对在美国进行的治疗进行审核的一个理赔审核机构。 医疗审核联盟 42.9 CareAllies a claims review organisation used in respect of treatment in the USA. 42.10 保险凭证 指出具给**投保人**的证明文件,上面载明有**保险合同**编号、**生效时间、免赔** Certificate of **额**的额度(若已选择)——即**被保险人**理赔时需要自负的费用、被保障人 insurance 员的详细名单、及附加的特别责任免除或利益。 the certificate issued to the policyholder. This shows the policy number, start time, the **deductible** amount (if one is selected), that a **beneficiary** would need to pay if they make a claim, details of who is covered, any special exclusions and benefits which apply. 42.11 我方、信诺、 指招商信诺人寿保险有限公司。 保险人 Cigna-CMC Life Insurance Company. Cigna, we, us, our, the insurer 指在**治疗**所在国注册或登记的健康服务机构,主要目的是提供**门诊**医疗服 42.12 诊所 Clinic(s) 务,并且该医疗服务是由**执业医生**亲自执行或有效监控的。 a health care facility which is registered or licensed in the country in which it is located, primarily to provide care for **outpatient**s and where care or supervision is by a medical practitioner. 42.13 补充治疗师 指经过专业培训及资格认证,并经有关当局许可允许在该国进行治疗的针 Complementary 灸师、顺势疗法医师或中医医师。 therapist an acupuncturist, homeopath or practitioner of Chinese medicine who is appropriately qualified and entitled to practise in the country where **treatment** is given. 42.14 先天性疾病 指出生时已存在的任何生理不正常、畸形、**疾病**或损伤,无论是否做过诊

Congenital condition

any abnormality, deformity, disease, illness or injury present at birth, whether diagnosed or not.

42.15 持续留院观察 Continued stay review, CSR

指当**被保险人**发生**住院**时,**医疗审核联盟**就该**被保险人**是否需要继续**住院** 治疗进行的审核和决定。

a review and decision by CareAllies, during the beneficiary's stay in hospital, on the suitability of the **beneficiary**'s continued **treatment** as an **inpatient**.

42.16 美容 指基于美学初衷所提供的服务、程序或项目,以及不是为了保持可接受的 Cosmetic 健康标准所必须的服务、程序或项目。

services, procedures or items that are supplied primarily for aesthetic purposes and

which are not necessary in order to maintain an acceptable standard of health.

42.17 常住国 Country of habitual residence 指**被保险人**常住地所在的国家,与**您方申请**记录一致。

the country where a **beneficiary** habitually resides, as stated on **your application**.

42.18 国籍国 Country of nationality 指被保险人作为其公民、国民的国家或与您方申请记录一致的国家。 any country of which a **beneficiary** is a citizen, national or subject, as stated on **your application**.

42.19 日间病房治疗 Day-patient treatment 在**医院**进行护理并使用床位,但并不过夜。在**美国**的护理中也包含**医生**在**手术**中的**外科操作**程序。

care involving admission to **hospital** and using a bed but not staying overnight. In respect of **USA** based admissions, this also includes surgical procedures carried out in the **doctor**'s **surgery**.

42.20 日间病房病人 Day-patient 指入住**医院**或日间病房,或使用**治疗**的其他医疗设施,或需要一段时间的 医疗观察的病人,但并不占用**医院**病床过夜。

a patient who is admitted to a **hospital** or **day-patient** unit or other medical facility for **treatment** or because they need a period of medically supervised recovery, but who does not occupy a bed overnight.

42.21 兔赔额 Deductible(s) 指理赔金中**被保险人**必须自行承担的额度,经选择后在**保险凭证**上载明。 is the amount of any claim which a **beneficiary** must pay themselves. This will be shown in the **certificate of insurance** if selected.

42.22 紧急牙科 Dental emergency 指拔牙后止痛药无法遏制的剧痛或面部浮肿或流血不止,同时**被保险人**的 惯常牙科**医生**不在非营业时间或不在**被保险人**当时可及的地域范围之内。 在该情况下的紧急牙科**治疗**仅以稳定病况及缓解剧痛为目的。

where either severe pain which is not amenable to relief by painkillers or facial swelling or uncontrollable bleeding after an extraction is being suffered and it is either outside the business hours of a beneficiary's usual dentist or the beneficiary is staying at a place which is away from the dental practice he or she usually visits. The treatment covered in such an instance is to purely stabilise the problem and relieve severe pain.

42.23 牙齿损伤 Dental injury 指口腔受外部打击而导致**健康自然牙**的损伤。只有**您方**选择了国际眼科和 牙科保障,冠修复体、义齿或种植牙的治疗才在保障范围内;并且,需要 根据该保障条款的条件进行承担。

injury to a **sound natural tooth** caused by extra-oral impact. **Treatment** for dental implants, crowns or dentures is not covered unless **you** have purchased the International Vision and Dental option and subject to the conditions outlined in the **policy**.

42.24 牙科治疗 Dental treatment 指符合下述全部条件的牙科治疗: any dental procedure or service which:

- 42.24.1 为了维持口**腔健康**;并且 is needed for continued **oral health**; and
- **42.24.2** 由**牙医**亲自操作或有效监控,包括辅助人员的操作流程;并且 is carried out or personally controlled by a **dentist**, including procedures provided by a hygienist; and
- 42.24.3 包括于**保障利益表**中,或尽管未列在**保障利益表**,但已被**我方**认可、符合通常适用的牙科标准、并已被牙科医学界普遍支持的流程或服务。

is included in the **list of benefits**, or, though not included in the **list of benefits**, is accepted by **us** as a procedure or service meeting common

dental standards as upheld by a respectable, responsible and substantial body of dental opinion, experienced in the particular field of **dentistry**.

42.25 牙医 Dentist 指为国家、政府或其他监管地区所承认并允许在该地区提供**治疗**的牙科**医** 生、牙齿外科**医生**或牙科执业人员。

a **dentist**, dental surgeon or dental practitioner who is registered or licensed as such under the laws of the country, state or other regulated area in which the **treatment** is provided.

42.26 断瘾 Detoxification 对戒除吸毒或/及嗜酒时戒断症状的医疗处理,包括采用休息、药物、输液或调整饮食以稳定身体状态。

treatment for withdrawal symptoms after a **beneficiary** has been abusing drugs, alcohol or both. It includes the rest, medication, fluids and changes in diet needed to stabilise the body.

42.27 诊断检测

指对症状原因的调查研究,如 X 光或血液检测等。

Diagnostic tests

investigations such as x-rays or blood tests to find or to help to find the cause of the **beneficiary**'s symptoms.

42.28 医生 Doctor 指同时符合下列条件的医疗从业人员:拥有适当的医疗学位;在所在的国家、地区或管辖范围内合法注册并拥有行医执照,可以在医疗发生地提供医疗服务。

a medical professional who holds an appropriate **doctor**al degree, is registered and licensed under the laws of the country, state or regulated area to practice medicine in the country in which the **treatment** is provided.

42.29 符合条件的女性

指作为**投保人**或**被保险人**的女性。 a female **policyholder** or **beneficiary**.

Eligible female

42.30 紧急治疗 Emergency

treatment

指为阻止**疾病、损伤**及症状进一步的迅速恶化而进行的**医疗必要治疗**,如 不进行该**治疗**,将会显著地影响健康。

treatment which is **medically necessary** to prevent the immediate and significant effects of illnesses, injuries or conditions which, if left untreated, could result in a significant deterioration in health.

只有在紧急事由发生后 **24** 小时之内由内科**医生、执业医生**或**住院**服务机构 提供的紧急医疗,或 **24** 小时之内因此发生的**住院**才受保障。

Only medical **treatment** through a physician, **medical practitioner** and **hospital**isation that commences within 24 hours of the emergency event will be

covered.

42.31 保单终止日 End date

指保险凭证所载的本保险合同保障结束的日期。

the date on which cover under this **policy** ends, as shown in the **certificate of insurance**.

42.32 循证治疗 Evidence-based

treatment

指经过下述机构研究、核查及认可的治疗:

 $\textbf{treatment} \ \textbf{which has been researched, reviewed and recognised by:}$

42.32.1 美国国家健康及临床优化研究所(the National Institute for Health and Clinical Excellence); 或 the National Institute for Health and Clinical Excellence; or

42.32.2 **我方**医疗顾问团;或 the **Cigna Medical Team**; or

42.32.3 **我方**认可的其他机构; another source recognised by the **Cigna Medical Team**.

42.33 大中华地区

指中华人民共和国的全部领土、领海及其领空,包括香港特区、澳门特区和台湾地区在内。

Great China all territories, seas and related airspaces of People's Republic of China, including Hong Kong, Macau and Taiwan. 42.34 付款担保 指**我方对被保险人或治疗**方提供关于特定**治疗**付款担保的协议费用。 Guarantee of a guarantee to pay agreed costs associated with particular treatment which we payment may give to a beneficiary or a hospital, clinic or medical practitioner. 42.35 家庭护理 指一位合法注册护士至被保险人家中提供的专业护理服务,包括: visits from a qualified nurse to the beneficiary's home to give expert nursing Home nursing services: 因**医疗必要**所进行的紧随**住院治疗**之后的护理;以及 42.35.1 immediately after hospital treatment for as long as is required by medical necessity; and 因医疗必要而本应在正规医院里所提供的护理。 42.35.2 visits for as long as is required by medical necessity for treatment which would normally be provided in a hospital. 家庭护理仅限于为被保险人提供治疗的专科医生所要求的范围。 Home nursing is only covered when the specialist who treated the beneficiary has recommended such services. 指由**执业医生**或**合法注册护士**对**被保险人**进行日常护理、观察、**治疗**的医 42.36 医院 疗机构,并且该医疗机构在所在地的监管机构注册或登记为提供综合医疗 Hospital 服务或外科医疗服务的合格机构。 any organisation or institution which is registered or licensed as a medical or surgical hospital in the country in which it is located and where the beneficiary is under the daily care or supervision of a medical practitioner or qualified nurse. 42.37 最初生效时 指被保险人首次获得国际医疗保障的开始时间。 the first day the **beneficiary**'s cover commenced on the International Medical Initial start time Insurance plan. 42.38 损伤 指机体损伤。 a physical injury. Injury 42.39 住院 指**被保险人**因医疗原因、被接纳入一家**医院**并且需要在**医院**占用正式病床 Inpatient 停留一个夜晚或以上。 a patient who is admitted to hospital and who occupies a bed overnight or longer, for medical reasons. 42.40 保险 指根据本条款及**保险凭证**上载明的保障内容、赔付条件、赔付限额、责任 Insurance 免除等条款,**我方**为被保险人提供的保障。 the coverage which is provided by us to the beneficiaries subject to the terms, conditions, limits and exclusions set out in these provisions, and your certificate of insurance. 42.41 重症监护 **医院**中专门用于提供**重症监护治疗**的病房,例如**重症监护**室、重疾监护 Intensive care 室、重症治疗室及重症护理室等。 a specialised department in a hospital that provides intensive care treatment, for example an intensive care unit, critical care unit, intensive therapy unit, or intensive

人因此而产生的任何并发症,但不含:

treatment unit.

42.42 保障利益表

42.43 妊娠责任 Maternity

benefit

List of benefits

指载于附件中最新的保障利益表,包括对其的注释。

the latest list of benefits detailed in the **provision**, including any notes to it.

指有关怀孕及分娩方面的责任,包括本**保险合同下符合条件的女性被保险**

benefits available in relation to all aspects of pregnancy or childbirth, including any complications, for any **eligible female** covered under this **policy**, but excluding:

42.43.1 有意结束怀孕的**治疗**,除非怀孕已危及母亲的生理健康或心理稳定;以及

treatment by way of the intentional termination of pregnancy unless the pregnancy endangers the life or mental stability of the mother; and

42.43.2 新生儿在**医院**的托管护理,除非其母亲因**医疗必要**必须**住院**接受本**保险合同**规定范围内的**治疗**。

nursery care for a newborn in **hospital**, unless the mother is required to remain in **hospital** due to **medical necessity** for **treatment** that is covered by this **policy**.

42.44 中国大陆 Mainland China 指中华人民共和国的全部领土、领海及其领空,除香港特区、澳门特区和台湾地区外。

all territories, seas and related airspaces of People's Republic of China, excluding Hong Kong, Macau and Taiwan.

42.45 医疗必要 Medically necessary/ medical necessity 指经**医疗团队**同意的、受保障的必要医疗服务及供给,须符合下述全部条件,

medically necessary covered services and supplies are those determined by the **medical team** to be:

- 42.45.1 基于诊断或**治疗疾病、损伤**或相关症状的需求; required to diagnose or treat an illness, **injury**, disease or its symptoms;
- 42.45.2 符合通常医疗标准及医疗实践的**规范**医疗服务; orthodox, and in accordance with generally accepted standards of medical practice;
- **42.45.3** 与**疾病**的类型、发病频率、波及范围、部位及病程相适应的临床**治疗**服务;
 clinically appropriate in terms of type, frequency, extent, site and duration:
- 42.45.4 非主要出于方便**被保险人**、内科**医生**或其他**医院、诊所**及**执业医生**的目的;以及 not primarily for the convenience of the **beneficiary**, physician or other **hospital**, **clinic** or **medical practitioner**; and
- 42.45.5 在合适的最佳设施中所提供的服务与供给。 rendered in the least intensive setting that is appropriate for the delivery of the services and supplies.

医疗团队会在比较过可选择服务、设施或供给的成本效率后决定什么是最 佳设施。

Where applicable, the **medical team** may compare the cost effectiveness of alternative services, settings or supplies when determining what the least intensive setting is.

42.46 执业医生 Medical practitioner 指经国家、政府或其他监管注册或认可的可在该其管辖范围内进行**治疗**的 执业**医生**或专业**医生**,不包括本**保险合同**保障下的本人或其任何家庭成 员。

a **doctor** or **specialist** who is registered or licensed to practice medicine under the laws of the country, state or other regulated area in which the **treatment** is provided, and who is not covered under this **policy**, or a family member of someone covered under this **policy**.

42.47 医疗团队 Medical team 指**我方**临床小组。

means our clinical team.

42.48 外科操作 指载于手术价目表上的所有手术的操作流程。

Operation(s)

any procedure described as an **operation** in the **schedule of surgical procedures**.

42.49 口腔健康 Oral health 根据被保险人常住国具有普通能力技术的牙科医生可以接受的口腔健康维护标准,该标准是关于牙齿、牙周及其他口腔支持组织、咀嚼效率等要素的口腔健康合理标准。

for a patient, a reasonable standard of oral health of the teeth, their supporting structures and other tissues of the mouth, and of dental efficiency, according to a standard acceptable to a **dentist** of ordinary competence and skill in the patient's **country of habitual residence** which will safeguard his or her general health.

42.50 规范 Orthodox 对于**治疗**程序或**治疗**方式,"规范"应根据:在**治疗**发生国家内、在疗程开始或**治疗**发生当时,与权威的实体主管机构公布的标准或意见相一致的、由在涉及**疾病**的专业医疗领域具有丰富经验的**执业医生**具有并作出的意见。

when used in relation to a procedure or **treatment**, 'orthodox' means that the procedure or **treatment** in question is medically accepted in the country where it takes place at the time of the commencement of the procedure or **treatment**, that complies with a respectable, responsible and substantial body of medical opinion, held and expressed by **medical practitioners** experienced in the particular field of medicine in question.

42.51 门诊 Outpatient 指病人在**医院**、诊疗室,或门诊部进行的不是**日间病房治疗**或**住院治疗**的 治疗。

a patient who attends a **hospital**, consulting room, or outpatient **clinic** for **treatment** and is not admitted as a **day-patient** or an **inpatient**.

42.52 姑息治疗 Palliative care 指不以使病症完全治愈或实质性好转为目的,仅以缓解痛苦为目的的**治** 疗。

treatment that does not cure or substantially improve a condition but is given in order to alleviate symptoms.

42.53 保险期间 Period of cover 指**被保险人**受到本**保险合同**保障的期限,由**生效时间**至**保单终止**日的连续 12 个月期间、或由**生效时间**到提交终止日的期间。

the 12 month continuous period during which the **beneficiaries** are covered under this **policy**, being the period from the **start time** to the **end date** as noted on the **certificate of insurance** or earlier if terminated in accordance with the **provisions**.

42.54 永久植物人状态 Persistent vegetative state 指一被保险人至少连续 90 天处于植物人状态。"植物人状态"是指由于损伤 或疾病使被保险人处于神志丧失的状态,并无法以表情或动作等表现出对 自我或周围环境的感知(此处"对自我或周围环境的感知"是指一种意识反应或表达,而不是指神经肌肉反射等基础生理反射现象),并且按照医学上的合理可能性,被保险人应该没有苏醒的可能。

a **beneficiary** who is in a vegetative state for at least 90 consecutive days. A **persistent vegetative state** means a condition caused by **injury**, disease or illness in which the **beneficiary** has suffered a loss of consciousness, with no behavioural evidence of awareness of self or surroundings in a learned manner, other than reflex activity of muscles and nerves for low level conditioned response, and from which to a reasonable degree of medical probability, there can be no recovery.

42.55 保险合同 Policy 指包括**保险条款**(包括**保障利益表**及理赔等信息)、**您方的保险凭证**等内容的保险合同。

the policy comprising these **provisions** (which contains the **list of benefits** and claiming information) and **your certificate of insurance**.

42.56 保险合同文件 Policy documents 指**保险合同**所包含的文件,包括:**保险条款、保险凭证、**客户手册、理赔**申请**表及**您方的保险**会员卡。

the documentation relating to the **policy**, comprising of these **provisions**, **certificate of insurance**, customer guide, the **Cigna** claim form, and **your Cigna** ID Card.

42.57 投保人 Policyholder 是指向**我方**发出**申请**,并经**我方**书面同意按照本**保险合同**约定负有支付**保** 险费义务的人。

a person who has made an **application** to **us** which has been accepted in writing by us, and who pays the premium under the **policy**.

42.58 入院前证明 Pre-admission certification, PAC 指**医疗审核联盟**在病人进入**美国医院**之前对其**住院治疗**或**日间病房治疗**所做的审核与初始决定。

a review and an initial decision by **CareAllies**, before admission to a **hospital** in the **USA**, on the suitability of **inpatient treatment** or **day-patient treatment** for a patient.

42.59 既往症 Pre-existing condition 指**被保险人**在本**保险合同**生效前已有的**疾病**或**损伤**,并满足下列条件之

any disease, illness or **injury**, or symptoms linked to such disease, illness or **injury** for which:

- 42.59.1 已经因该**疾病**或**损伤**进行过的就诊或**治疗**;或者 medical advice or **treatment** has been sought or received; or
- **42.59.2** 在**最初生效时**前虽然没有进行就诊或**治疗**,**被保险人**已经知道或者应该已经知道。

the **beneficiary** knew about and did not seek medical advice or **treatment**; before the **initial start time**.

42.60 保险条款 Provision 指包含**保障利益表**及其他保单重要内容的文件。 contains the **list of benefits** and forms part of the **policy**.

42.61 精神心理治疗 Psychiatric treatment 指对有精神健康问题的**被保险人**进行的**治疗**,包括饮食失调。

management and care of a person who is suffering from a mental health condition including but not limited to eating disorders.

42.62 心理医生 Psychologist 指具备**治疗**所在国的专业资格认证(并拥有在**治疗**所在国执业的合法资格)、在临床心理**治疗**机构执业的、提供精神和心理问题医疗服务的专业人员。

is a person who is qualified (and holds the appropriate license to practice in the country where **treatment** is received) in **clinic**al psychology and who provides **treatment** services to patients with mental and emotional disorders.

42.63 合法注册护士 Qualified nurse 指被**治疗**所在地的国家、政府或其他监管区域的法律所承认、注册并允许 在该地区提供服务的护士。

a nurse who is registered or licensed as such under the laws of the country, state or other regulated area in which the **treatment** is provided.

42.64 重大人生事件 Qualifying life event 指: means:

- 42.64.1 结婚或结为伴侣; marriage or civil partnership;
- 42.64.2 与伴侣开始同居; commencing cohabitation with a partner;
- 42.64.3 离婚或分居; divorce or separation;
- 42.64.4 生育儿女; birth of a child;
- 42.64.5 收养孩子; 或 legal adoption of a child; or
- 42.64.6 配偶、伴侣或孩子去世。

death of a spouse, partner or child.

上述情况我方均要求提供相应证明。

We may require evidence of the above event.

42.65 康复 Rehabilitation

指采用物理治疗、职业治疗和语言治疗等手段,使被保险人恢复到疾病或 损伤急性发作之前的状态。

physical, speech and occupational therapy for the purpose of treatment aimed at restoring the **beneficiary** to their previous state of health after an **acute** event.

42.66 手术价目表 Schedule of surgical

指经我方首席医疗官所核准的最新手术价目表。

the current schedule of surgical procedures approved by our chief medical officer.

42.67 所选择保障区

procedures

域

指下述二者之一:

means either:

Selected area of coverage

全球含美国:或 42.67.1 Worldwide, including USA; or

全球不含美国 42.67.2 Worldwide, excluding USA.

42.68 短期 Short-term 指按照主持**治疗的执业医生**的评估并经**我方**医疗主管的认可,与**治疗疾病** 后被保险人正常复元的合理过程相吻合的时间段。

means a period of time consistent with the recuperation time required for the treatment and as prescribed by the treating medical practitioner with the approval of our medical director.

42.69 疾病 Sickness 指生理或心理疾病,包括妊娠所导致的或与妊娠有关的疾病。

a physical or mental illness, including illness resulting from or relating to pregnancy.

42.70 健康自体牙 Sound natural tooth/teeth

指咀嚼、语言等功能完全正常的牙齿、且非种植牙。另外,不得存在下列 任何情况之一:

a tooth that functions normally for chewing and speech purposes and that is not a dental implant. Such natural tooth/teeth should not have experienced any of the following:

龋齿或牙科充填; 42.70.1 decay or filling;

伴随牙槽骨丧失的牙龈牙周疾病; 42.70.2 gum disease associated with bone loss;

42.70.3 根管治疗。

root canal treatment.

42.71 专科医生 Specialist

指根据治疗所在地的国家、政府或其他监管区域的法律,合法承认、注册 或登记的医生,并且其所提供的治疗必须在其合法资质的范围内。

a doctor who is recognised, registered or licensed as such under the laws of the country, state or other regulated area in which the **treatment** is provided and only for the treatment which is being recommended.

42.72 配偶 Spouse 指**被保险人**的法定丈夫或妻子,或**我方**已接受承保于本**保险合同**中的未婚 人员或伴侣。

a beneficiary's legal husband or wife, or unmarried or civil partner who we have accepted for cover under this policy.

42.73 生效时间 Start time

指载于**保险凭证**中的本**保险合同**保障开始日期。

the time on which coverage under this policy starts, as shown in the certificate of

insurance.

42.74 手术 对肢体进行开放性切割以治疗疾病、创伤及畸形的医疗专业。

Surgery the branch of medicine that treats diseases, injuries, and deformities by operative

methods which involves an incision into the body.

42.75 对症状的 指不以改变肿瘤生长及进展为目的,仅为了缓解症状的**治疗**。

Symptomatic **treatment** that no longer attempts to alter **cancer** growth or progression but is

given to alleviate symptoms.

42.76 治疗师 指国家、政府或其他行政地区所承认并允许在该地区提供治疗的理疗师、

Therapist 职业治疗师、视力矫正医师或语言治疗师。

a speech therapist, dietician or orthoptist who is suitably qualified and holds the

appropriate license to practice in the country where **treatment** is received.

42.77 治疗 指由**执业医生**进行的**手术**或治疗,并且是为了达到"诊断、治愈或实质性缓

Treatment 解疾病或损伤"的目的所必须进行的。

any surgical or medical treatment controlled by a **medical practitioner** that are **medically necessary** to diagnose, cure or substantially relieve disease, illness or

injury.

42.78 未满期净保费 指对应保险期间尚未经过部分的保险费。

Unearned net premium

any premium which has been paid in relation to the period after cover has ended.

42.79 美国 指美利坚合众国。

USA the United States of America.

42.80 全球含美国 指世界各国及海上。

Worldwide every country throughout the world and at sea.

including USA

42.81 全球不含美国 指除美利坚合众国以外的世界所有地区。 Worldwide worldwide, with the exception of the **USA**.

excluding USA

42.82 您、您方、您 指**投保人**。 方的 the **policyholder**.

You, your

附件: 保险利益表

Appendix: List of benefits

国际医疗保障

International Medical Insurance

International Medical Insurance	
每一保险期间内每一被保险人的国际医疗保障的赔付限额	¥20,000,000
Annual Benefit – Maximum per beneficiary. This includes claims paid across all	Up to ¥ 20 Million per
sections of the International Medical Insurance	period of cover
您所享有的基本医疗保险责任	赔付限额 (可能适用免
Your Standard Medical Benefits	赔额)
	Benefit Limit (Subject to
	Deductable)
综合住院医疗费用,具体包括:	全额
Hospital Charges for:	Paid in Full
一住院治疗的护理费及病房膳食费;	
 Nursing and accommodation for in-patient treatment; 	
一日间病房治疗费用;	
Day case treatment;	
一手术室及麻醉复苏室费用;	
 Operating theatre and recovery room; 	
一住院或日间病房治疗的处方药及敷料费用;	
• Prescribed medicines, drugs and dressings for in-patient or day case treatment;	
一门诊手术的治疗室费用。	
• Treatment room fees for outpatient surgery.	
重症监护室,包括重症治疗室、加护病房或冠心病监护室	全额
Intensive care: intensive therapy, coronary care and high dependency unit	Paid in full
父母陪同病房费用	全额
Parental Accommodation	Paid in Full
本项责任仅适用于未满 18 周岁的未成年人。如被保险人须过夜留院治疗,我	
方将支付合理的在同一医院的父母陪同住宿费用。	
This applies to dependent children under the age of 18. CIGNA will pay for	
reasonable costs for a parent staying in the same hospital with the child where the	
child is required to stay in the hospital overnight.	
外科医生及麻醉师费用	全额
Surgeons' and Anesthetists' Fees	Paid in Full
适用于任何基于住院、日间病房或门诊而施行的手术。	
Whether surgery is provided on an in-patient, day case or out-patient basis.	
专科医生诊疗费	全额
Specialists' consultation fees	Paid in Full
本项责任适用于在被保险人住院时专科医生的常规巡查,并包括因医疗必要而	
须专科医生执行的重症紧急护理。	
This benefit is paid in full for regular visits by a specialist during stays in hospital	
including intensive care by a specialist for as long as is required by medical	
necessity.	
移植治疗	全额
Transplant Services	Paid in Full
适用于住院发生的移植治疗。	
Where treatment is provided on an in-patient basis.	
病理检测、放射学检查及诊断检测	全额
Pathology, Radiology and diagnostic tests	Paid in Full
适用于住院或日间病房期间。	
Where treatment is provided on an in-patient or day patient basis.	
物理疗法及补充治疗	全额
Physiotherapy and complementary therapies	Paid in Full
适用于住院或日间病房期间。	
Where treatment is provided on an in-patient or day patient basis.	1

	,
核磁共振、计算机断层扫描及正电子发射断层扫描	全额
MRI, CT and PET scans	Paid in Full
我方将支付在住院、日间病房或门诊发生的这些扫描检查。	
We will pay for these scans whether received on an inpatient, day-patient or an	
outpatient basis.	
家庭护理费用	全额
Home nursing charges	Paid in Full
每一保险期间内以30天为限。	
Paid up to 30 days in any one period of cover.	
康复治疗	全额
Rehabilitation	上映 Paid in Full
每一保险期间内以30天为限。	Taid iii Taii
Paid up to 30 days in any one period of cover.	
临终关怀及姑息治疗	全额
	主领 Paid in Full
Hospice stay to receive Palliative Care	
内置修复体、设备及装置	全额 Poid in Full
Internal prosthetic devices/surgical and medical appliances	Paid in Full
我方将支付:	
We pay for:	
一手术过程中植入体内的假体、设备或医疗用品。	
• a prosthetic implant, device or appliance which is inserted during surgery.	₩ MILLER NI
外置修复体、设备及装置	每一假体设备以¥ 20,000
External prosthetic devices/surgical and medical appliances	为限
我方将支付:	Up to¥ 20,000 for each
We pay for:	prosthetic device
一手术后立即需要的、医疗必要的修复性设备或装置。	
a prosthetic device or appliance which is a necessary part of the treatment	
immediately following surgery for as long as is required by medical necessity.	
一在病后恢复阶段内短期内需要的、医疗必要的修复性设备或装置。	
a prosthetic device or appliance which is medically necessary and is part of the	
recuperation process on a short-term basis.	
我方为成年人仅支付一次外用假体费用。我方为16周岁及以下的未成年人支	
付初始的假体设备费用及最多两次用于替换的假体设备费用。	
For adults, we will pay for one external prosthetic device. For children up to the age	
of 16, we will pay for the initial prosthetic device and up to two replacement	
devices.	
当地救护车及空中救援服务	全额
Local Ambulance and Air Ambulance Services	Paid in Full
因医疗必要而须使用当地救护车前往医院进行治疗。	
Medically necessary travel by local road ambulance or local air ambulance, such as	
a helicopter, when related to covered hospitalization.	
住院津贴	¥ 1,200 元/天,每一保险
Hospitalization Cash Benefit	期间内以30天为限
我方将在满足下述条件的基础上向您支付每日住院津贴:	¥ 1,200 per night, up to 30
We will make a cash payment to the beneficiary when they:	nights per period of cover
一您所接受的治疗在本合同责任规定范围内:	0 p.s. pood or cover
• received treatment in hospital which is covered under this plan	
一住院治疗须过夜;	
• stay in hospital overnight	
一您未曾报销任何病房膳食费及治疗费。	
● have not been charged for your room and board, and treatment costs.	
紧急牙科治疗	全额
Emergency dental treatment 国連系亚重要从重要互动及险控系正利公应	Paid in Full
因遭受严重意外事故而导致住院接受牙科治疗。	
Dental treatment in hospital after a serious accident.	
您所享有的精神疾病医疗责任	

您所享有的精神疾病医疗责任

Your Psychiatric Care

精神疾病医疗 全额 Psychiatric Care Paid in Full 我方将支付: We will pay for: 一精神疾病或异常的治疗。 • treatment of mental health conditions and disorders. 一成瘾性治疗 • addiction treatment. 包括被保险人在住院还是在日间病房或门诊接受治疗。一个保险期间内累积以 90 天为限,包括最多 30 天住院。对日间病房治疗和门诊,每就诊日计作"1 Whether the beneficiary is staying in a hospital overnight or receiving treatment as a day-patient or outpatient. A combined maximum total of 90 days cover is available in the period of cover, including up to 30 days of inpatient treatment. For day-patient and outpatient treatment, each visit will count as one day. 一个连续 5年的期间内总累积限 180天,其中住院最多可以到 60天。 An overall 5 year total limit of 180 days cover will apply, of which a maximum of 60 days can be used for inpatient treatment. 您所享有的癌症医疗责任

我方将支付对癌症进行的积极治疗及循证治疗。包括:被保险人在住院、日间

We will pay for active and evidence-based treatment received for, or related to

病房或门诊发生的化疗、放疗、肿瘤病理、检查化验及药物等。

全额

Paid in Full

Your Cancer Care

癌症治疗

cancer, including chemotherapy, radiotherapy, oncology, diagnostic tests and drugs	
whether the beneficiary is staying in a hospital overnight or receiving treatment as	
a day-patient or outpatient.	
您所享有的生育与新生儿护理及治疗责任	
Your Mother And Baby Care	
常规妊娠及分娩保障	每一保险期间以¥90,000
Routine Maternity and Childbirth Cover	为限
连续持有本合同 10 个月及以上且在此期间内持续有效的女性被保险人可享有	Up to ¥ 90,000
本保障。	per period of cover
Available once the mother has been covered by the policy for 10 months or more. 涵盖门诊及住院治疗费用,包括医院收费,产科医生及助产士费用。	
In-patient and out-patient treatment including hospital charges, obstetricians' and	
midwives' fees.	
复杂妊娠及分娩保障	每一保险期间以
Complicated Maternity and Childbirth Cover	¥ 180,000 为限
连续持有本合同 10 个月及以上且在此期间内持续有效的女性被保险人可享有	Up to ¥ 180,000
本保障。	per period of cover
Available once the mother has been covered by the policy for 10 months or more. 涵盖门诊及住院治疗费用,包括医院收费,产科医生及助产士费用。	
In-patient and out-patient treatment including hospital charges, obstetricians' and midwives' fees.	
本项责任含因医疗必要而发生的剖腹产。如果我方无法确定您的剖腹产确因医疗必要而发生,我方将按常规妊娠及分娩责任限额进行支付。	
Caesarean sections are only covered under this benefit where they are required by	
medical necessity. If we are unable to determine that your Caesarean section was	
medically necessary, it will be paid from the beneficiary's routine maternity and	
childbirth benefit limit.	
家中分娩	每一保险期间以¥7,000
Homebirths	为限
	Up to ¥ 7,000 per year of
	insurance

新生儿护理

Newborn care

若在新生儿出生前至少 10 个月或以上的连续期间内,父母亲中至少一位一直 在本合同保障下,则:

If at least one parent has been covered by the policy for a continuous period of 10 months or more prior to the newborn's birth.

如果新生儿于出生 30 天内申请加入本保险合同,我方将不要求提供其医疗资料、并且无须医疗核保加入本保险合同;如果新生儿于出生 30 天后申请加入本保险合同,我方将要求进行医疗核保、并要求您方完成相应的医疗健康问卷、我方有可能适用特别限制条件或特别责任免除。

We will not require information about the newborn's health or a medical examination if an application is received by us to add the newborn to the policy within 30 days of the newborn's date of birth. If an application is received after 30 days of the newborn's date of birth, the newborn will be subject to medical underwriting and we will require the completion of a medical health questionnaire whereby we may apply special restrictions or exclusions.

自出生之日起享有最多 90 天以¥1,000,000 为限 的保障,新生儿于出生 之日起 30 天内加入本合同无须经医学核保 Up to ¥1 Million,

for treatment within first 90 days following birth No medical underwriting so long as child added within 30 days from birth

新生儿护理

Newborn care

如果新生儿的父母中没有一位能满足"在新生儿出生前 10 月或更长时间内,已经持续有效地作为我方被保险人"的条件,而我们收到该新生儿投保申请的:

If neither parent has been covered by the policy for a continuous period of 10 months or more prior to the newborn's birth and an application is received by us to add the newborn to the policy as a beneficiary.

则须经医疗核保,我方将要求您方完成其医疗及健康信息问卷。我方将根据医疗核保结果决定是否承保及承保条件,我方有可能适用特别限制条件或特别责任免除。

The newborn will be subject to medical underwriting and we will require the completion of a medical health questionnaire. Cover for the newborn will be subject to medical underwriting whereby we may apply special restrictions or exclusions.

自出生之日起享有最多 90 天以¥1,000,000 为限 的保障,新生儿加入本 合同须经医学核保

Up to ¥ 1 Million for treatment within first 90 days following birth Subject to medical underwriting

先天性疾病

Congenital conditions

包括对先天性疾病的住院或日间病房治疗费用,且该先天性疾病须在被保险人 18 周岁以前已经证明患有。

Where treatment is provided on an in-patient or day patient basis and the congenital condition manifested itself before the patient's 18th birthday 本保障不适用于所有被保险人均不足 18 周岁的保险合同。如果订立保险合同时所有被保险人的年龄均不足 18 周岁,则先天性疾病不在保险合同保障范围内。

This benefit does not apply for the policies, under which all beneficiary (ies) are less than 18 years old. If all beneficiary (ies) under one policy are less than 18 years old when entering into the policy, then congenital conditions are excluded from the policy.

以¥ 250,000 为限 Up to ¥ 250,000

您可选择的免赔额

Your deductible options

免赔额(多项)	¥ 0 / ¥ 2,500 / ¥ 5,000 /
Deductible (various)	¥ 10,000 / ¥ 20,000 /
免赔额作为理赔的组成部分将不涵盖于您的保险责任当中。	¥ 50,000
A deductible is a portion of a claim or claims that is not covered by your plan.	
例如您为所购买的国际医疗保险选择了¥5,000 的免赔额,那么您在任何一个	
保险期间内理赔时,我方将在扣除¥ 5,000 的基础上向您支付理赔款项。如果	
您已经选择了某免赔额,在每一保险期间内无论发生多少次理赔,作为免赔额	
由您方支付的总额为该金额。您选择的免赔额越高,您所应支付的保险费则越	
低。免赔额适用于本合同内的所有被保险人。	
So, for example if you choose a deductible of ¥ 5,000 for International Medical	
Insurance, you'll need to pay the first ¥ 5,000 of a covered claim or covered claims	
in any period of cover. If a deductible is chosen, you would only have to pay this	
once during any period of cover irrespective of the number of claims. The higher	
the deductible you apply, the lower your premium will be. The deductible is payable	
by each person covered by the policy.	

国际医疗补充保障 (可选保障)

International Medical Insurance Plus (Optional)

门诊医疗责任	赔付限额(可能适用免
Out-patient Healthcare Benefits	赔额)
	Benefit Limit (Subject to
	Deductable)
每一保险期间内每一被保险人所有保险责任赔付限额	每一保险年度以
Annual Benefit – Maximum per beneficiary	¥ 500,000 为限
	Up to ¥ 500,000 per
	period of cover
执业医生及专科医生诊疗费	全额
Consultations with Medical Practitioners and Specialists	Paid in Full
诊断性检查化验费	全额
Diagnostic testing	Paid in Full
物理治疗	全额
Physiotherapy	Paid in Full
正骨治疗及脊椎治疗	全额
Osteopathy and chiropractic treatment	Paid in Full
每一保险期间内总计不超过 30 次。	
Up to a combined maximum of 30 visits per period of cover.	
针灸治疗、顺势治疗及中医治疗	全额
Acupuncture, Homeopathy and Chinese Medicine	Paid in Full
每一保险期间内总计不超过 20 次。	
Up to a combined maximum of 20 visits per period of cover.	
言语复健治疗	全额
Restorative Speech Therapy	Paid in Full
基于遭受疾病(例如中风)而接受的短期治疗。	
Provided on a short-term basis following a condition such as a stroke.	
药品费及敷料费	全额
Drugs and dressings	Paid in Full
在门诊发生的由执业医生开具处方的处方药或敷料费。	
When prescribed by a medical practitioner on an outpatient basis.	
耐用医疗设备租赁费	全额
Rental of Durable Medical Equipment	Paid in Full
每一保险期间内最多 45 天的租赁时长。	
Up to a maximum of 45 days in the period of cover.	
成人疫苗接种	全额
Adult Vaccinations	Paid in Full

牙科意外门诊治疗	全额
Accidental Dental Treatment	Paid in Full
如果被保险人因遭受意外事故而导致健康自体牙发生损伤,牙齿损伤的治疗在	
意外事故后立即开始、且在意外事故后 30 天内完成的,我方将支付牙科意外	
门诊治疗费用。	
We will pay for dental treatment required for the damage to the beneficiary's	
sound natural tooth/teeth as the result of an accident. Treatment must commence	
immediately after the accident and be completed within 30 days of the date of the	
accident.	
儿童健康检查	全额
Well Child Tests	Paid in Full
为 6 周岁及以下的未成年被保险人在适当的年龄间隔内。详情请联系我方咨	
询。	
Payable for children at appropriate age intervals up to the age of 6. For full details	
please contact CIGNA.	
儿童免疫	全额
Child immunizations	Paid in Full
为 17 周岁及以下未成年被保险人。	
Payable for children aged 17 or younger.	
每年常规检查	全额
Annual Routine Tests	Paid in Full
15 周岁以下儿童每年一次的视力及一次听力检查。	
One eye test and one hearing test for children under the age of 15.	

您可选择的免赔额

Your deductible options

免赔额 (多项)	¥ 0 / ¥ 1,000 / ¥ 6,500	
免赔额作为理赔的组成部分将不涵盖于您的保险责任当中。例如您为所购买的		
国际医疗补充保险选择了¥ 1,000 的免赔额,那么您在任何一个保险期间内理		
赔时,我方将在扣除¥1,000的基础上向您支付理赔款项。如果您已经选择了		
某免赔额,在每一保险期间内无论发生多少次理赔,作为免赔额由您方支付的		
总额为该金额。您选择的免赔额越高,您所应支付的保险费则越低。免赔额适		
用于本合同内的所有被保险人。		
A deductible is a portion of a claim or claims that is not covered by your plan. So,		
for example if you choose a deductible of ¥ 1,000 for International Medical		
Insurance Plus, you'll need to pay the first ¥ 1,000 of a covered claim or covered		
claims in any period of cover. If a deductible is chosen, you would only have to pay		
this once during any period of cover irrespective of the number of claims. The		
higher the deductible you apply, the lower your premium will be. The deductible is		
payable by each person covered by the policy.		

国际健康与体检保障 (可选保障)

International Health and Wellbeing (Optional)

国际健康与体检责任	赔付限额
International Health and Wellbeing Benefits	Benefit Limit
常规成人体检	每一保险期间以¥3,000
Routine Adult Physical Exams	为限
本项责任仅适用于 18 周岁以上的被保险人。	Up to ¥ 3,000 per period
This benefit will be paid for, or in connection with, routine physical examinations	of cover
for beneficiaries over the age of 18 years old.	
巴氏涂片	全额
Pap Smear	Paid in Full
我方将支付每年限一次的巴氏涂片检查费用。	
We will pay for an annual Papanicolaou screening.	
前列腺癌症筛查	全额
Prostate Cancer Screening	Paid in Full
我方将为50周岁以上的男性被保险人支付每年限一次的前列腺筛查费用。	
We will pay for an annual prostate cancer screening for men aged 50 years or older.	

	T
以乳癌筛查或诊断为目的的乳腺X线摄影检查	全额
Mammograms for Breast Cancer Screening or Diagnostic Purposes	Paid in Full
我方将支付下列费用:	
We will pay for:	
一35 周岁到 39 周岁无症状女性被保险人,限一次的基准乳腺 X 线摄影检查;	
 one baseline mammogram for asymptomatic women aged 35-39; 	
一40 周岁到 49 周岁无症状女性被保险人,每两年一次医疗必要的乳腺 X 线摄	
影检查;	
• a mammogram for asymptomatic women aged 40-49 every two years or more if	
medically necessary;	
-50 周岁及以上女性被保险人,每年一次的乳腺 X 线摄影检查。	
• a mammogram every year for women aged 50 and over.	
肠癌筛查	全额
Bowel cancer screening	Paid in Full
我方将为55周岁及以上的被保险人支付每年一次的肠癌筛查的费用。	
We will pay for an annual bowel cancer screening for beneficiaries aged 55 or older.	
骨密度扫描	全额
Bone densitometry	Paid in Full
, 我方将支付每年一次的骨密度扫描。	
We will pay for an annual scan to determine the density of the beneficiary's bones.	
	全额
Dietetic consultations	Paid in Full
我方将给付每一保险期间内不超过 4 次的营养师咨询服务的费用。	
We will pay for up to 4 meetings with a dietician per period of cover.	
个人关爱服务	全额
Life Management (customer assistance programme)	Paid in Full
一每天 24 小时、每周 7 天、每年 365 天随时可获得本项服务。	r ara iii r aii
• Available 24 hours a day, 7 days a week, 365 days a year.	
一最多 5 次的与专业顾问当面咨询的机会。	
• Up to 5 face-to-face sessions with a professional counsellor.	
一服务的内容包括: 在工作、生活、个人及家庭事务等方面为被保险人提供信	
息或资源的获取、专家咨询等专业支持。	
Provides information, resources, and counselling on any work, life, personal, or	
family issue that matters to you.	
一电子咨询平台提供方便的在线咨询。	
Convenient online counselling via E-counselling.	
一不限次的电话咨询服务。	
Unlimited telephonic support.	
一您方还可以用短信发送所需服务,我方将进行电话回访。	
• SMS texting text the support you need and receive a call back.	
一危机支援。	
• Crisis support.	
在线健康教育、健康风险评估及健康指导	全额
Online health education, health assessment and web-based coaching programs	主映 Paid in Full
国际眼科与牙科保障(可选保障)	raid ii ruli
国内版作ータス 作体学 くった体学 / International Vision and Dental (Optional)	
牙科治疗	赔付限额
Dental Treatment	外ロイソ Pに 在外 Benefit Limit
每一保险期间内每一被保险人所有保险责任赔付限额	每一保险期间以¥ 35,000
写 保险期间的	与
Annual benefits - iviaximum per benefitiary	
	Up to ¥ 35,000 per period
新院林 <u>年</u> 利 沙 · · · · · · · · · · · · · · · · · ·	of cover
预防性牙科治疗	全额 Paid in Full
Preventive 并用工技结购买未保障(人用五以上的抽保险)	Paid in Full
适用于持续购买本保障 6 个月及以上的被保险人。	
Available after the beneficiary has been covered on this option for six months.	

常规牙科治疗	全额
Routine	Paid in Full
适用于持续购买本保障6个月及以上的被保险人。	
Available after the beneficiary has been covered on this option for 6 months.	
重大牙科治疗	全额
Major Restorative	Paid in Full
适用于持续购买本保障 12 个月及以上的被保险人。若被保险人在购买后 12 个	
月内申请理赔,我方将按 50%的治疗费用支付。	
Available after the beneficiary has been covered on this option for 12 months. If	
the beneficiary needs to claim within the first 12 months then this will be covered	
with a 50% coinsurance.	
正畸治疗	每一保险期间按 50%赔
Orthodontic Treatment	付
适用于持续购买本保障连续满 2 年及以上且年龄在 18 周岁及以下的被保险	50% Refund per period of
人。	cover
Available for beneficiaries aged 18 or younger, after they have been covered on this	
option for 2 consecutive years.	
眼科护理	赔付限额
Vision Care	Benefit Limit
每一保险期间一次验光师或眼科医生实施的眼科检查	全额
One eye examination per period of cover by an Optometrist or an Ophthalmologist	Paid in Full
费用包含:	每一保险期间以¥ 2,000
Expenses for:	为限
一眼镜镜片;	Up to ¥ 2,000 per period
• Spectacle lenses;	of cover
一隐形眼镜;	
• Contact lenses;	
一眼镜镜框;	
• Spectacle frames;	
一根据医嘱所配墨镜。	
Prescription sunglasses.	